



WINTER 2022-23

September • April cruises

ANTARCTIC • CARIBBEAN & LATIN AMERICA
ASIA & INDIAN OCEAN • OCEANIA & POLYNESIA





Exploration inspires...

For the past few months, we have once again been travelling to faraway lands with you, lands that have never been so desirable. The pleasure of discovery, of the first-time experiences that lend travel that indescribable flavour, symbolises more than ever this quest for authenticity.

PONANT's ambition has always been to make travel as smooth and pleasurable as possible for you, whether in terms of comfort, food and dining, or the sense of welcome you experience on board. These standards, which are constantly being improved with respect to design, services and facilities, and environmental considerations, serve no other purpose than bringing you priceless things: the spectacle of nature and the experience of encountering the other.

Perhaps you won't remember the name of the Vietnamese fisherman from Halong Bay who features on the cover of this brochure. But the image of him at work in a sea of indigo nets is likely to leave an indelible impression, as may the hypnotic march of emperor penguins on the sea ice, an impromptu ballet of a pod of humpback whales, or the kava ceremony of a Melanesian tribe.

It is for all these rare and precious moments that the ships of our fleet, including our historic yacht *Le Ponant* in its brand-new livery, are taking to the sea again in these times. So set sail with us, give life to your dreams and prepare to be enchanted!

Explore the World with PONANT





UNITED ARAB EMIRATES
Dubai

Muscat

OMAN

Mumbai

INDIA

Chennai

SRI LANKA

Colombo

MALDIVES

SEYCHELLES

Mahe

Zanzibar

Port-Louis

MAURITIUS

MADAGASCAR

TANZANIA

Ha Long

Ho Chi Minh City

Singapore

INDONESIA

Bali

Darwin

Cairns

AUSTRALIA

SOLOMON ISLANDS

Honiara

Lautoka

Nouméa

NEW CALEDONIA

Sydney

Auckland

NEW ZEALAND

Hobart

Dunedin

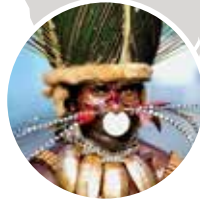
Sub-Antarctic Islands



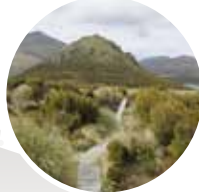
ASIA



INDIAN OCEAN



OCEANIA



ANTARCTIC

ANTARCTIC PENINSULA

Get a real feel: experience our destinations as if you were actually there!

Aim the camera of your smartphone at this pictogram (most are compatible) or go to: en.ponant.com/immersion-360



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Cruises calendar

	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA		PAGE
SEPTEMBER	19th September 2022	<i>Le Lapérouse</i>	Bali • Ho Chi Minh	14	R190922	ASIA	NEW	107
	24th September 2022	<i>Paul Gauguin</i>	Papeete • Lautoka	14	N240922	POLYNESIA		127
	25th September 2022	<i>Le Soléal</i>	Darwin • Cairns	16	S250922	OCEANIA	NEW	124
OCTOBER	3rd October 2022	<i>Le Lapérouse</i>	Ho Chi Minh • Ha Long	10	R031022	ASIA		106
	8th October 2022	<i>Paul Gauguin</i>	Lautoka • Papeete	11	N081022	POLYNESIA		127
	11th October 2022	<i>Le Soléal</i>	Cairns • Honiara	10	S111022	OCEANIA		124
	13th October 2022	<i>Le Lapérouse</i>	Ha Long • Ho Chi Minh	10	R131022	ASIA		106
	19th October 2022	<i>Paul Gauguin</i>	Papeete • Papeete	10	N191022	POLYNESIA		128
	21st October 2022	<i>Le Soléal</i>	Honiara • Cairns	11	S211022	OCEANIA	NEW	125
	23rd October 2022	<i>Le Lapérouse</i>	Ho Chi Minh • Ha Long	10	R231022	ASIA		106
	23rd October 2022	<i>L'Austral</i>	Talcahuano • Ushuaia	13	A231022	CARIBBEAN AND LATIN AMERICA		58
	29th October 2022	<i>Paul Gauguin</i>	Papeete • Papeete	7	N291022	POLYNESIA		128
	30th October 2022	<i>Le Commandant Charcot</i>	Punta Arenas • Ushuaia	14	O301022	ANTARCTIC		69
NOVEMBER	1st November 2022	<i>Le Soléal</i>	Cairns • Honiara	10	S011122	OCEANIA		124
	5th November 2022	<i>Paul Gauguin</i>	Papeete • Papeete	7	N051122	POLYNESIA		128
	5th November 2022	<i>L'Austral</i>	Ushuaia • Ushuaia	15	A051122	ANTARCTIC		57
	7th November 2022	<i>Le Boréal</i>	Ushuaia • Ushuaia	15	B071122	ANTARCTIC		57
	9th November 2022	<i>Le Lapérouse</i>	Ho Chi Minh • Bali	14	R091122	ASIA		107
	11th November 2022	<i>Le Soléal</i>	Honiara • Nouméa	11	S111122	OCEANIA		123
	11th November 2022	<i>Le Soléal</i>	Honiara • Dunedin	33		GRAND VOYAGES		137
	12th November 2022	<i>Paul Gauguin</i>	Papeete • Papeete	7	N121122	POLYNESIA		128
	13th November 2022	<i>Le Dumont-d'Urville</i>	Fort-de-France • Fort-de-France	12	U131122	CARIBBEAN AND LATIN AMERICA		81
	13th November 2022	<i>Le Commandant Charcot</i>	Ushuaia • Ushuaia	14	O131122	ANTARCTIC		69
16th November 2022	<i>Le Lyrial</i>	Ushuaia • Ushuaia	15	Y161122	ANTARCTIC		57	

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POLAR EXPEDITION



TROPICAL EXPEDITION



EXPEDITIONS

	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA	PAGE
NOVEMBER	19th November 2022	<i>Paul Gauguin</i>	Papeete • Papeete	14	N191122	POLYNESIA	129
	20th November 2022	<i>L'Austral</i>	Ushuaia • Ushuaia	11	A201122	ANTARCTIC	56
	22nd November 2022	<i>Le Bellot</i>	Fort-de-France • Cozumel	14	E221122	CARIBBEAN AND LATIN AMERICA NEW	82
	22nd November 2022	<i>Le Soléal</i>	Nouméa • Auckland	10	S221122	OCEANIA	123
	22nd November 2022	<i>Le Boréal</i>	Ushuaia • Ushuaia	15	B221122	ANTARCTIC	57
	25th November 2022	<i>Le Dumont-d'Urville</i>	Fort-de-France • Fort-de-France	8	U251122	CARIBBEAN AND LATIN AMERICA	80
	27th November 2022	<i>Le Commandant Charcot</i>	Ushuaia • Ushuaia	11	O271122	ANTARCTIC	68
DECEMBER	1st December 2022	<i>L'Austral</i>	Ushuaia • Ushuaia	10	A011222	ANTARCTICA	56
	1st December 2022	<i>Le Lyrial</i>	Ushuaia • Ushuaia	10	Y011222	ANTARCTICA	56
	2nd December 2022	<i>Le Soléal</i>	Auckland • Dunedin	12	S021222	OCEANIA	NEW 122
	3rd December 2022	<i>Le Dumont-d'Urville</i>	Fort-de-France • Fort-de-France	12	U031222	CARIBBEAN AND LATIN AMERICA	81
	3rd December 2022	<i>Paul Gauguin</i>	Papeete • Papeete	14	N031222	POLYNESIA	129
	6th December 2022	<i>Le Bellot</i>	Cozumel • Cozumel	10	E061222	CARIBBEAN AND LATIN AMERICA	84
	7th December 2022	<i>Le Lapérouse</i>	Cairns • Sydney	9	R071222	OCEANIA	NEW 120
	8th December 2022	<i>Le Commandant Charcot</i>	Ushuaia • Ushuaia	11	O081222	ANTARCTIC	68
	11th December 2022	<i>L'Austral</i>	Ushuaia • Ushuaia	10	A111222	ANTARCTIC	56
	14th December 2022	<i>Le Soléal</i>	Dunedin • Dunedin	14	S141222	ANTARCTIC	61
	15th December 2022	<i>Le Dumont-d'Urville</i>	Fort-de-France • Fort-de-France	8	U151222	CARIBBEAN AND LATIN AMERICA	80
	16th December 2022	<i>Le Bellot</i>	Cozumel • Cozumel	10	E161222	CARIBBEAN AND LATIN AMERICA	84
	16th December 2022	<i>Le Lapérouse</i>	Sydney • Hobart	7	R161222	AUSTRALIA	NEW 121
	17th December 2022	<i>Paul Gauguin</i>	Papeete • Papeete	11	N171222	POLYNESIA	129
17th December 2022	<i>Le Boréal</i>	Ushuaia • Ushuaia	10	B171222	ANTARCTIC	56	
20th December 2022	<i>Le Champlain</i>	Doha • Muscat	7	C201222	PERSIAN GULF	100	
21st December 2022	<i>Le Bougainville</i>	Dubai • Muscat	8	G211222	PERSIAN GULF	100	

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	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA	PAGE
DECEMBER	23rd December 2022	<i>Le Dumont-d'Urville</i>	Fort-de-France • Saint-Domingue	12	U231222	CARIBBEAN AND LATIN AMERICA	82
	23rd December 2022	<i>Le Lapérouse</i>	Hobart • Hobart	10	R231222	AUSTRALIA NEW	121
	26th December 2022	<i>Le Bellot</i>	Cozumel • Cozumel	10	E261222	CARIBBEAN AND LATIN AMERICA	84
	27th December 2022	<i>Le Boréal</i>	Ushuaia • Ushuaia	10	B271222	ANTARCTIC	56
	28th December 2022	<i>Le Soléal</i>	Dunedin • Dunedin	14	S281222	ANTARCTIC	61
	28th December 2022	<i>Paul Gauguin</i>	Papeete • Papeete	10	N281222	POLYNESIA	128
	29th December 2022	<i>Le Jacques-Cartier</i>	Mahe • Mahe	13	X291222	INDIAN OCEAN	102
	29th December 2022	<i>Le Bougainville</i>	Muscat • Dubai	8	G291222	PERSIAN GULF	100
	30th December 2022	<i>Le Champlain</i>	Mumbai • Chennai	12	C301222	INDIAN OCEAN	101
JANUARY	2nd January 2023	<i>Le Commandant Charcot</i>	Ushuaia • Ushuaia	14	CC020123	ANTARCTIC	68
	4th January 2023	<i>Le Dumont-d'Urville</i>	Saint-Domingue • Fort-de-France	12	EU040123	CARIBBEAN AND LATIN AMERICA	82
	5th January 2023	<i>Le Bellot</i>	Cozumel • Colón	9	EE050123	CARIBBEAN AND LATIN AMERICA	84
	7th January 2023	<i>Paul Gauguin</i>	Papeete • Lautoka	14	PG070123	POLYNESIA	127
	10th January 2023	<i>L'Austral</i>	Ushuaia • Ushuaia	10	AU100123	ANTARCTIC	56
	11th January 2023	<i>Le Champlain</i>	Chennai • Mumbai	12	EC110123	INDIAN OCEAN	101
	11th January 2023	<i>Le Soléal</i>	Dunedin • Dunedin	11	SO110123	NOUVELLE ZÉLANDE NEW	122
	11th January 2023	<i>Le Jacques-Cartier</i>	Mahe • Mahe	8	EX110123	INDIAN OCEAN	103
	14th January 2023	<i>Le Bougainville</i>	Muscat • Dubai	8	EG140123	PERSIAN GULF	100
	16th January 2023	<i>Le Dumont-d'Urville</i>	Fort-de-France • Fort-de-France	8	EU160123	CARIBBEAN AND LATIN AMERICA	80
	16th January 2023	<i>Le Commandant Charcot</i>	Ushuaia • Dunedin	28	CC160123	ANTARCTIC NEW	70
	16th January 2023	<i>Le Boréal</i>	Ushuaia • Ushuaia	10	BO160123	ANTARCTIC	56
	19th January 2023	<i>Le Jacques-Cartier</i>	Mahe • Mahe	12	EX190123	INDIAN OCEAN	103
	21st January 2023	<i>Paul Gauguin</i>	Lautoka • Bali	16	PG210123	OCEANIA NEW	126
	22nd January 2023	<i>Le Bougainville</i>	Dubai • Muscat	8	EG220123	PERSIAN GULF	100
	22nd January 2023	<i>Le Soléal</i>	Dunedin • Hobart	22	SO220123	ANTARCTIC	60
	23rd January 2023	<i>Le Champlain</i>	Mumbai • Colombo	9	EC230123	INDIAN OCEAN	101
23rd January 2023	<i>Le Champlain</i>	Mumbai • Mahe	29		GRAND VOYAGES	136	

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	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA	PAGE
JANUARY	24th January 2023	<i>Le Dumont-d'Urville</i>	Fort-de-France • Fort-de-France	12	EU240123	CARIBBEAN AND LATIN AMERICA	81
	26th January 2023	<i>Le Boréal</i>	Ushuaia • Ushuaia	10	BO260123	ANTARCTIC	56
	29th January 2023	<i>L'Austral</i>	Ushuaia • Ushuaia	15	AU290123	ANTARCTIC	57
	30th January 2023	<i>Le Bougainville</i>	Muscat • Dubai	8	EG300123	PERSIAN GULF	100
	31st January 2023	<i>Le Jacques-Cartier</i>	Mahe • Mahe	8	EX310123	INDIAN OCEAN	103
FEBRUARY	1st February 2023	<i>Le Champlain</i>	Colombo • Mahe	12	EC010223	INDIAN OCEAN	102
	1st February 2023	<i>Le Lyréal</i>	Ushuaia • Ushuaia	10	LY010223	ANTARCTIC	56
	5th February 2023	<i>Le Boréal</i>	Ushuaia • Ushuaia	10	BO050223	ANTARCTIC	56
	7th February 2023	<i>Le Bougainville</i>	Dubai • Muscat	8	EG070223	PERSIAN GULF	100
	8th February 2023	<i>Le Jacques-Cartier</i>	Mahe • Mahe	12	EX080223	INDIAN OCEAN	103
	10th February 2023	<i>Le Lapérouse</i>	Cairns • Cairns	10	ER100223	OCEANIA	125
	11th February 2023	<i>Le Lyréal</i>	Ushuaia • Ushuaia	10	LY110223	ANTARCTIC	56
	13th February 2023	<i>Le Dumont-d'Urville</i>	Fort-de-France • Fort-de-France	12	EU130223	CARIBBEAN AND LATIN AMERICA	81
	13th February 2023	<i>Le Champlain</i>	Mahe • Mahe	8	EC130223	INDIAN OCEAN	103
	14th February 2023	<i>Le Commandant Charcot</i>	Dunedin • Ushuaia	26	CC140223	ANTARCTIC	NEW 71
	15th February 2023	<i>Le Boréal</i>	Ushuaia • Ushuaia	10	BO150223	ANTARCTIC	56
	20th February 2023	<i>Le Lapérouse</i>	Cairns • Bali	15	ER200223	ASIA	NEW 126
	20th February 2023	<i>Le Jacques-Cartier</i>	Mahe • Mahe	8	EX200223	INDIAN OCEAN	103
	21st February 2023	<i>Le Champlain</i>	Mahe • Port Louis	15	EC210223	INDIAN OCEAN	104
	22nd February 2023	<i>Le Bougainville</i>	Mahe • Mahe	8	EG220223	INDIAN OCEAN	103
	23rd February 2023	<i>L'Austral</i>	Ushuaia • Ushuaia	10	AU230223	ANTARCTIC	56
	25th February 2023	<i>Le Bellot</i>	Colon • Puerto Caldera	10	EE250223	CARIBBEAN AND LATIN AMERICA	86
	25th February 2023	<i>Le Boréal</i>	Ushuaia • Ushuaia	10	BO250223	ANTARCTIC	56
	25th February 2023	<i>Le Boréal</i>	Ushuaia • Talcahuano	23		GRAND VOYAGES	138
	28th February 2023	<i>Le Jacques-Cartier</i>	Mahe • Zanzibar	12	EX280223	INDIAN OCEAN	105
MARCH	2nd March 2023	<i>Le Bougainville</i>	Mahe • Mahe	8	EG020323	INDIAN OCEAN	103
	3rd March 2023	<i>Le Lyréal</i>	Ushuaia • Ushuaia	13	LY030323	CARIBBEAN AND LATIN AMERICA	58

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	DEPARTURE	SHIP	ITINERARY	NIGHTS	REFERENCE*	AREA	PAGE
MARCH	4th March 2023	<i>Paul Gauguin</i>	Bali • Lautoka	16	PG040323	OCEANIA	126
	5th March 2023	<i>Le Dumont-d'Urville</i>	Bridgetown • Vieux Fort /Fort-de-France	8	EU050323	CARIBBEAN AND LATIN AMERICA	80
	5th March 2023	<i>L'Austral</i>	Ushuaia • Montevideo	15	AU050323	ANTARCTIC	57
	7th March 2023	<i>Le Lapérouse</i>	Bali • Singapore	9	ER070323	ASIA	107
	7th March 2023	<i>Le Boréal</i>	Ushuaia • Talcahuano	13	BO070323	CARIBBEAN AND LATIN AMERICA	58
	8th March 2023	<i>Le Champlain</i>	Port Louis • Mahe	15	EC080323	INDIAN OCEAN	104
	10th March 2023	<i>Le Bougainville</i>	Mahe • Port Louis	15	EG100323	INDIAN OCEAN	104
	12th March 2023	<i>Le Commandant Charcot</i>	Ushuaia • Montevideo	17	CC120323	ANTARCTIC	70
	13th March 2023	<i>Le Dumont-d'Urville</i>	Fort-de-France • Fort-de-France	12	EU130323	CARIBBEAN AND LATIN AMERICA	81
	16th March 2023	<i>Le Lyrial</i>	Ushuaia • Buenos Aires	14	LY160323	CARIBBEAN AND LATIN AMERICA	59
	17th March 2023	<i>Le Bellot</i>	Colon • Fort-de-France	12	EE170323	CARIBBEAN AND LATIN AMERICA	83
	17th March 2023	<i>Le Soléal</i>	Singapore • Keelung	7	S170323	OCEAN VOYAGES	139
	20th March 2023	<i>Paul Gauguin</i>	Lautoka • Papeete	12	PG200323	POLYNESIA	127
	20th March 2023	<i>Le Boréal</i>	Talcahuano • Callao	9	BO200323	CARIBBEAN AND LATIN AMERICA	87
	24th March 2023	<i>Le Jacques-Cartier</i>	Mahe • Mahe	12	EX240323	INDIAN OCEAN	103
	25th March 2023	<i>Le Bougainville</i>	Port Louis • Mahe	15	EG250323	INDIAN OCEAN	104
	25th March 2023	<i>Le Dumont-d'Urville</i>	Fort-de-France • Las Palmas	10	U250323	OCEAN VOYAGES	139
	28th March 2023	<i>Le Champlain</i>	Mahe • Mahe	8	EC280323	INDIAN OCEAN	103
	29th March 2023	<i>Le Bellot</i>	Fort-de-France • Ponta Delgada	13	E290323	OCEAN VOYAGES	139
	30th March 2023	<i>Le Lyrial</i>	Buenos Aires • Las Palmas	19	Y300323	OCEAN VOYAGES	139
31st March 2023	<i>Le Lapérouse</i>	Singapore • Bali	9	ER310323	ASIA	107	
APRIL	3rd April 2023	<i>Le Boréal</i>	Fuerte Amador • Miami	16	BO030423	CARIBBEAN AND LATIN AMERICA	85
	19th April 2023	<i>Le Boréal</i>	Miami • Honfleur	19	B190423	OCEAN VOYAGES	139
JUNE	6th June 2023	<i>Le Soléal</i>	Kobe • Darwin	13	S060623	OCEAN VOYAGES	139
AUGUST	15th August 2023	<i>Le Dumont-d'Urville</i>	Bergen • Toronto	13	U150823	OCEAN VOYAGES	139
	28th August 2023	<i>Le Champlain</i>	Oslo • Edinburgh	2	C280823	OCEAN VOYAGES	139

*This reference number allows you to easily find the cruise on our website www.ponant.com







The cruise of
TOMORROW

Discover the pleasure of sailing aboard mid sized ships, in complete safety and with the greatest respect for the regions visited.



Responsible tourism

It is a case of opposing forces: to experience grandiose and memorable adventures, evidence of our passage in the places we visit must be minimal and transitory. This is why, for 30 years, we have worked every day with the aim of undertaking responsible and sustainable tourism.

To find out more, visit

en.ponant.com/sustainable-development



All the ships in the EXPLORERS series are equipped with SCR (selective catalytic reduction), which eliminates more than 85% of the nitrogen oxide produced.



10 fewer plastic bottles per guest, per cruise, thanks to the distribution of water containers on board



1st cruise company in the world to **abandon heavy fuel oil**



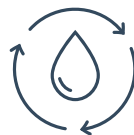
10,000 kg of single-use plastics avoided in 2019



75% electricity savings thanks to LED bulbs on board



All our ships are fitted with, or are in the process of being fitted with, **electrical connections** for linking to local networks at the quayside, and to **avoid any emissions into the atmosphere**



100% of waste and wastewater sorted and treated on board



Read about our environmental commitments from A to Z



The environment and the people at the heart of our commitments

Respect and humility

Environmental issues are at the heart of our concerns, and thus enshrined in the company's legal statutes, which define our activity. We are the only cruise company to carry out environmental and social impact studies. Before the marketing of each new route, our experts go there to study the environments we will visit and meet the people who live there.

We make every effort to take into account the cultural heritage of the areas visited. Dialogue with local communities about the planning of excursions makes it possible to choose the aspects they wish to share with guests. We encourage traditional know-how and craftsmanship and prefer to use local products and services. All our landings are subject to a rigorous protocol. This innovative approach involves a dedicated team that ensures there is no impact on the ecosystem visited.



The PONANT Foundation

By booking your cruise, you are supporting the PONANT Foundation. It was created to support projects whose objective is to contribute to the preservation of the oceans, to support the acquisition of scientific knowledge on the polar environment and to promote interactions between peoples and cultures. Today, by supporting various associations, the Foundation is contributing

in particular to the construction of a school in the Bijagos archipelago; to the preservation of coral in New Caledonia; to the study of humpback whales in the southern hemisphere, and to the fight against plastic pollution in the oceans.

For more information, go to www.ponant.com/fondation.



The preservation of the polar regions

For several years, we have actively supported Le Cercle Polaire®, a think tank that works to promote the preservation of the polar environments. Personalities from *L'Appel des Pôles* and members of the NGO *Cercle Polaire* thus regularly participate in our polar cruises.



We are a member of International Association of Antarctic Tour Operators (IAATO), and Association of Arctic Expedition Cruise Operators (AECO). As such, we comply with strict rules concerning the number of guests authorised to disembark, the distance from wildlife, the training of our expedition teams, and even emergency and medical evacuation plans.



Recognised commitment

Our commitment is regularly praised by various reference organisations.

- **All our vessels are Clean Ship and Clean Ship Super certified**, the highest certifications awarded by Bureau Veritas.
- The German NGO NABU awarded us the title of **the most environmentally friendly cruise company**.
- PONANT is the first European cruise line to obtain the **North American Green Alliance certificate**. It attests to the adoption of environmentally friendly practices and technologies by its members.
- We also received the **Palmes du Tourisme durable prize**, 'Travel' category for the total elimination of heavy fuel oil in favour of low sulphur marine diesel (LSMGO).

Sail with peace of mind

Small capacity, advanced technologies, values of excellence, rigorous health protocol: our daily labour is to offer you optimal safety combined with the luxurious comfort of our vessels.



Mid size vessels

The capacity of our ships, with 16 to 165 cabins, allows guests to sail serenely in a bubble that minimises external risks. The smaller size of our ships also allows us to get to know you and your expectations better, in order to offer you personalised and attentive service.

A modern fleet

Our fleet is one of the most modern you can find. During their construction, all our vessels are fitted with the most advanced equipment available (software-assisted navigation, engines, catalytic converters, etc.). Regular technical shutdowns are performed in order to conduct regulatory checks and to be fitted with the latest innovations.



An exclusive insurance contract

The PONANT insurance contract goes beyond the guarantees that you have, or that you think you have. It corresponds fully to the characteristics of your trip and includes guarantees for trip cancellation insurance, missed departure / return insurance, repatriation assistance, baggage insurance, holiday interruption insurance, substitution trip, passenger civil liability and travel accident.

The French flag

The French flag is considered one of the safest in the world. PONANT is the only cruise ship owner to bear it, and it's a guarantee of environmental quality, vessel safety and labour law.

The fleet is monitored by the PACA Corse Ship Safety Centre (CSN) located in Marseille, as well as by the CSN in Caen. Safety equipment is checked and approved annually by the French authorities. Each ship is ISM certified (International Safety Management), which is a very strict international regulation.

Bureau Veritas regularly certifies the entire PONANT fleet and has, in particular, validated the sanitary protocol implemented by the Company.

Our anti-Covid health protocol

From the start of the Covid-19 crisis, we have reinforced our protocol and implemented a process to reassure guests before, during and after the cruise. Rigorous and proven, it is constantly updated based on recommendations from public authorities.



Compliance with regulations

Each country determines its own regulations for access across its borders. As these regulations do change, we shall inform you of the necessary formalities to ensure you are permitted to enter all countries on your cruise schedule and to have access on board. We also comply rigorously with all local regulations to ensure we are allowed to operate.

We also take into account the protocols issued by international health authorities: the WHO, the CDC (Centers for Disease Control and Prevention) and the French Ministry of Health as well as the the CLIA (Cruise Line International Association).

Your safety on board

Since the beginning of the health crisis, we have implemented best practice on board to maintain the safety of our passengers and crew members. These actions include social distancing, the wearing of masks, the disinfection of common areas and cabins, the monitoring temperatures and air exchange. In all situations, our goal is to exceed the industry standards.

As the health situation continues to evolve, we may have to adapt our onboard protocols to ensure we maintain best practices.



Increased vigilance

Due to our awareness of the global scale of the pandemic, we have introduced and put in place a health monitoring system. Our onboard medical teams are able to carry out diagnostic procedures using equipment from our onboard hospitals, including, in particular, the ability to carry out PCR tests (these tests are for diagnostic purposes only and must in no case be regarded as substitutes for the PCR tests required before the cruise begins).

The medical management team at PONANT's head office monitors the health situation on a daily basis. We are in direct contact with CCM, France's maritime medical consultation centre, which has specialist knowledge and expertise in combatting Covid-19.

Sail with confidence

To find out more about our health protocol, scan the QR pictogram or go to en.ponant.com/sail-with-confidence.







The
PONANT
universe

Art of living, gastronomy, areas for relaxation and cultural enrichment: our cruises are designed to offer you a serene break in a refined atmosphere, whether you opt for the calm of a yachting cruise or the adventure of an expedition cruise.

The fleet

The strength and uniqueness of our latest generation fleet lies in the ships' sleek lines and innovative technologies. Designed to blend in with the scenery whilst retaining a high level of sophistication and luxury, our environmentally friendly ships play an important part in the success of your cruise.



"Promoting sustainable tourism means planning for ships to be environmentally friendly before they are even constructed."

Mathieu Petiteau, New Build Director at PONANT



Modernity

As well as being the leader in the expedition cruise market, PONANT has the newest fleet. Whether brand new like our extreme polar exploration ship *Le Commandant Charcot*, or vintage, like the company's iconic yacht *Le Ponant* (which is due to take to the sea again in 2022 after two years of work), they have all benefited from a recent renovation and refitting. New technologies and equipment are used to provide comfort on board and even offer unprecedented sensory immersion.



Eco-friendliness

We only protect that with which we are familiar. It is with this idea in mind that PONANT has always had the desire to take its cruise guests to explore what are very often inaccessible ecosystems. Our intimately sized ships encourage interaction and communication between people on board and during ports of call and shore excursions in small groups on land. Through the use of clean technologies (hybrid, electric or sail-powered), recycling circuits and non-polluting materials, the only traces we will leave behind will be the stories and images from our guests: conduits of knowledge and awareness about the natural environments we need to protect.



Elegance

Our ships, which have been designed by the French interior architect and designer Jean-Philippe Nuel, are carrying on the heritage of a certain 'French chic'. The understated luxury, the fine materials used, the soft colours, the harmonious forms, that certain poetic *je ne sais quoi*: all these things combine to revitalise your energy and inspire you to contemplation. From your cabin opening out onto views of the horizon you get to enjoy the benefits of personalised service, making life easier for you on board and leaving you free to concentrate on the essentials: discovering and exploring new cultures and landscapes.

Follow and track our ships live

Via GPS positioning and live onboard webcams, you can discover the scenery and surroundings through which our cruise guests are currently sailing, visit the "Ships" section of our website.



The service

The accessible, attentive and professional crew will help make your cruise unforgettable. Even in the most extreme regions, you will encounter the exceptional conditions of comfort that are our hallmark.



“We ensure the everyday wellbeing of our guests. From the welcome and the dishes we serve, to the comfort of the cabins and the implementation of protocols: we ensure compliance with the top-quality PONANT standards.”

Frédéric Zana, Director of onboard hospitality

The French art of living

PONANT takes the 'French touch' all over the world. As this is a combination of quality and refinement of services, we ally with partners who share our constant pursuit of excellence.

- **Gastronomy:** for breakfast, enjoy Lenôtre breads and pastries along with traditional Bordier butter. For afternoon tea, savour the Ladurée macaroons, sip teas with delicate flavours from the Palais des Thés, or Veuve Clicquot Champagne during our gala evenings.
- **Art of living:** melt into the charm of the Fragonard ambiance fragrance, the Hermès bath products in the cabin, the Sothy's Spa treatments on the Sistership series of vessels and on *Le Lapérouse*, *Le Champlain*, *Le Bougainville* and *Le Dumont-d'Urville*, and CLARINS products in the Spa of *Le Jacques-Cartier* and *Le Bellot*. On board *Le Commandant Charcot* you will find the Diptyque Paris bath product ranges and the Spa Biologique Recherche. *Paul Gauguin* offers an Algotherm Spa, with a wide choice of treatments and massages based on marine cosmetics.
- **Design:** the interior design and decoration of the cabins and suites of the entire fleet were created by the French architect designer Jean-Philippe Nuel. On board *Le Commandant Charcot*, certain common areas (the Reception, the Observatory Lounge, the Spa, the Fitness room, the Relaxation area, the Restaurant and the Grill) have been entrusted to the French architect and designer Jean-Michel Wilmotte.



Personalised butler service

Butler service is available to our guests travelling in certain suite categories*. Attentive and discreet, your Butler is your privileged contact onboard. They provide you with personalised service each day, for a tailor-made cruise.

* All suites on deck 6 for *Le Boréal*, *L'Austral*, *Le Soléal* and *Le Lyrial*. The Owner's Suites, Grand Deluxe, Privilege and Prestige on deck 6 on board the PONANT EXPLORERS. The Owner's Suites, Duplex, Privilege and Grand Prestige aboard *Le Commandant Charcot*. The Owner's Suites, Grand Suite GS, Veranda Suite A and Veranda Cabin B aboard *Paul Gauguin*.



Wi-Fi included

All our guests benefit from free and unlimited internet connection on all of our ships. The Wi-Fi connection may, however, be discontinuous depending on the area of navigation, in particular for high latitudes, or for technical reasons beyond our control.

Gastronomy

Healthy, gourmet, elegant, responsible. PONANT puts gastronomy in the spotlight all day long, whatever the destination. Savour the pleasures of top-of-the-range cuisine prepared by talented chefs.



The French art of cuisine

Our chefs and their team share with guests their passion for the French culinary heritage, enriched with the products and traditions of the countries visited.

Fresh produce and carefully selected ingredients, mature cheeses, fine wines and the cellar of grand crus all contribute to making each meal a feast for the eyes and the taste buds alike.

Our French baker prepares and bakes your bread on board each day. Organic baguettes, sandwich loaves and special breads enrich the buffets of your breakfasts, lunches and dinners.

The restaurants

On board, we offer you two different catering concepts. In the gourmet restaurant, à la carte meals are served at the table. During lunch, a selection of contemporary French brasserie-inspired dishes is served. At dinner, make way for the great tradition of French gastronomy.

At the grill restaurant, a buffet creates a more relaxed atmosphere.

"Being a chef on the water is unique. We head to Australia, and next month we are in Japan. Of course, the meals are different and the chef must carefully select local products to highlight them to the guests."

Philippe Tremel, PONANT Corporate Chef

In pursuit of our desire to work for reasoned and responsible tourism, wherever possible, we source our supplies directly from the places where we dock while making a commitment to respect local resources.

The Ducasse Conseil expertise

In our continued pursuit of excellence on board our ships, we have partnered with Ducasse Conseil, the expert catering centre of chef Alain Ducasse, since 2016. From the design of the culinary offer to the training of the Company's chefs, we continue to raise the bar of culinary standards of PONANT. On board *Le Commandant Charcot*, we are pushing our collaboration further. The signature dishes of Alain Ducasse are the finishing touch to a menu specially designed by the Michelin-starred chef.

"Our partnership is based on a common notion of good living and good eating, centred on French excellence, and driven by the constant desire to go where others dare not."
Jérôme Lacressionnière, Director of DUCASSE Conseil



The open bar

From boarding and throughout the cruise, your drinks are unlimited and included, at any time of the day. Whether a drink with friends at the bar, a refreshment after returning from an excursion or just enjoying the peace on the balcony of your cabin, you can enjoy a wide selection of drinks (mineral water, cold drinks, wines, beers, Champagne, spirits, coffee, tea).

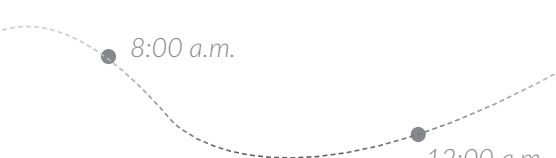
A premium alcoholic drink menu is also available.



Life on board

On board, top-of-the-range amenities, services and equipment contribute to your getaway, while creating an atmosphere conducive to relaxation.

Pamper yourself in the wellness area including a spa, a hammam (aboard the *SISTERSHIPS*), a sauna (aboard the *PONANT EXPLORERS* and *Le Commandant Charcot*), a hairdressing salon and a fitness area. Special areas where you can share an experience, piano-bar, theatre, library, lounges, boutique and photo or video areas offer different ambiances available at any time of the day.



A journey with Ponant

From morning to night, build treasured experiences, according to your desires.

A gentle awakening

Enjoy your breakfast in the restaurant, outdoors or in your cabin with room service. Lenôtre pastries, fresh bread, homemade cakes and muffins, pancakes, waffles, eggs, cheeses and cold meats accompanied by hot and cold drinks, including the detox juices of the day.

On with the adventure!

Your cruise director will attend to the smooth running of your activities, and will notify you of the departure for your booked excursions, or for zodiac outings on an expedition cruise.

Gourmet interlude

On board you can enjoy a varied buffet. Among the wide choice of salads, meats, fish, desserts and pastries, you will find a starter, a main course and a dessert cooked according to the theme of the day: Mediterranean, Asian, Italian, etc.





2:00 p.m.

4:00 p.m.

Relaxation on board

In between ports of call and shore excursions, make the most of our onboard facilities. Attend the conference of one of our honoured guests, book a massage at the Spa, relax by the swimming pool, keep in shape in the fitness room or select the photos of the cruise taken by the Studio PONANT teams.

New discoveries

Your afternoon continues with land visits or, on an expedition cruise, with your naturalist guides, to explore new territories.

Tea time

- At around 4 p.m., after enjoying mini pastries served to music in the Grand Salon, get ready for dinner. Our Hairdresser Consultants offer you personalised services.
- Enjoy the tranquillity of your cabin to watch one of the available films, to book an excursion through the app or to immerse yourself in a book on your balcony.
- Stroll through the Boutique, the Panoramic Lounge or the *Blue Eye* on the PONANT EXPLORERS, accompanied by a glass of Champagne.

9.00 p.m.

A gourmet dinner

Your day ends in front of a magnificent sunset to the tinkling of the ivories and an aperitif. Discover a new cocktail each day. Dinner follows, prepared by our chefs, ever respectful of the great French cuisine.

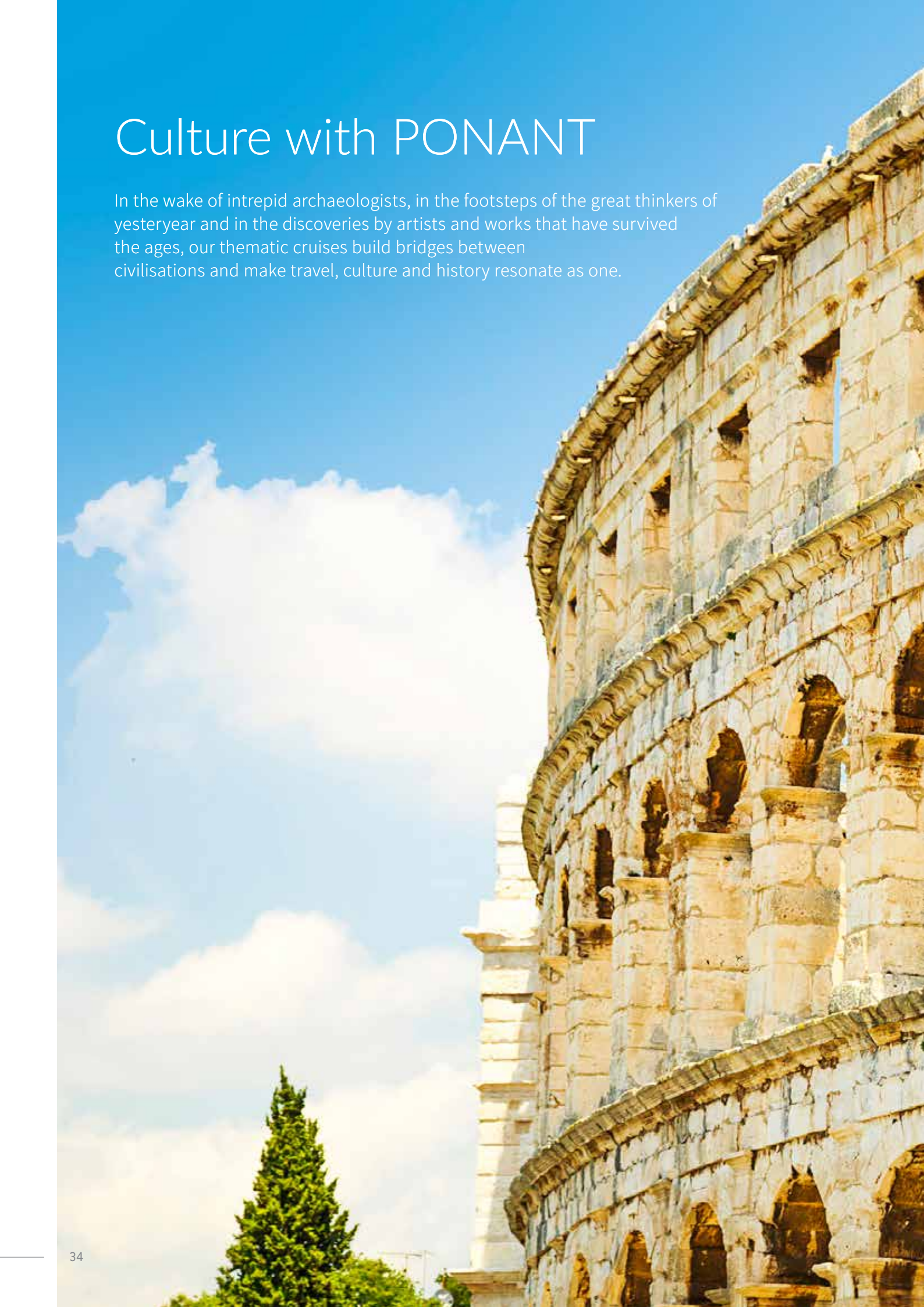
An evening of entertainment

Your evening continues with entertainment in the Grand Salon or the Theatre. A dance evening, classical concert or show is provided by our revue dancers and our on-board artists.



Culture with PONANT

In the wake of intrepid archaeologists, in the footsteps of the great thinkers of yesteryear and in the discoveries by artists and works that have survived the ages, our thematic cruises build bridges between civilisations and make travel, culture and history resonate as one.



Theme cruises

Each season, our themed cruises allow you to combine your passions with your taste for travel.



Opera, jazz, piano recitals, concerts at sea or on land... Our small groups perform alongside our guests of honour, the talented and recognised artists enhancing the enchanting experience of a PONANT musical cruise.



The curators of national and international museums evoke the richness of the stopovers visited through a reflection of the history of art. Depending on the routes and themes covered, private tours can be organised on request.



Men and women from the world of culture, writers, actors and philosophers, share their passion during fascinating conferences and exchanges. These are opportunities to open ourselves up to new perspectives, born of discoveries and shared knowledge.



Quality cultural enrichment

Quality excursions are offered at each stopover to discover the riches of the country visited. Iconic archaeological sites, natural treasures, cultural traditions... Our teams design diverse programmes for you. This pleasure is extended on board through lectures given by specialists who share their passion and their knowledge with you about the places visited.



Christophe Barbier



Christian Makarian



Franz-Olivier Giesbert



Dominique de Villepin



Alain Duault



Franck Ferrand

Esteemed guests

Artists, writers and speakers at the top of their fields do us the honour of being on board for number of departures. Depending on the themes addressed, they will share their analysis, their art or their passion with you during meetings and conferences. PONANT welcomes nearly 50 esteemed guests each year.



Prestigious partners

Each season we offer you a selection of cruises featuring the added bonus of the presence onboard of one or more of our famous partners as part of the programme. Museums, institutions or major media outlets, these organisations place the spotlight on art, geopolitics, gastronomy or even issues related to the protection of the planet and the oceans.

Art and museums

We design certain specific itineraries in conjunction with the **Mucem**, the Museum of European and Mediterranean Civilizations; and the **Oceanographic Institute of Monaco**, which has been dedicated to making the ocean "known, loved and protected" for over a century. On each of our cruises conducted in partnership with these great museums and renowned institutes, we have the special honour of welcoming onboard curators responsible for departments or sections relevant to the regions visited. Enjoy the opportunity to meet these eminent specialists during special lectures or informal talks.

Major media

Come and chat and debate with the editorial staff of **Le Figaro**, **Paris Match** or **Le Point**. Standard setters in the world of quality news and information, these publications provide in-depth analysis of the ways in which our society is changing and play an intelligent role in the ongoing debates of today. Editors, journalists and columnists travelling onboard share their expert knowledge and insights concerning geopolitical topics and the major issues and challenges of tomorrow.

Benefit from the expert knowledge of **GEO**, the magazine that for more than 40 years has been offering a different take on the topic of travelling and exploring the world. Enjoy the opportunity to completely immerse yourself in the regions visited via photography workshops, lectures and talks, and the process of creating a mini-magazine.



Smithsonian Journeys and PONANT Enrich your mind, inspire your spirit



PONANT and Smithsonian Journeys, the travel program of the Smithsonian Institution, the world's largest museum, education and research complex, are embarking toward a new frontier together, with a collection of unique travel experiences focused on culture, history and the natural world that will launch in 2022. These curated itineraries celebrate our instinct to explore.

On each departure, Smithsonian Journeys Experts will host a series of enlightened conversations onboard. These passionate professionals – chosen for their expertise and ability to inspire – will explore the core themes of the Smithsonian and destinations with fellow travellers. Bespoke shore excursions are included in each port of call, providing ease and enrichment for every program.

Music

Embark on a musical journey as you glide through the water. Come and share exclusive musical moments with other music lovers in the company of our long-time partner **Radio Classique** and under the artistic direction of **Alain Duault**. A musicologist, poet and novelist considered to be one of the greatest opera specialists in France, Alain Duault brings his talent and passion to play in putting together an ensemble of virtuoso artists and brilliant performers on board our ships.

Piano, violin, opera: this season again sees a varied and original programme on offer. Chosen from an international repertoire, the selected pieces subtly reflect the magical places we pass through, and the power and delicacy of the performers in turn mirror the swell and surge of the waves that carry us along.

Oenology and gastronomy

What could be better than a PONANT cruise when it comes to succumbing to the pleasures of a refined dining experience and the delicacies dreamed up by the most talented chefs and sommeliers of their generation? For several seasons now, we have been promoting and highlighting the excellence of French cuisine in conjunction with **Cuisine et Vins de France**, the country's leading food and drink magazine.

Star chefs on board, gala dinners, cookery demonstrations, vintage wine tastings: every day is a veritable feast for the senses! And let's not forget our annual **Gastronomy, Vineyards & Grands Crus cruise**, offering an exclusive opportunity to discover the great wines of the Atlantic coast with **Château Latour**.

Find details of these and many other themed cruises on en.ponant.com.

The expedition

Choosing a PONANT Expedition cruise, whether in a polar region or tropical zone, is opting for a way of thinking: the alliance of elegance and authenticity, exploration and great comfort, adventure and refinement, with respect for local populations and the most remote areas.



*"Nothing has been transformed.
You always have the impression that you're the first
person to ever set foot here."*

Florence Kuyper – expedition leader aboard *Le Commandant Charcot*



The polar expedition

As a leader in expeditions to the polar zones and an expert with more than 20 years visiting these destinations (Arctic, Antarctic, Sub-Antarctic Islands), we offer you the chance to make your dream of adventure come true, with the serious and the responsible approach for which we are known. In Antarctica, explore the icy vastness and fauna of the White Continent. In the Arctic, special meetings with the Inuit complement the grandiose scenery created by the fjords, glaciers and icebergs, not to mention polar bears, polar foxes, walruses, orcas and whales.



The tropical expedition

In the tropics, adventure also comes with its share of encounters. Getting close to rarely visited places by sea allows a firsthand exploration of little-known cultures and populations living in a traditional way, often on the lands of their ancestors. In Oceania, Aboriginal, Maori and Papuan tribes warmly welcome you to interact with them, made possible thanks to the bonds of trust woven cruise after cruise by the PONANT crews.



Expert naturalist guides

Our expedition leaders are specialists who will share their knowledge of flora and fauna, local cultures and natural phenomena with you. They organise safe disembarkations and shore excursions according to the opportunities afforded at each expedition. On board, the enjoyment is extended by cultural, scientific and historical conferences.



On an Expedition cruise, everything is included

Once on board, you are free to experience the adventure with complete peace of mind. Everything is included in our services: fast and secure zodiac outings and landings, conferences, as well as parkas and the rental of boots on a polar expedition.

During certain stopovers, you will be offered a land activity accompanied by your naturalist guides and local guides, to sites accessible only via local infrastructure (one activity included per day and per person). During some cruises, optional paid excursions are also offered to round off your discovery.

NATIONAL GEOGRAPHIC and PONANT: unique and immersive expedition cruises

PONANT and NATIONAL GEOGRAPHIC have joined forces to offer the spirited adventure traveller a unique opportunity to embark on a selection of new expedition cruises to some of the most intriguing and remote destinations on the planet. Together we will take you further.





EXPEDITIONS

Discover our difference

PONANT, leader in polar expeditions for almost 20 years, boasts the world's most modern fleet of expedition ships. Designed to sail distant seas in comfort and safety, their small size and manoeuvrability helps reach the most remote lands. Our cruises go above and beyond environmental regulations, using research and innovation to help us minimise our impact on the remote places we visit.

Exploration has always been part of the NATIONAL GEOGRAPHIC DNA – and it is this deep-rooted drive for discovery that spurred the creation of NATIONAL GEOGRAPHIC EXPEDITIONS. We offer unique travel experiences that aim to inspire people to care about the planet by providing meaningful opportunities to explore it, and we're committed to sustaining the character and integrity of each destination we visit.

Now, you can travel with NATIONAL GEOGRAPHIC and PONANT to the furthest corners of the world, far from the usual tourist bubbles. Enjoy our new, unique and enriching expedition cruises to some of the world's most intriguing, remote and pristine destinations, in the very places where some of the pages of exploration were written.



Let our experts guide you

Our expedition cruises give you access to an unparalleled team of experts. You will be enriched by the knowledge of the PONANT expedition team and by NATIONAL GEOGRAPHIC experts and photographers. You'll be surrounded by people who are steeped in knowledge and insights about the places we go and they're passionate about sharing that knowledge with you.



Exploration happens because of you

When you travel with NATIONAL GEOGRAPHIC and PONANT, you help further the work of our scientists, explorers and educators around the world. Every year, we distribute a portion of our proceeds to the National Geographic Society that works to preserve, protect and better understand our planet and its people.

To date, the NATIONAL GEOGRAPHIC SOCIETY has given out almost 14,000 grants to scientists and conservationists, whose work is making a significant difference around the world. It has supported critical projects such as the Pristine Seas project, which has already helped to protect more than five million square kilometres of the ocean's last wild places.







Your
PONANT
advantages

To help you organise your cruise, to offer you personalised support, to ensure you have the best possible conditions and opportunities for your trip: we guarantee a tailor-made response to meet your desire to escape.



Your tailor-made cruise

Get away the stress-free way: we offer a range of services that will facilitate the organisation of your trip and allow you to personalise your cruise.

Help and assistance from start to finish

From the booking of your cruise to your embarkation, we will accompany you every step of the way.

Booking your cruise

In the days following your booking, you'll receive an email that will enable you to complete your My Ponant account with the required information for your stay with our company. You can download the PONANT app, which will guide you in your travel preparations and during your cruise. For more information, visit en.ponant.com/application-ponant.

24 to 12 months before your departure

You will be notified of the opening of pre- and post-cruise programmes sales and the possibility to book your flights and transfers.

You will have the opportunity to book the regular airline flights corresponding to your cruise with our Travel Consultants. For some hard-to-reach destinations, we offer private flights. Transfers between the airport and the port of embarkation or disembarkation are also possible, as is pick-up from your home.

12 to 6 months before your departure

We will ask you to fill in your passport number or inform you that your passport has expired, in order to complete the necessary formalities for your departure.





Our à la carte service

Opt for a completely personalised stay. Our dedicated advisors are at your service and will tailor your trip to suit your wishes before, during and after your cruise. You will be able to take advantage of additional tours, private excursions and overnight stays in hotels as you wish.

6 to 3 months before your departure

Essential documents, clothing advice, first-aid kit... You will receive our advice on how to pack for your chosen destination.

We invite you to discover and pre-book the excursions available on your itinerary (excluding expedition cruises).

1 month before your departure

You will receive a folder with your personalised travel diary, luggage tags and boarding tickets.

We will remind you of your departure date as you prepare for your trip and your stay on board.

We will provide you with a telephone number to contact in case of emergency.

3 days before your departure

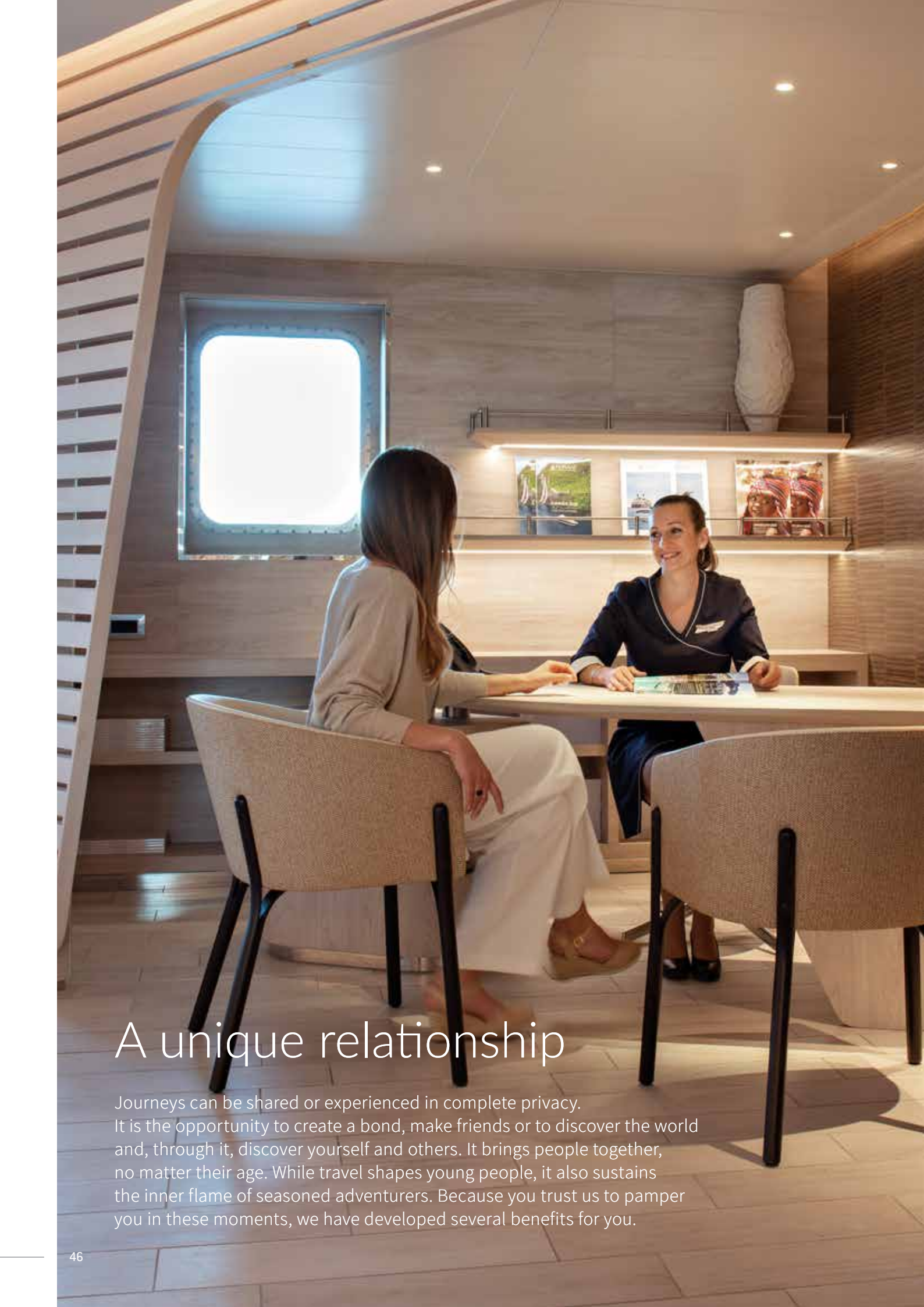
You will receive a text message with all the information you need to board.

Departure of your cruise

Land itineraries

During your cruise: discover your destination in greater depth by choosing excursions selected by our experts to learn more about the cities, monuments or natural sites visited (excluding expedition cruises). They are available for pre-booking two months before your departure.

Before or after your cruise: various programmes and stays are on offer. A safari in South Africa, an escapade in the Galapagos Islands or Machu Picchu... Our teams take care of all the organisation, even once your cruise is over.



A unique relationship

Journeys can be shared or experienced in complete privacy. It is the opportunity to create a bond, make friends or to discover the world and, through it, discover yourself and others. It brings people together, no matter their age. While travel shapes young people, it also sustains the inner flame of seasoned adventurers. Because you trust us to pamper you in these moments, we have developed several benefits for you.

Are you travelling...



... alone?

We have selected a number of itineraries with no 'single supplement': enjoy a double cabin at no extra cost.

... with family or friends?

From the fifth person in the same booking, the whole party benefits from a 5% discount on the same port/port cruise (excluding port taxes).

Children and teenagers up to the age of 17 sharing a cabin with two adults are also free.

... with PONANT for the first time?

We have not yet had the pleasure of welcoming you on board one of our ships. To help you discover the world of PONANT, we are offering €250 per guest on your first cruise with us.

... on several cruises?

Continue the fun by combining several cruises and benefit from the following offers:

- On all our cruises: 10% off all consecutive cruises.
- On a particular selection of cruises:
 - 20% off when the cruise is 2nd
 - 30% off when the cruise is 3rd
 - 40% off when the cruise is 4th

Discount applicable on the port/port cruise fare only, excluding port taxes, not applicable on sea voyages. Sea trips are not included in the calculation of the cruise position.

... for your honeymoon or your wedding anniversary?

Sharing sweet moments together on a cruise is the greatest gift of all. PONANT offers you the opportunity to open a gift list for your wedding or civil union with our reservation service or your travel agency.

For all cruises made within 12 months of the celebration of your marriage or civil union⁽¹⁾, PONANT offers you:

- 5% discount on your cruise;
- A bottle of Champagne;
- A photographer's appointment with five couples' photos⁽²⁾;
- Two Spa treatments: maximum amount per treatment: €120⁽²⁾;

Onboard *Paul Gauguin*, enjoy a traditional polynesian benediction and a photography of this special moment.

For each multiple of five years of marriage or civil union⁽¹⁾ If you book a cruise during the anniversary year, you will receive a discount of €200 per cabin or suite.

(1) Offers valid on presentation of proof and applicable only once per anniversary year, cumulative with other offers.

(2) Except on board Le Ponant.

Refer your friends and family

Because you like to sail with us, let others discover PONANT! As a referrer, you will receive a €500 discount per cabin on your next cruise (as soon as your referral is booked). Your referral benefits from a €500 reduction on their first cruise. As the number of referrals is not limited, you can accumulate your discounts. en.ponant.com/ponant-benefits





PONANT Yacht Club

Extend the pleasure of travelling with us by joining the PONANT Yacht Club on your second cruise.

As a member, you benefit from special attention, exclusive services on board and on land, and privileged services.

Find out about your advantages



	MAJOR	ADMIRAL	GRAND ADMIRAL	COMMODORE
	After you confirm your 2nd cruise	After you confirm your 4th cruise	After you confirm your 7th cruise	After you confirm your 20th cruise
Discount on your future bookings (see opposite)	5%	7.5%	10%	12,5%
Discount for all onboard expenses, except excursions		20%	25%	25%
Onboard credit	€50	€100	€150	€200
Complimentary onboard laundry service	✓	✓	✓	✓
The opportunity to join the PONANT Yacht Club's Loyalty cruises	✓	✓	✓	✓
Complimentary upgrade		✓	✓	✓
Change your choice of cruise without incurring charges			✓	✓
Dedicated phone line				✓
Priority boarding				✓

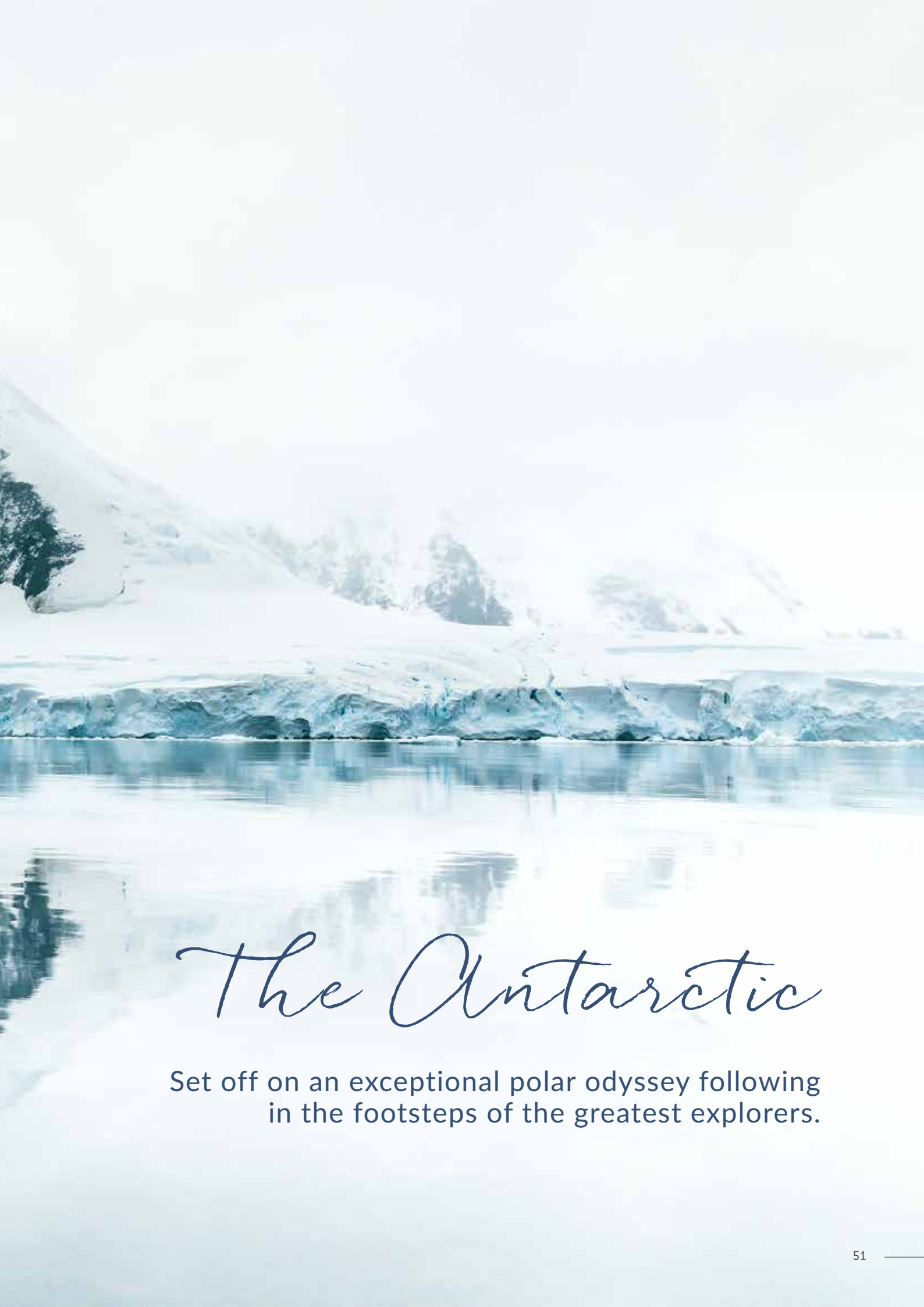
Your PONANT Yacht Club news

- As *Paul Gauguin* has joined the PONANT family, your cruises on board this ship count towards your loyalty programme.
- Explore your own private Facebook group: get sneak previews of the latest news, never-before-seen photos and share your experiences with other PONANT Yacht Club members.
- The PONANT passport, which you receive with your membership card: take it with you on your next cruise and have the different theme pages stamped, depending on your destination, the ship or your loyalty status.

To find out more about the Ponant Yacht Club, point your mobile phone camera at the icon opposite (most are compatible) or visit en.ponant.com/ponant-benefits







The Antarctic

Set off on an exceptional polar odyssey following
in the footsteps of the greatest explorers.

Not to be missed

Sail in the wake of the great explorers like Jean-Baptiste Charcot, Sir Ernest Shackleton, Robert Falcon Scott, Jules Dumont d'Urville, Paul-Émile Victor and their great polar expeditions. PONANT invites you to explore the White Continent, on the edge of the Southern Lands, where nature shows its full majesty. A timeless journey among huge table top icebergs, majestic glaciers, beaches of volcanic sand, and windswept moors scattered with moss and lichen.



Antarctic Peninsula

Succumb to the magic of a place unlike any other. To this day, the mythical Antarctic Peninsula still holds real fascination and promises unforgettable moments. To access the “sixth continent”, you will sail through the famous Drake Passage and set off to discover the infinite riches of these lands. It feels like the end of the world here, with its unreal and muffled atmosphere to which the mist adds a touch of mystery. Glaciers, ice floes, table top icebergs, mountain peaks, volcanic beaches, charming bays: there are so many spectacular landscapes here, which, swept by light with multiple reflections, are an invitation to contemplation. Keep your eyes open so you do not miss the exceptional and preserved fauna of these extraordinary sites where space and time take on new meaning.

In the heart of the Chilean fjords

Your ship will chart a course towards the South of Chile, to meandering fjords where majestic glaciers seem to meet the ocean... This remote setting is remarkable for the splendour of its sea scattered with islands, and its slow and powerful glaciers that have been transforming and reshaping the landscapes over centuries. Your ship will glide over the calm waters of the fjords to edge closer to these towering walls of ice. The Agostini, Brügger and El Brujo glaciers particularly stand out. These living giants crack, rumble and suddenly calve chunks of ice in iridescent colours. This is a real treat for photographers. During some stopovers, you will have opportunities to set out aboard our zodiac inflatables to get as close as possible to this untamed natural world, where the presence of human beings is almost imperceptible.

Fascinating South Georgia

Aboard your ship, discover South Georgia, a region formed by an underwater mountain chain that extends from the Andes to the Antarctic Peninsula. All the wildlife of the Far South can be found here: king and gentoo penguins, elephant seals and fur seals mingle on the beautiful dark sand beaches... At sea, orcas, humpback whales and other cetaceans will escort you along your navigation. You might get the chance to discover the majestic glaciers of Gold Harbour and the vast plains of Fortuna Bay. If you are fortunate enough to land at St. Andrews Bay, you can expect a wonderful spectacle: more than 300,000 king penguins, which you will recognise by the bright orange mark on their head and neck, have taken up residence there. Whatever your itinerary, South Georgia will offer you beautiful panoramas and surprising encounters, rich in emotions.

Why set sail with PONANT?

- For the breathtaking scenery: pack ice as far as the eye can see on the peninsula, mountain ranges in South Georgia, and moss- and lichen-dotted moors on the Falkland Islands.
- For the opportunity to encounter icebergs, those icy giants composed entirely of fresh water that drift slowly along on the ocean.
- To see and discover an exceptional range of wildlife: gentoo, Adélie, chinstrap, king, crested and macaroni penguins; humpback whales; leopard seals, black-browed albatross; Weddell seals and Cape petrels.
- To follow in the footsteps of great explorers such as Captain James Cook, Jean-Baptiste Charcot, Sir Ernest Shackleton and Adrien de Gerlache.
- For the experience of visiting historic sites such as scientific bases and former whaling stations, and not forgetting the famous grave of Ernest Shackleton.
- For the chance to spend Christmas and New Year amidst the incredible ice- and water-formed scenery of these remote, isolated lands.

We are simply honoured guests in these extreme lands, in which the weather and ice conditions enact their own laws. Opportunities to see and observe wildlife and disembark at certain sites vary from day to day and cannot be guaranteed, making each PONANT cruise a unique experience. The captain and the expedition leader, acting in complete compliance with applicable safety instructions and IAATO regulations, will do everything they can to ensure your cruise experience is as rich and varied as possible.



Must-see destinations



The Ross Sea, at the edge of the world

“The last ocean” is what scientists from all around the world call this deep bay that runs along the edge of Antarctica between Marie Byrd Land and Victoria Land. Since 2016, the world’s largest protected marine area has been keeping this last marine ecosystem intact. The theatre of the most impressive expeditions, it was discovered by James Clark Ross between 1839 and 1843. It was then that he discovered the enormous ice barrier formed by a gigantic ice shelf extending out to the open sea and from which titanic icebergs are calved. One third of the world’s Adélie penguin population lives in the area where this frozen barrier breaks into icebergs. The currents maintain polynyas there – vast areas of persistent open water surrounded by sea ice, which give the penguins access to food. You may also get the chance to spot Ross seals, one of the rarest protected species in the Antarctic.

Splendid Pio XI Glacier

In southern Chile, on the coasts of legendary Patagonia, you will be astonished and moved by the gigantic, almost surreal, dimensions of the Pio XI glacier, also known as the Brüggen Glacier. With a surface area exceeding 1,200 km², it is the largest of the glaciers making up the Southern Patagonian Ice Field. Its majestic ice cap, the third largest in the world, straddles the southern Andes Mountains and offers breathtaking natural scenery that gives full meaning to the words 'contemplation' and 'wonder'. Pio XI never stops growing – unlike many of its fellow glaciers – providing an unforgettable and unmissable experience.



Mythical crossing of the Drake Passage

If there is one place, one sea, one waterway dreaded by tourists, researchers and hardened seafarers alike, it is undoubtedly Drake Passage. Situated at the latitude of the infamous Furious Fifties winds, between Cape Horn and the South Shetland Islands, it is the shortest route to connect Antarctica to South America. Seasoned navigators will tell you that you must earn your visit to the White Continent! At the Antarctic convergence zone where cold currents rising up from the South Pole meet warmer equatorial water masses, Drake Passage harbours a very diverse marine fauna. Don't forget to look to the sky to catch a glimpse of elegant albatross and Cape petrels, playfully floating about in the wind around your ship.





Natural beauties of the sub-Antarctic islands

Composed of five small archipelagos and situated in the Southern Ocean between the Antarctic and Subtropical Convergences, New Zealand's sub-Antarctic islands will reveal their strange and primitive beauty to you. These volcanic islands are renowned for their surprisingly rich biodiversity, which has earned them their place as UNESCO World Heritage Sites. Comprised of Campbell Island, reputed for its fascinating megaherbs; the Antipodes Islands inhabited by albatross; the Snares Islands, one of New Zealand's last preserved regions; the Auckland Islands and Macquarie Island, these archipelagos will delight enthusiasts of unspoiled nature.



The dreamlike landscapes of the Falkland Islands

Surrounded by a grey and often wild sea, these islands are a small country of moors and rugged coastlines carved by the South Atlantic. The flora and fauna that live in these cool and humid places create a link between Patagonia and the Antarctic. Take the time to observe and photograph the different animal species. Perhaps you will have the opportunity to admire impressive sea lions basking on the water front or spot magnificent black-browed albatross come to sit on their nests. Or you may even come across southern rockhopper penguins living up to their name.



Mysterious South Shetland Islands

On the edge of the Antarctic Peninsula, 120 km from the White Continent, the South Shetland Islands offer surreal and mysterious scenery. On these volcanic islands of dark rock, the landscapes alternate between long, jagged, snow-covered coasts and large, gently sloping bays. These lunar and wild lands are home to important scientific research stations and a large number of animal species: chinstrap penguins, crabeater seals and Weddell seals, Antarctic terns, giant petrels and elephant seals have taken up residence here.



Strait of Magellan, on the road of legends

This mythical strait situated in the South of Chile and separating South America from Tierra del Fuego, awakens our imagination, stirring up a longing for adventure. Follow in the footsteps of the famous Portuguese explorer Ferdinand Magellan, known for having organised the first circumnavigation of the globe, in the 16th century. Aboard your ship, cruise along the 600 km separating the Atlantic Ocean from the Pacific, observe the tides and the currents, and discover the many wild birds such as oystercatchers and steamer ducks that populate this remarkable zone.

Emblematic Antarctica

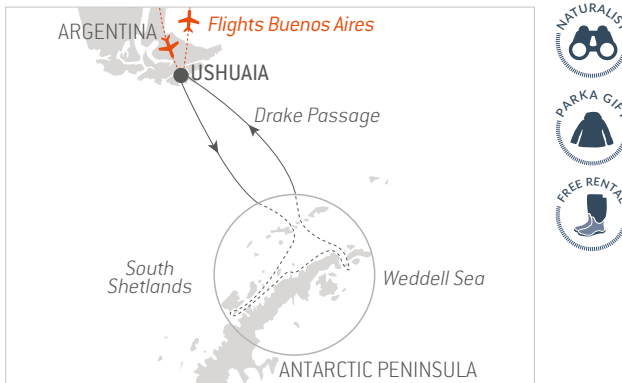
USHUAIA • USHUAIA 11 days/10 nights

L'AUSTRAL 20th November (12 days/11 nights), 1st & 11th December 2022; 10th January, 23rd February 2023

LE BORÉAL 17th & 27th December 2022; 16th & 26th January, 5th, 15th & 25th February 2023

LE LYRIAL 1st December 2022; 1st, 11th & 21st February 2023

From € 8,850




An emblematic fauna

Not only does the Antarctic Peninsula, with its chain of ice-covered peaks plunging down into the Drake Passage, boast the most spectacular landscapes in all the White Continent, but its coastlines are also home to the largest penguin populations. These funny-looking seabirds are emblematic of this icy region and each has different characteristics. They can literally “fly on water” when looking for food. During your zodiac inflatables outings, observe these unusual animals as they waddle clumsily along the beaches to reach their nests or their young. Being particularly peaceful and curious by nature, the gentoo, Adélie and chinstrap penguins will not shy away from your camera lens, but will always keep a safe distance. The waters here, particularly rich in nutrients, also encourage the presence of many seals, sea lions, whales and orcas. Unafraid because of an almost total absence of human presence, these animals will offer you instances of pure wonderment.

DAY	ITINERARY
1	The day before boarding, overnight in Buenos Aires. Flight Buenos Aires/Ushuaia (Argentina). Embarkation from 16.00 to 17.00
2,3	<i>Crossing the Drake Passage</i>
4 to 8	Antarctic Peninsula
9,10	<i>Crossing the Drake Passage</i>
11	Ushuaia (Argentina) – Arrival: 07.00 Disembarkation and transfer. Flight Ushuaia/Buenos Aires.

20th November 2022 departure: cruise in collaboration with **National Geographic Expeditions** with a Photographer and an Expert onboard with an additional day in the Antarctic Peninsula.



PONANT | **Smithsonian JOURNEYS**

See website for an enriched departure round-trip from Ushuaia on 21st February 2023 **in alliance with Smithsonian Journeys.** Two Smithsonian Journeys experts will join this departure.

Highlights*:

- Explore the magic of Antarctica with a sea kayak adventure.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- The lectures and information sessions hosted by our naturalist guides, covering wildlife, history, geopolitics, the great explorers, climate, environmental protection and more.
- Hiking opportunity.
- Visiting research stations and former whaling stations.
- The landscapes: a multitude of drifting icebergs, ice floes, imposing glaciers and tall, snow-covered mountains.
- The wildlife: humpback whales, gentoo penguins, Adélie penguins, chinstrap penguins, leopard seals, crabeater seals, Weddell seals and numerous seabirds.
- Educational discovery in the respect of environment.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.




The Great Austral Loop

USHUAIA • USHUAIA 16 days/15 nights
L'AUSTRAL 5th Nov 2022 and 29th Jan 2023
LE BORÉAL 7th and 22nd November 2022
LE LYRIAL 16th November 2022
From € 11,080



DAY	ITINERARY
1	The day before boarding, overnight in Buenos Aires. Flight Buenos Aires/Ushuaia (Argentina). Embarkation from 16.00 to 17.00
2	At sea
3	New Island (Falkland Islands) – Grave Cove (Falkland Islands)
4, 5	At sea
6 to 8	South Georgia (South Georgia)
9, 10	At sea
11 to 13	Antarctic Peninsula (Antarctic)
14, 15	Crossing the Drake Passage
16	Ushuaia (Argentina) – Arrival: 07.00 Disembarkation and transfer. Flight Ushuaia/Buenos Aires.

5th November 2022 departure: **cruise in collaboration with National Geographic Expeditions** with a Photographer and an Expert onboard. 

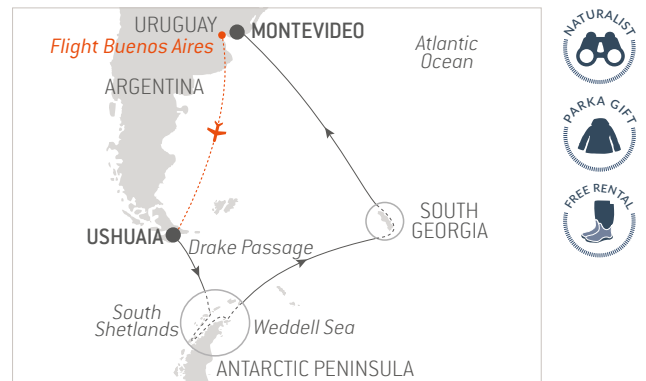
Highlights*:

- Explore the magic of Antarctica with a sea kayak adventure.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Lectures and information sessions hosted by our naturalist guides, covering wildlife, history, geopolitics, environmental protection and more.
- Landscapes: moors scattered with moss and lichen, white-sand beaches and turquoise waters in the Falkland Islands; alpine landscapes, lush green plains and suspended glaciers in South Georgia; drifting icebergs, ice floe, glaciers and snow-capped mountains in the Antarctic Peninsula.
- Wildlife: black-browed albatross, gentoo and southern rockhopper penguins in the Falkland Islands; king penguins, elephant seals, fur seals in South Georgia; humpback whales, orcas, gentoo penguins and Weddell seals in the Antarctic Peninsula.

**Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*

The Great Adventure

USHUAIA • MONTEVIDEO
 16 days/15 nights
L'AUSTRAL 5th March 2023
From € 10,660



DAY	ITINERARY
1	The day before boarding, overnight in Buenos Aires. Flight Buenos Aires/Ushuaia (Argentina). Embarkation from 16.00 to 17.00
2, 3	Crossing the Drake Passage
4 to 6	Antarctic Peninsula (Antarctic)
7, 8	At sea
9 to 11	South Georgia (South Georgia)
12 to 15	At sea
16	Montevideo (Uruguay) – Arrival: 07.00. Disembarkation

Highlights*:

- Explore the magic of Antarctica with a sea kayak adventure.
- **The outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- The lectures and information sessions hosted by our naturalist guides, covering wildlife, history, geopolitics, the great explorers, climate, environmental protection and more.
- Hiking opportunity.
- The landscapes: drifting icebergs, ice floe, glaciers and snow-capped mountains in the Antarctic Peninsula; alpine landscapes, lush green plains and suspended glaciers in South Georgia.
- The fauna: king penguins, elephant seals, fur seals and macaroni penguins in South Georgia; humpback whales, gentoo penguins, Adélie penguins, chinstrap penguins, leopard seals, crabeater seals and Weddell seals in the Antarctic Peninsula.
- Educational discovery in the respect of environment.

**Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*

The best of Chilean Fjords

TALCAHUANO • USHUAIA 14 days/13 nights
L'AUSTRAL 23rd October 2022
USHUAIA • TALCAHUANO 14 days/13 nights
LE BORÉAL 7th March 2023 **From € 6,900**



Exploring the Chilean Fjords

USHUAIA • USHUAIA
LE LYRIAL 14 days/13 nights
 3rd March 2023
From € 6,730



DAY	ITINERARY
1	Flight Santiago/Concepción (Chile). Welcome and transfer. Talcahuano (Chile). Embarkation from 16.00 to 17.00
2	At sea
3	Quemchi, Chiloe Island (Chile)
4	Sailing in the Pulluche Canal (Chile)
5	Tortel (Chile)
6	English Passage (Chile) – Pie XI Glacier (Chile)
7	El Brujo Glacier – Skua Glacier (sailing) (Chile)
8	Estero las Montanas (Chile)
9	Sailing in the Strait of Magellan (Chile)
10	Agostini Glacier (Chile)
11	Garibaldi Glacier (Chile)
12	Sailing around Cape Horn (Chile)
13	Puerto Williams (Chile)
14	Ushuaia (Argentina) – Arrival: 07.00 Disembarkation and transfer. Flight Ushuaia/Buenos Aires.

23rd October 2022 departure:
 cruise in collaboration with National Geographic Expeditions with a Photographer and an Expert onboard.



Highlights*:

- Explore the magic of Antarctica with a sea kayak adventure.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Wildlife: Magellanic penguins, caracaras, dolphins, humpback whales, fur seals, sea lions, condors and cormorants.
- Landscapes: fjords dominated by the snow-capped peaks of the Andes, iridescent glaciers, and mountain lakes with crystal-clear water.
- If weather conditions allow it, disembarking at Cape Horn.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.



DAY	ITINERARY
1	The day before boarding, overnight in Buenos Aires.
	Flight Buenos Aires/Ushuaia (Argentina). Embarkation from 16.00 to 17.00
2, 3	At sea
4	Tortel (Chile)
5	English Passage (Chile) – Pie XI Glacier (Chile)
6	El Brujo Glacier (Chile) – Skua Glacier (sailing) (Chile)
7	Estero las Montanas (Chile)
8	Sailing in the Strait of Magellan (Chile)
9	Baie Ainsworth (Chile)
10	Glacier Aguila (Chile) – Agostini Glacier (Chile)
11	Garibaldi Glacier (Chile)
12	Sailing around Cape Horn (Chile)
13	Puerto Williams (Chile)
14	Ushuaia (Argentina) – Arrival: 07.00 Disembarkation and transfer. Flight Ushuaia/Buenos Aires.

Highlights*:

- Explore the magic of Antarctica with a sea kayak adventure.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Observing glaciers, channels and fjords, and navigating along narrow passages and along the famous Strait of Magellan.
- If weather conditions allow it, disembarking at Cape Horn.
- The stop in Tortel, a picturesque village with wooden pontoons and footbridges.
- Wildlife: Magellanic penguins, guanacos, caracaras, dolphins, humpback whales, fur seals, sea lions, alpacas, condors and cormorants.
- Landscapes: fjords dominated by the snow-capped peaks of the Andes, iridescent glaciers, and mountain lakes.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.

Wild nature between Argentina and the Falkland Islands

USHUAIA • BUENOS AIRES

LE LYRIAL 15 days/14 nights

16th March 2023

From € 6,730



New Island, a wild paradise

Considered by some to be one of the most beautiful parts of the Falklands, New Island is located on the western edge of the archipelago and is home to a tiny village of two families. The golden sandy and flower-lined beaches are pictures of paradise and contrast with the sheer cliffs plunging into the ocean. One can observe albatrosses swooping down from the cliffs and skimming the waves that crash against the rocks. A narrow pathway weaves around typical Falkland moorland and leads to the heart of a colony of southern rockhopper penguins, black-browed albatross and blue-eyed shags.

DAY	ITINERARY
	The day before boarding, overnight in Buenos Aires.
1	Flight Buenos Aires/Ushuaia (Argentina). Embarkation from 16.00 to 17.00
2	Sailing around Cape Horn (Chile)
3	Sailing along Isla de los Estados (Argentina)
4	New Island (Falkland Islands)
5	Carcass Island (Falkland Islands) – The Neck, Saunders Island (Falkland Islands)
6	Volunteer Point (Falkland Islands) – Port Stanley (Falkland Islands)
7,8	At sea
9	Camarones (Argentina)
10	Puerto Madryn (Argentina)
11 to 13	At sea
14	Buenos Aires (Argentina)
15	Buenos Aires (Argentina). Disembarkation.

Highlights*:

- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- An itinerary between Tierra del Fuego and the fascinating Buenos Aires, at the heart of wild and exceptional nature.
- If weather conditions allow it, disembarking at Cape Horn.
- Sailing around Isla de los Estados at the far south of Argentina.
- Discover the wild archipelago of the Falkland Islands during five ports of call: New Island, Carcass, Saunders, Volunteer Point and Port Stanley.
- Wildlife: Magellanic penguins in the Falkland Islands, sea lions and Commerson's dolphins in Camarones, southern right whales and orcas on the Valdes peninsula.
- Optional excursion on the Valdes peninsula, a UNESCO Site, from Puerto Madryn.

*Subject to weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.



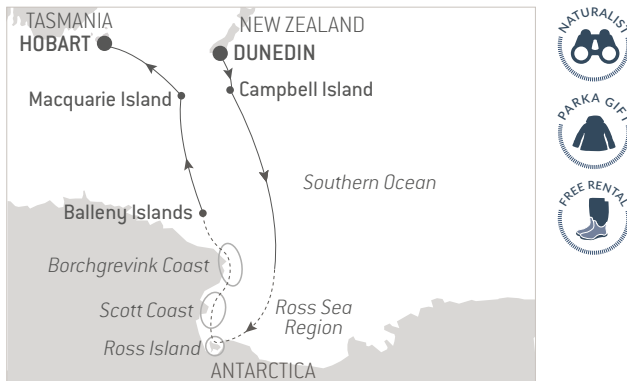
Scott & Shackleton's Antarctic – Ross Sea Expedition

DUNEDIN • HOBART

LE SOLÉAL 23 days/22 nights

22nd January 2023

From € 21,000



The distant Balleny Islands

The Balleny Islands are an extremely remote series of islands extending for about 160 kms in a northwest-southeast direction straddling the Antarctic Circle some 270 kms north of the Antarctic mainland. The volcanic islands are heavily glaciated and have received few human visitors since their discovery in 1839. Their isolated location within the rich waters of the Southern Ocean has resulted in a species diversity rivalling the entire Ross Sea region. Humpback, fin and minke whales are regular visitors to the rich feeding grounds along with crabeater, Weddell, elephant and leopard seals. Several of the islands are home to significant colonies of Adélie and chinstrap penguins. If time and weather permit, guests will have the opportunity to explore the spectacular coastal environments and view the prolific wildlife from our fleet of zodiac inflatables.

DAY	ITINERARY
1	Dunedin (New Zealand). Embarkation from 15.00 to 16.00
2	At sea
3	Campbell Island (New Zealand)
4 to 6	At sea
7 to 14	Ross Sea Region (Antarctic)
15	At sea
16	Balleny Islands (Antarctic)
17, 18	At sea
19, 20	Macquarie Island (Australia)
21, 22	At sea
23	Hobart, Tasmania (Australia) – Arrival: 07.00 – Disembarkation

Highlights*:

- **The outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- **The UNESCO World Heritage Sites:** Campbell Island and Macquarie Island (New Zealand Sub-Antarctic Islands).
- An exploratory cruise to the most pristine piece of ocean left on Earth.
- Follow in the footsteps of the heroic age of Antarctic exploration.
- The possibility of viewing the historic huts of Scott, Shackleton and Borchgrevink.
- The opportunity to see nine of the world's penguin species.
- Wildlife: fur seals, southern elephant seals, Weddell seals, crabeater seals and New Zealand sea lions, several penguin species including African penguins, Adélie, penguins, gentoo penguins, southern rockhopper penguins, macaroni penguins.
- Gain an insight into the history and the diversity of flora and fauna from your expert expedition team.

**Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*



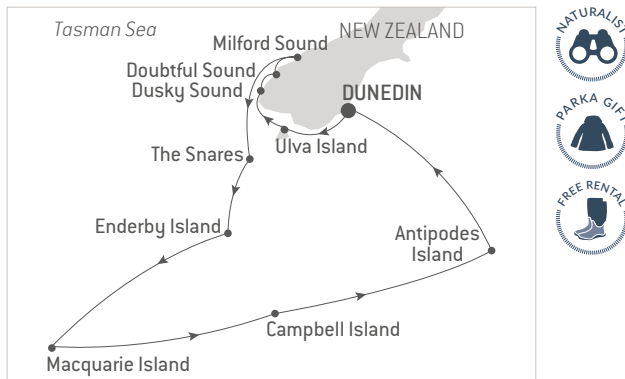
Expedition to New Zealand's Sub-Antarctic Islands

DUNEDIN • DUNEDIN

LE SOLÉAL 15 days/14 nights

14th and 28th December 2022

From € 10,570



Wild and enchanting Macquarie Island

Long celebrated as one of the wonder spots of the world, the Macquarie Island Nature Reserve lies 1,500 km south-southeast of Tasmania, halfway between Australia and Antarctica. It is an island of great beauty and outstanding natural diversity, a breeding place for many of the Southern Ocean's birds and animals. The avian statistics are remarkable; around 3.5 million seabirds arrive on Macquarie Island each year to breed and moult. This includes an estimated 850,000 royal penguins, 100,000 breeding pairs of king penguins and over 5,000 breeding pairs of gentoo penguins. In addition, four species of fur seals and the southern elephant seal come ashore to breed and moult every year.



DAY ITINERARY

DAY	ITINERARY
1	Dunedin (New Zealand). Embarkation from 16.00 to 17.00
2	Ulva Island (New Zealand)
3	Dusky Sound (New Zealand) Doubtful Sound (New Zealand)
4	Milford Sound (New Zealand)
5	The Snares (New Zealand)
6	Enderby Island, Auckland Islands (New Zealand) Musgrave Inlet, Auckland Islands (New Zealand)
7	At sea
8	Sandy Bay, Macquarie Island (Australia)
9	Station Anare, Macquarie Island (Australia)
10	At sea
11	Campbell Island (New Zealand)
12	At sea
13	Antipodes Island (New Zealand)
14	At sea
15	Dunedin (New Zealand) – Arrival: 08.00 – Disembarkation

Highlights*:

- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- **UNESCO World Heritage Sites:** Te Wāhipounamu and its majestic Milford Sound, Dusky Sound and Doubtful Sound and New Zealand's Sub-Antarctic Islands (Snares, Auckland and Campbell Islands).
- The fauna: Fiordland crested penguins, Snares penguins, Antarctic and Sub-Antarctic fur seals, New Zealand sea lions and southern elephant seals.
- Explore the Snares, home to more nesting seabirds than the entire realm of the British Isles.
- Gain an insight into the history and the diversity of flora and fauna from your expert expedition team on board and while exploring by zodiac inflatables.

*Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.

14th December 2022 departure: **cruise in collaboration with National Geographic Expeditions** with a Photographer and an Expert onboard.







LE COMMANDANT CHARCOT

Discover our trips to the farthest reaches of the southern lands
and touch the naked beauty of the world.



In the footsteps of the legendary explorers

Although the existence of an Antarctic Continent was mentioned by Aristotle from the Antiquity, it wasn't until 1773 that James Cook crossed the Antarctic Polar Circle for the first time. Other explorers would follow in his footsteps and undertake expeditions to the South Pole. Charcot, Shackleton, Scott, Mawson, Dumont d'Urville, Ross, Amundsen... Aboard *Le Commandant Charcot*, the names of these legendary explorers resonate at every moment. Modern Antarctic exploration cannot be separated from the pioneers who travelled in these territories at the edges of the Earth. We humbly invite you to retrace the journeys of these legends, who conquered the final frontiers of the great South, at the very ends of the Earth, where there is still room to feed your dreams. Some journeys cannot be described. You simply have to experience them.



Sailing the southern seas

After the Roaring Forties and the Furious Fifties, the Screaming Sixties, these legendary latitudes, where the wind and the sea encounter no obstacles, *Le Commandant Charcot* will take you to the boundaries of the world, into the heart of the legendary southern seas. Inaccessible and elusive are certainly the adjectives that best describe these lands that are among our planet's most remote and least known. Like a real explorer, you will cross the mythical seas of Dumont d'Urville, Somov, Weddell, Amundsen, Bellingshausen or Ross, the largest marine sanctuary in the world. Here, the water displays all of its forms and the sea is the theatre of its fantasies. Appreciate the spectacle of the never-ending ice shelves that emerge, the surreal glaciers that calve and roar, the monumental icebergs that drift, the ice floe that appears on the horizon, limitless, as are the infinite possibilities of this extraordinary adventure aboard *Le Commandant Charcot*.





The captivating territories of the White Continent

The attraction exercised by the infinite territories of the southern continent will gradually overcome you as you approach its renowned inhospitable shores. The Charcot, Peter I and Pourquoi Pas Islands, which forged the legend of the polar explorers Charcot and Bellingshausen, will appear far on the horizon. Further south, the Adélie, Victoria and Marie Byrd Lands will reveal themselves. The first will plunge you into the heart of the French polar adventure where Paul-Émile Victor founded the Dumont d'Urville scientific station, in honour of the eponymous explorer. The second, claimed by the Australians, is forever linked to the name of the explorer Mawson, who defied the winds in Commonwealth Bay, which may exceed 240 km/h. As for the third, it is one of the planet's rare *terra nullius* – a territory claimed by no State – whose remoteness and climate have certainly kept it well away from human conquests. You have reached the lands of the kingdom of wilderness, a world where nature has raised its own cathedrals of ice, which offers itself to you but keeps its own secrets...



Experience the Antarctic differently

On board, on land, on ice or at sea, enjoy unique experiences combining adventure and thrills, for an intense immersion in the heart of the polar realm. Each activity* aboard *Le Commandant Charcot* will be led by our passionate expedition team, who are all experts in their field of specialisation, to allow you to see and feel things differently in this extreme part of the world. Contemplate and find new meaning during our discovery outings in zodiac inflatables, while kayaking or snowshoeing. Experience new sensations during a dive into the icy waters of the Arctic Ocean wearing a drysuit or just a swimsuit. Contribute to scientific knowledge of biodiversity, marine mammals or glaciology, and better understand mankind's place in its environment by actively helping our naturalists and scientists with data collection.

**Subject to weather conditions and availability. These experiences are unique and vary from day to day and with each departure. The captain and expedition leader will do their utmost to ensure that your experience is as rich as possible, in compliance with safety guidelines and AECO regulations.*





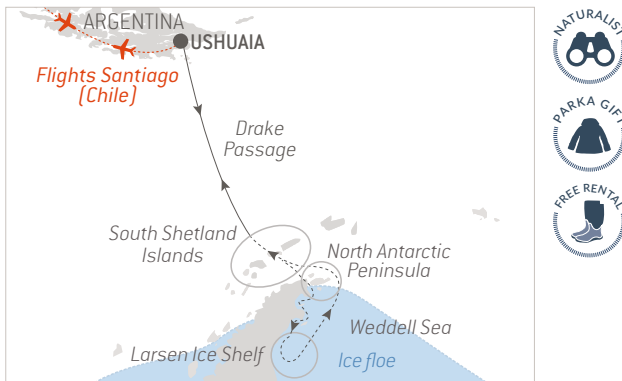
The Weddell Sea & Larsen Ice Shelf

USHUAIA • USHUAIA

LE COMMANDANT CHARCOT

12 days/11 nights 27th November and 8th December 2022

From € 15,230



DAY	ITINERARY
1	The day before boarding, overnight in Santiago. Flight Santiago/Ushuaia (Argentina). Embarkation from 16.00 to 17.00
2,3	Crossing the Drake Passage
4	South Shetland Islands (Antarctic)
5	North Antarctic Peninsula (Antarctic)
6	The Weddell Sea (Antarctic)
7,8	Sailing toward Larsen Ice Shelf (Antarctic)
9	The Weddell Sea (Antarctic)
10,11	Crossing the Drake Passage
12	Ushuaia (Argentina) – Arrival: 07.00 Disembarkation and transfer. Flight Ushuaia/Santiago.

Highlights:

- **Sail into the heart of the ice of the Weddell Sea**, discovering the impressive Larsen Ice Shelf and its immense table top icebergs.
- **Outings and shore visits in zodiac inflatables or hovercraft*** with a team of experienced naturalist guides.
- The lectures and information sessions hosted by our naturalist guides.
- The landscapes: alpine landscapes, table top icebergs, glaciers, ice floes.
- The wildlife: Weddell seals, crabeater seals and leopard seals, Adélie penguins, humpback whales, seabirds.
- **Many brand-new activities:** kayaking, hiking, snowshoeing, polar plunge without suit, polar swim with drysuit, participative science.

Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.

**Subject to the regulations in force.*

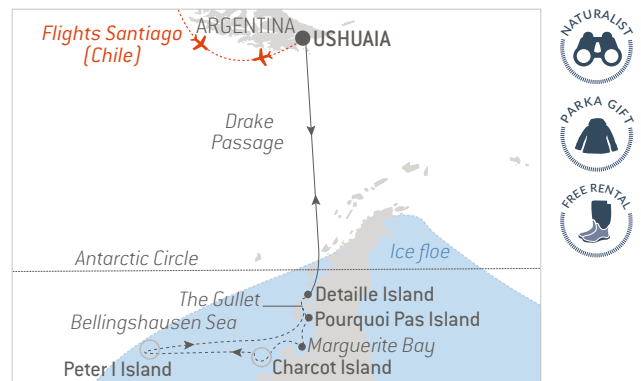
Expedition to Charcot & Peter I Islands

USHUAIA • USHUAIA

LE COMMANDANT CHARCOT

15 days/14 nights 2nd January 2023

From € 19,160



DAY	ITINERARY
1	The day before boarding, overnight in Santiago. Flight Santiago/Ushuaia (Argentina). Embarkation from 16.00 to 17.00
2,3	Crossing the Drake Passage
4	Crossing the Antarctic Circle – Detaille Island (Antarctic)
5	The Gullet (Antarctic) – Pourquoi Pas Island (Antarctic)
6	Marguerite Bay (Antarctic)
7,8	Expedition to Charcot Island (Antarctic)
9,10	Expedition to Peter I Island (Antarctic)
11	At sea
12	The Gullet (Antarctic)
13,14	Crossing the Drake Passage
15	Ushuaia (Argentina) – Arrival: 08.00 Disembarkation and transfer. Flight Ushuaia/Santiago.

Highlights:

- **Be among the few people on Earth who have approached two islands beyond the Antarctic Polar Circle.**
- **Outings and shore visits in zodiac inflatables or hovercraft*** with a team of experienced naturalist guides.
- The lectures and information sessions hosted by our naturalist guides.
- The landscapes: glaciers, icebergs, ice floes, steep cliffs and snow-covered mountains.
- The wildlife: humpback whales, gentoo penguins, Weddell seals.
- **Many brand-new activities:** kayaking, hiking, snowshoeing, polar plunge without suit, polar swim with drysuit, participative science.

Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.

**Subject to the regulations in force.*

The emperor penguins of Bellingshausen Sea

PUNTA ARENAS • USHUAIA 30th October 2022
USHUAIA • USHUAIA 13th November 2022
LE COMMANDANT CHARCOT 15 days/14 nights
From € 21,160



Emperor penguins

Of the 17 penguin species recorded on the planet, and of the five that nest in Antarctica, the emperor penguin is the most iconic. Despite the White Continent's extreme temperatures, which can drop to -90°C, and its winds exceed 200 km/h, this fascinating bird has chosen it as home. So your only choice, if you want to see it, is to go to Antarctica. Its four layers of scale-like feathers, its thick layer of fat, its unique circulatory system, which enables it to minimise heat transfer, and other special anatomical features make it the only animal in the world capable of living in such an environment. An encounter with these penguins promises intense emotions.

DAY	ITINERARY
1	The day before boarding, overnight in Santiago. Flight Santiago/Punta Arenas (Argentina) . Embarkation from 16.00 to 17.00
2,3	At sea
4	Crossing the Antarctic Circle
5	Expedition to Charcot Island (Antarctic)
6	At sea
7	Expedition to Peter I Island (Antarctic)
8,9	English Coast – in search of emperor penguins (Antarctic)
10	Marguerite Bay (Antarctic)
11	Stonington Island (Antarctic) – Pourquoi Pas Island (Antarctic)
12	The Gullet (Antarctic) – Detaille Island (Antarctic)
13,14	Crossing the Drake Passage
15	Ushuaia (Argentina) – Arrival: 08.00 Disembarkation and transfer. Flight Ushuaia/Santiago .

Highlights:

- **A unique opportunity to contemplate emperor penguins at the end of the austral winter.**
- **Outings and shore visits in zodiac inflatables or hovercraft*** with a team of experienced naturalist guides.
- The lectures and information sessions hosted by our naturalist guides.
- Approach two islands beyond the Antarctic Polar Circle.
- The landscapes: glaciers, icebergs, thick ice floes, ice shelves.
- The fauna: emperor penguins, humpback whales, Adélie penguins, Weddell seals.
- **Many brand-new activities:** kayaking, hiking, snowshoeing, polar plunge without suit, polar swim with drysuit, participative science.

*Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.
 Subject to the regulations in force.



The Weddell Sea & the South Sandwich Islands

USHUAIA • MONTEVIDEO
LE COMMANDANT CHARCOT
 18 days/17 nights 12th March 2023
 From € 20,990



DAY	ITINERARY
1	The day before boarding, overnight in Santiago. Flight Santiago/Ushuaia (Argentina). Embarkation from 16.00 to 17.00
2, 3	Crossing the Drake Passage
4	South Shetland Islands (Antarctic)
5	North Antarctic Peninsula (Antarctic)
6, 7	The Weddell Sea (Antarctic)
8	Southern Thule, South Sandwich Islands (South Georgia)
9	Saunders Island, South Sandwich Islands (South Georgia)
10	Zavodovski Island, South Sandwich Island (South Georgia)
11	At sea
12, 13	South Georgia (South Georgia)
14 to 17	At sea
18	Montevideo (Uruguay) – Arrival: 07.00 – Disembarkation.

Highlights:

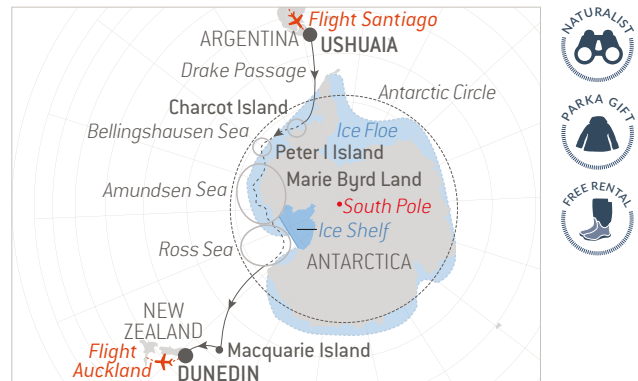
- Discover an itinerary along the Scotia Arc, between the Atlantic and Southern Oceans.
- Outings and shore visits in zodiac inflatables or hovercraft* with a team of experienced naturalist guides.
- The lectures and information sessions hosted by our naturalist guides.
- The landscapes: volcanic mountains on the South Sandwich Islands, table top icebergs in the Weddell, glaciers, ice floes.
- The wildlife: king penguins, Adélie penguins, fur seals, elephant seals, whales, seabirds.
- **Many brand-new activities:** kayaking, hiking, snowshoeing, polar plunge without suit, polar swim with drysuit, participative science.

*Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.
 Subject to the regulations in force.

Unexplored Antarctica between two continents

NEW

USHUAIA • DUNEDIN
LE COMMANDANT CHARCOT
 29 days/28 nights 16th January 2023
 From € 37,530



DAY	ITINERARY
1	The day before boarding, overnight in Santiago. Flight Santiago/Ushuaia (Argentina). Embarkation from 16.00 to 17.00
2, 3	Crossing the Drake Passage
4	Crossing the Antarctic Circle
5	Expedition to Charcot Island (Antarctic)
6	Bellingshausen Sea
7	Expedition to Peter I Island (Antarctic)
8	Amundsen Sea
9 to 15	Expedition to Marie Byrd Land (Antarctic)
16	Expedition to Ross Sea
16	Crossing the international date line
17 to 21	Expedition to Ross Sea
22 to 24	At sea
25	Macquarie Island (Australia)
26, 27	At sea
28	Dunedin (New Zealand) – Arrival: 07.00 Disembarkation and transfer. Flight Dunedin/Auckland.

Highlights:

- **The all-new half-circumnavigation of the Antarctic**, a dive into the history of the conquest of the South Pole.
- **Outings and shore visits in zodiac inflatables or hovercraft*** with an reinforced team of naturalist guides.
- The crossing of three southern seas and the exploratory approach to some of the most little-known islands in the world.
- The landscapes: ice shelves – including that of Ross – glaciers, icebergs, immersion in the heart of the ice floe.
- The wildlife: crabeater seals, leopard seals, Weddell seals, humpback whales, orcas, king penguins and Adélie penguins.
- **Many brand-new activities:** kayaking, hiking, snowshoeing, polar plunge without suit, polar swim with drysuit, participative science.

*Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.
 Subject to the regulations in force.

From Dumont d'Urville to Mawson: retracing Heroic Age expeditions

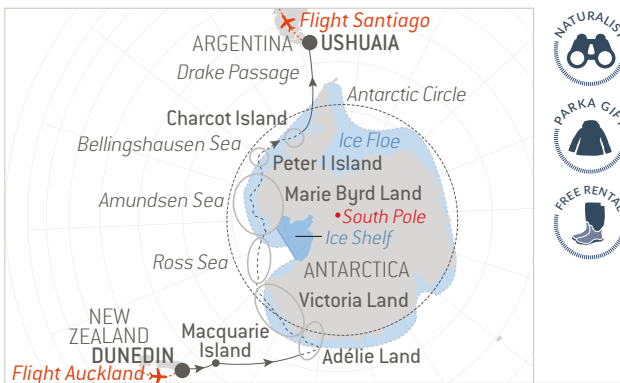
NEW

DUNEDIN • USHUAIA

LE COMMANDANT CHARCOT 27 days/26 nights

14th February 2023

From € 35,500



Elusive Marie Byrd Land

Marie Byrd Land is one of the most remote territories of our planet's most inaccessible continent. It is a privilege to just be able to contemplate its shores! Between the Ross Sea and its large shelf to the east and Bellingshausen Sea to the west, the frozen coastlines of these lands are bordered by the Amundsen Sea, partially covered by a thick ice floe. Stretching across more than a million km² in Western Antarctica, its ground is also isolated from the rest of the continent by the Transantarctic Mountains. It is certainly this geographic remoteness and its harsh climate that have made it one of our planet's rare *terra nullius*, a territory claimed by no state. The exploration of its ice-sculpted landscapes will plunge you into the infinite Antarctic desert, where penguins, seals, whales and orcas are the only living souls.

DAY ITINERARY

DAY	ITINERARY
1	The day before boarding, overnight in Auckland. Flight Auckland/Dunedin (New Zealand). Embarkation from 16.00 to 17.00
2, 3	At sea
4	Macquarie Island (Australia)
5, 6	At sea
7	Adélie Land (Antarctic)
8 to 11	Victoria Land (Antarctic)
12	Ross Sea
13	Crossing the international date line
14, 15	Ross Sea
16 to 18	Expedition to Marie Byrd Land (Antarctic)
19, 20	Amundsen Sea
21	Bellingshausen Sea
22	Expedition to Peter I Island (Antarctic)
23	Bellingshausen Sea
24	Expedition to Charcot Island (Antarctic)
25	At sea
26, 27	Crossing the Drake Passage
28	Ushuaia (Argentina) – Arrival: 08.00 Disembarkation and transfer. Flight Ushuaia/Santiago .

Highlights:

- **The all-new half-circumnavigation of the Antarctic**, a dive into the history of the French and Australian conquests of the South Pole, between Adélie Land, Marie Byrd Land and Victoria Land.
- **Outings and shore visits in zodiac inflatables or hovercraft*** with an reinforced team of naturalist guides.
- The crossing of five southern seas (Dumont d'Urville, Somov, Ross, Amundsen and Bellingshausen) and the exploratory approach to some of the most little-known islands in the world (Charcot Island, Peter I Island and the Marie Byrd Land Islands).
- The landscapes: ice shelves, glaciers, icebergs, immersion in the heart of the ice floe.
- The wildlife: crabeater seals, leopard seals, Weddell seals, humpback whales, orcas, king penguins and Adélie penguins.
- **Many brand-new activities:** kayaking, hiking, snowshoeing, polar plunge without suit, polar swim with drysuit, participative science.

*Each departure is unique. The itinerary, landings, wildlife encounters and activities are subject to weather and ice conditions.
Subject to the regulations in force.



Pre- & Post-Cruise Programmes

We invite you to enhance your cruise and extend your trip with carefully designed, high-quality programmes organised to tie in with the flights selected by PONANT. These are group excursions, and are available either immediately before or after your cruise; they must be booked before departure.

Please find below samples of the programmes available in Antarctica for Winter 2022-2023 season.

Full tour programme and prices are available on our website www.ponant.com 12 months prior to your cruise departure, or call your travel agent.

From Ushuaia, Argentina

Iguazu Falls

(4 days/3 nights, price per person: from €1,790)

Discover one of the most amazing natural wonders in the world! Following your arrival in Buenos Aires, you will enjoy a free afternoon and evening in the Argentinian capital before flying to the Iguazu Falls, a UNESCO World Heritage site, the next day. On this Brazilian shore, you will have a complete panorama of three kilometres of vertiginous waterfalls. You will then cross the border to the Argentinian side where a number of footbridges will let you get remarkably close to the falls, in the midst of the rainforest.

Your pre-cruise programme:

Ushuaia • Montevideo – 5th March 2023 aboard *L'Austral*
Ushuaia • Talcahuano – 7th March 2023 aboard *Le Boréal*
Ushuaia • Buenos Aires – 16th March 2023 aboard *Le Lyrial*

This programme is also available 4 nights after your cruise:

Talcahuano • Ushuaia – 23rd October 2022 aboard *L'Austral*

Patagonia, land of contrasts

(5 days/4 nights, price per person: from €2,790)

During this rich and varied programme, you will discover the attractive and thrilling capital of Argentina at your own pace, before setting off to explore the wild nature of Patagonia in the Torres del Paine National Park, with its magnificent lakes, translucent glaciers, immense age-old forests and rich fauna... Finally you will admire the spectacular Perito Moreno Glacier and its wall of intense blue ice. Do not miss this breathtaking sight.

Your pre-cruise programme:

Ushuaia • Ushuaia – 5th, 20th November, 1st and 11th December 2022; 10th, 29th January, 23rd February 2023 aboard *L'Austral*
Ushuaia • Ushuaia – 7th, 22nd November, 17th, 27th December 2022; 16th, 26th January, 5th, 15th and 25th February 2023 aboard *Le Boréal*
Ushuaia • Ushuaia – 16th November, 1st December 2022; 1st and 11th February, 3rd March 2023 aboard *Le Lyrial*



Stay in Buenos Aires

(2 days/1 night, price per person: from €190)

Extend your cruise in Antarctica, in the heart of the lively and attractive Argentinian capital. After settling in at a high-quality hotel, you will enjoy a free afternoon to explore fascinating Buenos Aires. The Plaza de Mayo, the Presidential Palace, the cathedral and the town hall are all iconic sites that you can visit before enjoying dinner at the hotel a little later in the evening.

Your post-cruise programme:

Ushuaia • Ushuaia – 5th, 20th November, 1st and 11th December 2022; 10th, 29th January, 23rd February 2023 aboard *L'Austral*
Ushuaia • Ushuaia – 7th, 22nd November, 17th, 27th December 2022; 16th, 26th January, 5th, 15th and 25th February 2023 aboard *Le Boréal*
Ushuaia • Ushuaia – 16th November, 1st December 2022; 1st and 11th February, 3rd March 2023 aboard *Le Lyrial*
Talcahuano • Ushuaia – 23rd October 2022 aboard *L'Austral*

From Talcahuano, Chile

The Atacama Desert

(4 days/3 nights, price per person: from €1,950)

After a visit to the historic centre of Santiago and a domestic flight to Calama, you will discover the world's most arid desert, its Inca ruins and fortresses, and its vast expanses between the Pacific Ocean and the Andes cordillera. The Atacama Salt Flats, the largest in Chile, are scattered with lakes and lagoons that are home to birds including Chilean flamingos. A few kilometres from there, the Valley of the Moon, sculpted by the wind and the sun, will reveal its most beautiful lights and colours at dusk.

Your pre-cruise programme:

Talcahuano • Ushuaia – 23rd October 2022 aboard *L'Austral*



From Santiago to Talcahuano

(2 days/1 night, price per person: from €240)

This programme will let you discover Santiago, one of the liveliest cities in South America. From the airport, you will head to your hotel. You will then enjoy lunch and have a free afternoon to discover the Chilean capital at your leisure. After breakfast, you will head for the airport and then Talcahuano, where your unforgettable cruise will begin.

Your pre-cruise programme:

Talcahuano • Ushuaia – 23rd October 2022 aboard *L'Austral*

Stay in Santiago

(2 days/1 night, price per person: from €230)

Extend your stay and set off to visit Santiago. Once you have arrived in your high-quality hotel in the very heart of the city, you will enjoy a free afternoon to explore the Chilean capital, which is surrounded by the snow-capped peaks of the Andean cordillera. You will dine at the hotel in the evening.

Your post-cruise programme:

Ushuaia • Talcahuano – 7th March 2023 aboard *Le Boréal*

Le Commandant Charcot tailor-made

From Ushuaia, Argentina

Overnight in Santiago

(1 night, price per person: contact us)

After your Antarctic odyssey, enjoy a night in a 5* hotel in Santiago, and conclude your journey in a refined setting. Let yourself be enveloped in a bubble of tranquility before your return flight the next day.

Your post-cruise programme:

For all cruises arriving at Ushuaia aboard *Le Commandant Charcot*.

From Dunedin, New Zealand

Overnight in Auckland

(1 night, price per person: contact us)

Complete your Antarctic cruise aboard *Le Commandant Charcot* with an overnight stay in Auckland, New Zealand's capital. In a luxury hotel, your journey ends in style before your transfer to the airport the following morning.

Your post-cruise programme:

Ushuaia • Dunedin – 16th January 2023 aboard *Le Commandant Charcot*.

Optional flights from/to Paris

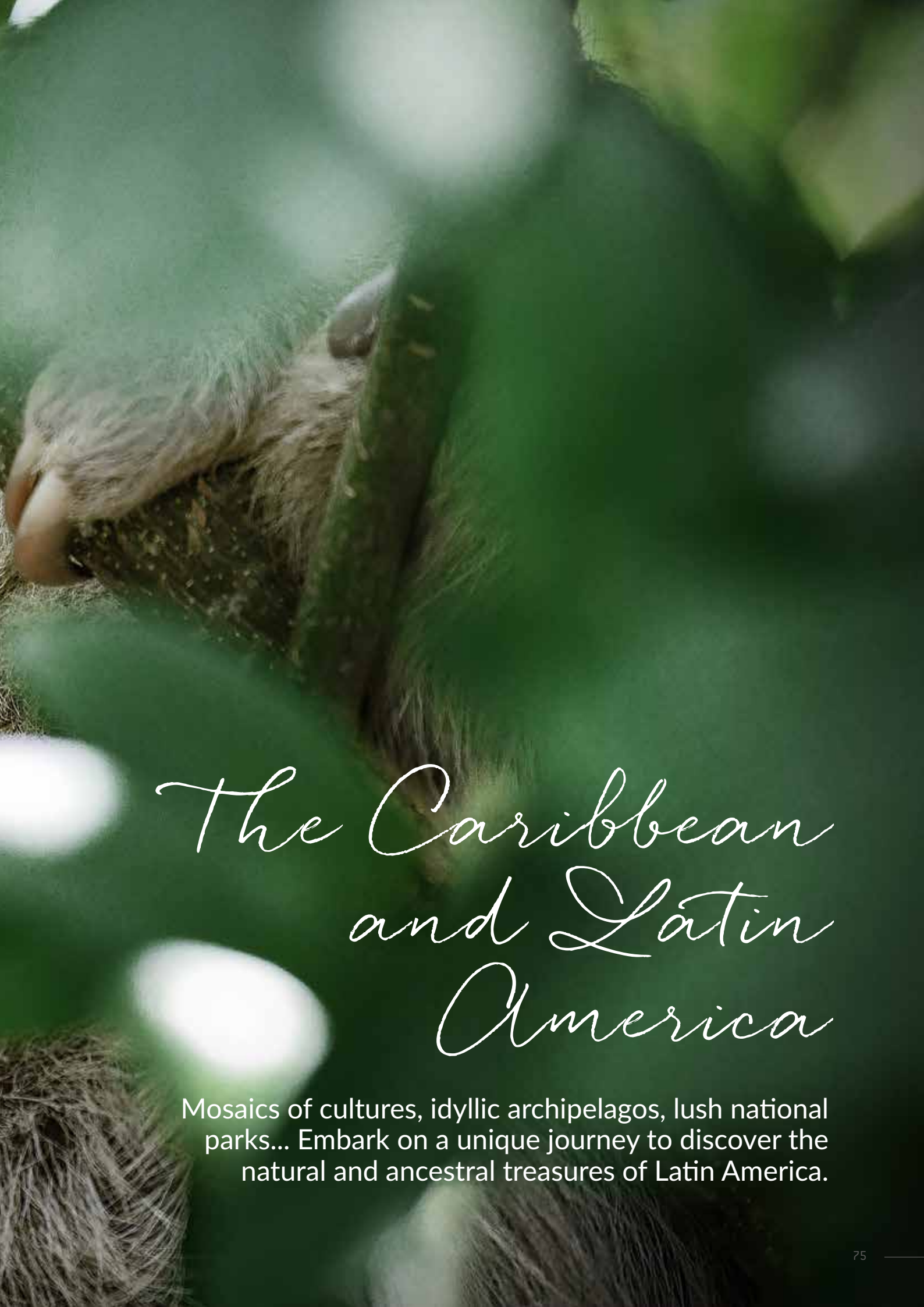
For more peace of mind, PONANT books your flights from and to Paris to complete your Antarctic cruises.

A unique concierge service

To assist you in all the steps related to your cruise, our Concierge Travel team is at your disposal at any time.

Our experts are at your service to help you plan and develop your tailor-made trip. Before embarking *Le Commandant Charcot*, our team will take care of making your personalised wishes come true and offer you unique services for an exceptional trip, in complete serenity.





*The Caribbean
and Latin
America*

Mosaics of cultures, idyllic archipelagos, lush national parks... Embark on a unique journey to discover the natural and ancestral treasures of Latin America.

Not to be missed

The Caribbean and Latin America are more than a link between two continents and two oceans; as you sail through them, they reveal their own riches. Set off to discover these ancient lands nestled in the heart of a tropical forest with a unique biodiversity, before delighting at the stunning sight of the Caribbean's long fine-sand beaches and turquoise waters.

Colonial cities, Mayan and Incan secrets, heavenly Caribbean islands, wild and unspoiled expanses... A host of natural and legendary treasures will make your cruise unique and exceptional.



Divine Caribbean

Magical islands, an idyllic setting and a gentle way of life... Set sail for the Caribbean islands, pearls of the South, against the stunning backdrop provided by the aquamarine water. How can you resist the charm of these picture-postcard islands where the golden beaches lined with coconut trees hug the turquoise sea and where time seems to stretch on to infinity? Here, the sea is everywhere. In the south, it outlines the curves of the long sandy beaches that stretch out in the shade of the palm trees, while in the north it is topped with white spray splashing at the foot of volcanoes. The Caribbean Sea is truly a paradise for divers, offering an exceptional underwater environment of coral reefs and multicoloured fish. During your cruise, discover Dominica, Martinique, or Saint Lucia, all ports of call offering both natural beauty and an interesting historical heritage.

Exuberant nature

Latin America offers travellers vast territories and fascinating landscapes: we invite you to discover its most beautiful national parks. At the meeting point of Central and South America, discover the unspoiled jungle of Darien, listed by UNESCO World Heritage. On the southern part of the Nicoya Peninsula, you will also explore the oldest protected park in the country: the small Curú Wildlife Refuge. After a short zodiac trip, you will discover, via the paths that criss-cross the tropical forest and lead to magnificent beaches, the most emblematic species of Costa Rica. You might also have the chance to observe scarlet macaws or spider monkeys, which have thrived in this preserved environment since their recent reintroduction.

Unforgettable encounters

Visiting Latin America is a chance to meet the mosaic of peoples that live there. On the San Blas Islands, discover the Guna, their ancient customs and their handicrafts, including the refined molas, multicoloured fabrics with geometric designs. The origins of this warrior tribe remain uncertain, although it would seem that their lineage can be traced back to the Mayans and the Amazon Indians. Further south, in the Darién region, you will enter the heart of Emberá territory for a chance to share some moments in the daily life of this forest people. You will also explore the history of Peru and Chile through their multi-faceted populations. Here, indigenous tribes co-exist with immigrants who arrived in successive waves, forming a unique mix of cultures.



Why set sail with PONANT?

- To discover and explore the many towns, cities and places inscribed as UNESCO World Heritage Sites.
 - Natural sites such as Saint Lucia and its rocky pitons, the Great Blue Hole of Belize, the cenotes of Yucatán, and the Atacama Desert.
 - The scintillating historic centres of colonial cities such as New Orleans, Santo Domingo and Cartagena.
 - Major sites of the pre-Colombian Maya and Inca civilisations, such as Machu Picchu, the pyramidal temples of Tikal, the ruins of Tulum, and Pisco.
- For extraordinary encounters with indigenous communities, such as the Guna people of the San Blas Islands and the Emberá tribe of Darién National Park.
- For the opportunity to see and observe the incredibly rich fauna of tropical forests (such as howler monkeys, sloths and toucans).
- For the exceptional seabeds of the Caribbean, with the opportunity to go snorkelling and scuba diving on certain cruises.

Must-see destinations

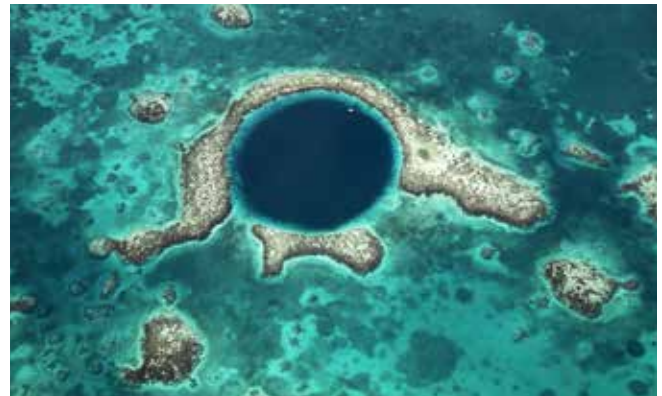


Vibrant Santo Domingo

Located on the south coast of the island of Hispaniola, the capital of the Dominican Republic, Santo Domingo, is also the oldest town in the Caribbean and the New World. Officially founded in the late 15th century by the younger brother of Christopher Columbus, and named after Saint Dominic, the founder of the Dominican order, the city boasts an immense historical heritage. At the heart of the old colonial town surrounded by walls and listed as a UNESCO World Heritage Site, you will be able to admire the oldest Spanish constructions in the Americas. As you wander through the city streets, do not miss the imposing Cathedral of Santa Maria and the Alcázar de Colón, once a fortified Spanish palace. Here, the Caribbean city's charm exudes from the narrow streets lined with colourful houses, dotted with bougainvilleas and punctuated with monasteries and numerous churches.

Multicultural Belize City

Belize City is the former capital and the country's largest town. Located on the Caribbean Sea, this lively town symbolises the fusion of British, Spanish and Maya cultures. The departure point for flights over the Great Blue Hole and the barrier reef, it's also the ideal gateway for discovering the treasures of Mayan architecture: in the heart of the jungle, the grandiose and mysterious ruins of temples and palaces at the Lamanai and Xunantunich archeological sites await you. Another unmissable experience: a trip to the mouth of the Belize River where with a little luck and care, you will get a glimpse of manatees, dolphins, crocodiles, iguanas and many aquatic bird species.



Idyllic Saint Barthelemy

Lovers of this island call it St. Barts. This French island in the Lesser Antilles was discovered by Christopher Columbus in 1493. Ever since, this tiny mountainous volcanic gem with its unspoiled nature has been enchanting visitors. You will enjoy the beauty of its large paradisiacal beaches, plus the charm and refinement of its old wooden houses and its sumptuous colonial manors. Although, as you saunter through the streets of Gustavia or Saint Jean, you will come across jewellers, top fashion boutiques and fine restaurants, there is also a simplicity that money can't buy... From Gustavia, you can walk to Shell Beach, a lovely sheltered beach covered in small shells.





The French Caribbean and Les Saintes Bay

Made up of nine small islets and discovered by Christopher Columbus, Les Saintes awaken the imagination of travellers and offer extraordinary panoramas. Proudly ranked as the third most beautiful bay in the world, Les Saintes Bay, which formerly attracted pirates and privateers, is now a highly desirable anchorage. During your stopover here, do not miss the chance to discover the richness and diversity of the underwater world in these crystal-clear waters during unforgettable dives, and let your gaze wander to the horizon, guided by the entertaining ballet of the saintoises, the small and colourful local fishing boats.



Progreso, a historical port of call

On the Yucatán Peninsula, the charming seaside town of Progreso will delight visitors seeking authenticity. In addition to its magnificent sandy beaches and pleasant seafront promenade, the town offers ideal access to the former Mayan cities of Chichén Itzá and Uxmal. UNESCO World Heritage sites, they allow visitors to be truly immersed in Pre-Columbian Mexico, discovering one of the world's most mysterious civilisations. Be sure to visit Mérida, capital of the Mexican state of Yucatán. Called "the White City" due to the colour of the limestone used to build its dwellings, this old colonial city, built on the ruins of a Mayan site, offers a mix of tradition and modernity, colonial architecture and Mayan heritage.



Wild landscapes from Saint Lucia

A jewel of the Caribbean with picture-postcard settings, this small island offers visitors a luxuriant and wild natural environment. Long fine-sand beaches, crystal-clear waters, hidden waterfalls, not to mention its two rocky peaks listed as UNESCO World Heritage Sites are some of the natural wonders that make the island of Saint Lucia so beautiful. But its famous Soufrière is without a doubt what distinguishes it from its Caribbean sisters. Here, the thick mantle of greenery of the rainforest give way to a lunar landscape with the smell of sulphur, while the fumaroles shooting out of the ground provide proof that this imposing volcano is still very active.

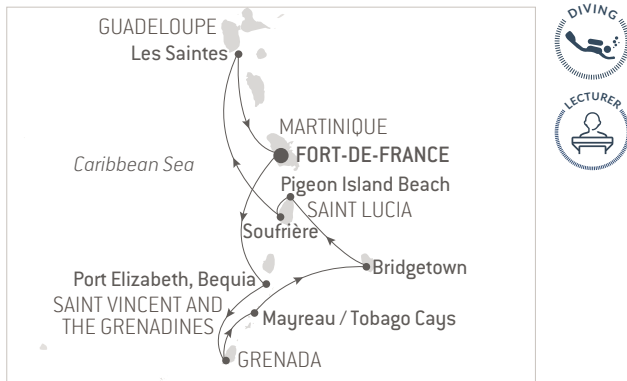


Mythical crossing of the Panama Canal

Aboard your ship, experience something unique that has inspired the imagination of numerous adventurers in the 20th century: sailing the Panama Canal. Its construction started in 1880 under the direction of Ferdinand De Lesseps. Abandoned then resumed, this marvel of engineering was completed by the United States in 1887 and opened in 1914. The canal crosses the Isthmus of Panama and links the Atlantic to the Pacific. It includes three levels of locks and by raising ships to the level of Lake Gatun, almost as if the water was a lift, it allows them to avoid having to round Cape Horn.

Pearls of the Caribbean

FORT-DE-FRANCE • FORT-DE-FRANCE
LE DUMONT-D'URVILLE 9 days/8 nights
 25th November, 15th December 2022; 16th January 2023
From € 3,070



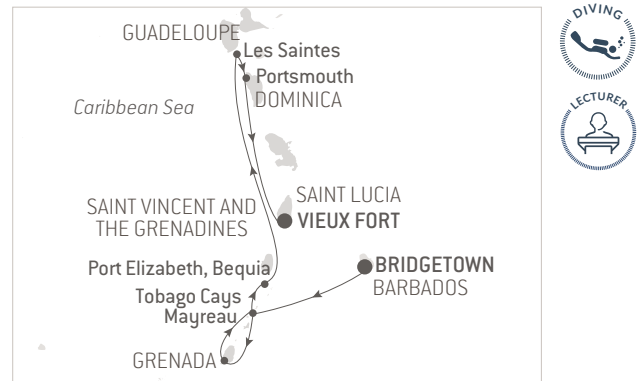
DAY	ITINERARY	PORT OF CALL	DURATION
1	Fort-de-France (Martinique) Embarkation from 16.00 to 17.00		
2	Port Elizabeth, Bequia Island (Saint Vincent and the Grenadines)		Full day and evening
3	Saint George's (Grenada)		Full day
4	Mayreau Island (Saint Vincent and the Grenadines)		Full day and evening
5	Tobago Cays (Saint Vincent and the Grenadines)		Full day and evening
6	Bridgetown (Barbados)		Full day and evening
7	Pigeon Island Beach (Saint Lucia) Soufrière (Saint Lucia)		Morning Afternoon and evening
8	Les Saintes (Guadeloupe)		Full day
9	Fort-de-France (Martinique) - Arrival: 06.00 Disembarkation		

Highlights:

- **UNESCO World Heritage Site:** Saint Lucia and its two rocky peaks.
- A true picture-postcard of the West Indies: long white-sand beaches, colourful seabeds, and the easy Creole way of life.
- Discover the Grenadine Islands, considered one of the world's most stunning archipelagos.
- On Mayreau Island exclusive access to a private beach for the day, plus barbecue.
- Exceptional seabed with possibility of observing turtles, barracuda, spiny lobsters and parrot fish.
- Multiple opportunities to swim in crystal-clear waters.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

In the heart of the West Indies

VIEUX FORT • BRIDGETOWN 25th February 2023
BRIDGETOWN • VIEUX FORT 5th March 2023
LE DUMONT-D'URVILLE 9 days/8 nights
From € 3,070



DAY	ITINERARY	PORT OF CALL	DURATION
1	Bridgetown (Barbados). Embarkation from 16.00 to 17.00		
2	Bridgetown (Barbados)		Full day and evening
3	Tobago Cays (Saint Vincent and the Grenadines)		Full day
4	Saint George's (Grenada)		Full day and evening
5	Mayreau Island (Saint Vincent and the Grenadines)		Full day
6	Port Elizabeth, Bequia Island (Saint Vincent and the Grenadines)		Morning
7	Les Saintes (Guadeloupe)		Full day and evening
8	Portsmouth (Dominica)		Full day
9	Vieux Fort (Saint Lucia) - Arrival: 07.00 Disembarkation		

See website for an enriched departure from Vieux Fort to Bridgetown on 25th February 2023 in alliance with Smithsonian Journeys. Two Smithsonian Journeys experts will join this departure.



Highlights:

- A cruise in the heart of the West Indies discovering seven islands.
- **UNESCO World Heritage Site:** Saint Lucia and its two rocky peaks.
- Discover the Grenadine Islands, considered one of the world's most stunning archipelagos.
- On Mayreau Island exclusive access to a private beach for the day, plus barbecue.
- Exceptional seabed with possibility of observing turtles, barracuda, spiny lobsters and parrot fish.
- Multiple opportunities to swim in crystal-clear waters.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

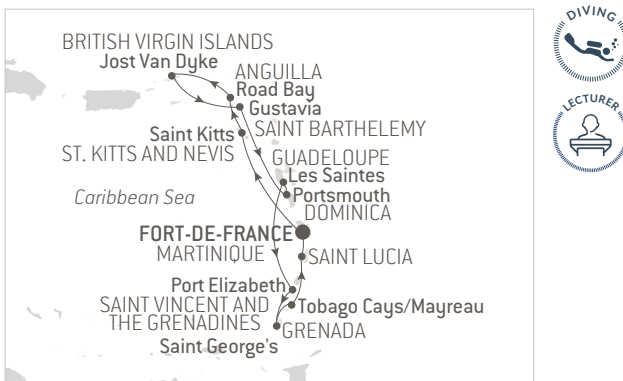
The essential of the Caribbean

FORT-DE-FRANCE • FORT-DE-FRANCE

LE DUMONT-D'URVILLE 13 days/12 nights

13th November & 3rd December 2022; 24th January, 13th February & 13th March 2023

From € 4,610



Tranquillity and the Grenadines

The Grenadine Islands are a string of Caribbean jewels with a sweet name, extending over the cobalt water. A stay in the heart of the Grenadines will have you lazing on beaches and flirting with the wind as you hop from island to island. During your cruise, discover Mayreau, the archipelago's smallest inhabited island; or the elegant St George's, nestled in a sheltered bay in Grenada. Here, the long strips of white sand punctuated by coconut trees are an invitation to swim and discover the exceptional seabed. Whether you love to dive or are seeking an escape to peace and quiet, the Grenadines offer myriad isolated bays, protected by a coral reef. A veritable kaleidoscope of colours, the reef is frequented by multicoloured fish and sea turtles.



DAY	ITINERARY	PORT OF CALL DURATION
1	Fort-de-France (Martinique). Embarkation from 16.00 to 17.00	
2	South Friars Bay, Saint Kitts (St. Kitts and Nevis)	Afternoon
3	Road Bay (Anguilla)	Full day
4	Jost Van Dyke (British Virgin Islands)	Full day
5	Gustavia (Saint Barthelemy)	Full day
6	Portsmouth (Dominica)	Full day
7	Les Saintes (Guadeloupe)	Full day
8	Port Elizabeth, Bequia Island (Saint Vincent and the Grenadines)	Full day and evening
9	Saint George's (Grenada)	Full day
10	Tobago Cays (Saint Vincent and the Grenadines)	Full day
11	Mayreau Island (Saint Vincent and the Grenadines)	Full day and evening
12	Pigeon Island Beach (Saint Lucia) Soufrière (Saint Lucia)	Morning Afternoon
13	Fort-de-France (Martinique) - Arrival: 07.00 - Disembarkation	

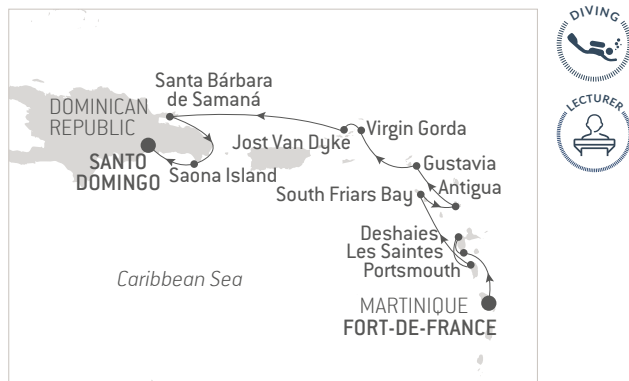


Highlights:

- A cruise in the heart of the West Indies discovering 10 islands.
- **UNESCO World Heritage Site:** Brimstone Hill Fortress National Park in St. Kitts and Nevis, Morne Trois Pitons National Park on Dominica, Saint Lucia's rocky peaks.
- Exceptional seabed with possibility of observing turtles, barracuda, spiny lobsters and parrot fish.
- Exploring the British Virgin Islands and its stunning beaches.
- On Dominica, the National Park of Cabrits and Fort Shirley.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

Santo Domingo and Caribbean treasures

FORT-DE-FRANCE • SANTO DOMINGO 23th December 2022
SANTO DOMINGO • FORT-DE-FRANCE 4th January 2023
LE DUMONT-D'URVILLE 13 days/12 nights
From € 4,610



DAY	ITINERARY	PORT OF CALL	DURATION
1	Fort-de-France (Martinique). Embarkation from 16.00 to 17.00		
2	Les Saintes (Guadeloupe)		Full day and evening
3	Deshaies (Guadeloupe)		Full day and evening
4	Portsmouth (Dominica)		Full day
5	South Friars Bay, Saint Kitts (St. Kitts and Nevis)		Full day and evening
6	Antigua (Antigua and Barbuda)		Full day
7	Gustavia (Saint Barthelemy)		Full day and evening
8	Virgin Gorda (British Virgin Islands)		Full day and evening
9	Jost Van Dyke (British Virgin Islands)		Full day and evening
10	At sea		
11	Santa Bárbara de Samaná (Dominica)		Full day
12	Saona Island (Dominica)		Full day
13	Santo Domingo (Dominica) - Arrival: 07.00 Disembarkation		



23rd December 2022 departure: **Experience a magical Christmas and New Year's Eve with PONANT in the heart of the West Indies.**



Highlights:

- A cruise in the heart of the West Indies, discovering eight islands.
- **UNESCO World Heritage Sites:** Brimstone Hill Fortress National Park in St. Kitts and Nevis, Antigua Naval Dockyard, Morne Trois Pitons National Park on Dominica, city of Santo Domingo.
- Exploring the British Virgin Islands and its stunning beaches.
- Enjoying the lush tropical forest and the mangroves of the Dominican Republic and Dominica.
- Exceptional seabed with possibility of observing turtles, barracuda, spiny lobsters and parrot fish.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

Caribbean odyssey

NEW

FORT-DE-FRANCE • COZUMEL
LE BELLOT 15 days/14 nights
 22nd November 2022
From € 5,240



DAY	ITINERARY	PORT OF CALL	DURATION
1	Fort-de-France (Martinique). Embarkation from 16.00 to 17.00		
2	Les Saintes (Guadeloupe)		Full day
3	Antigua (Antigua and Barbuda)		Full day and evening
4	Gustavia (Saint Barthelemy)		Full day and evening
5	Virgin Gorda (British Virgin Islands)		Full day and evening
6	Jost Van Dyke (British Virgin Islands)		Full day and evening
7	At sea		
8	Santa Bárbara de Samaná (Dominica)		Full day
9	Saona Island (Dominica)		Full day and evening
10	Santo Domingo (Dominica)		Full day
11	Bahia de las Aguilas (Dominica)		Morning
12,13	At sea		
14	Cozumel (Mexico)		Afternoon and evening
15	Cozumel (Mexico). Disembarkation and transfer.		

Highlights:

- A cruise in the heart of the West Indies, discovering eight islands.
- **UNESCO World Heritage Sites:** Antigua Naval Dockyard, colonial city of Santo Domingo.
- Exploring the British Virgin Islands and its stunning beaches.
- Enjoying the lush tropical forest and the mangroves of the Dominican Republic.
- The picturesque villages and landscapes of Guadeloupe.
- Multiple opportunities to swim and snorkel in crystal-clear waters.
- Exceptional seabed with possibility of observing turtles, barracuda, spiny lobsters and parrot fish.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

Panama, Colombia & Caribbean Islands

COLÓN • FORT-DE-FRANCE

LE BELLOT 13 days/12 nights

17th March 2023

From € 4,680



The San Blas Islands, a Caribbean paradise

Located on the north-east coast of Panama, the San Blas archipelago is a string of coral islands that graces the heart of the Caribbean Sea. Over 300 islands and cays covering an area of 300 km² offer travellers a multitude of treasures. Sheltered behind a long coral reef, the San Blas Islands are full of paradisiac anchorages. The long white sandy beaches bounded by crystal-clear waters will allow you to relax and enjoy an incredible marine fauna. The archipelago is inhabited by the Kunas, a people who proudly guard this sacred territory and maintain a traditional way of life. They move from island to island to trade their crafts, especially molas, multicoloured weavings with various designs that adorn their clothes.



DAY	ITINERARY	PORT OF CALL DURATION
1	Colón (Panama). Embarkation from 16.00 to 17.00	
2	Portobelo (Panama)	Afternoon
3	San Blas Islands (Panama)	Morning
4	Cartagena (Colombia)	Full day and evening
5	Santa Marta (Colombia)	Full day and evening
6	At sea	
7	Bonaire (Netherlands Antilles)	Full day
8	At sea	
9	Saint George's, Grenada (Grenada)	Full day and evening
10	Mayreau Island (Saint Vincent and the Grenadines)	Full day
11	Soufrière (Saint Lucia)	Full day
12	Les Saintes (Guadeloupe)	Full day and evening
13	Fort-de-France (Martinique) - Arrival: 07.00 - Disembarkation	



Highlights:

- A cruise between Central America and the West Indies, exploring the natural treasures of the Caribbean Sea and its many cultural influences.
- **UNESCO World Heritage Sites:** Cartagena de Indias, an old colonial city; Saint Lucia's volcanic Pitons.
- The idyllic islets of San Blas, Bonaire and the Grenadines and their magnificent seabeds.
- Multiple opportunities to swim and snorkel in crystal-clear waters.
- On Mayreau Island, exclusive use of a private beach for the day plus barbecue.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

Caribbean Sea and Mayan secrets of the Yucatán

COZUMEL • COZUMEL

LE BELLOT 11 days/10 nights
6th, 16th, 26th December 2022

From € 4,240



DAY	ITINERARY	PORT OF CALL	DURATION
1	Cozumel (Mexico). Transfer and embarkation from 16.00 to 17.00		
2	At sea		
3	Seybaplaya (Mexico)		Full day
4	Progreso (Mexico)		Full day and evening
5	Progreso (Mexico)		Full day
6	At sea		
7	Water Caye (Honduras)		Afternoon
8	Santo Tomás de Castilla (Guatemala)		Full day
9	Belize City (Belize)		Full day and evening
10	Half Moon Caye (Belize)		Morning
11	Cozumel (Mexico) - Arrival: 06.30 - Disembarkation and transfer.		

26th December 2022 departure: **Experience a magical New Year's Eve with PONANT in the heart of the West Indies.**

Highlights:

- A cruise to four Central American countries: idyllic beaches, pre-Columbian sites, and discovery of the Garifuna culture.
- **UNESCO World Heritage Sites:** the historic town of Campeche, the pre-Columbian city of Uxmal, Tikal by plane and the archaeological park and Mayan ruins of Quirigua from Santo Tomás de Castilla; the Belize Barrier Reef with Half Moon Caye and the Great Blue Hole.
- Exceptional architectural heritage, vestige of the colonial era.
- From Progreso, visit Mérida, the capital of the state of Yucatán, renowned for its cultural heritage and the Mayan city of Uxmal.
- Swimming, snorkelling or scuba diving at the Great Blue Hole in Belize.
- The opportunity to visit Tulum before your cruise.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.
- Possibility of diving at the Blue Hole (for PADI Advanced Open Water Diver or equivalent only).

Between the Caribbean and the Maya

COZUMEL • COLÓN

LE BELLOT 10 days/9 nights
5th January 2023

From € 3,410



DAY	ITINERARY	PORT OF CALL	DURATION
1	Cozumel (Mexico). Transfer and embarkation from 16.00 to 17.00		
2	At sea		
3	Belize City (Belize)		Full day
4	Santo Tomás de Castilla (Guatemala)		Full day and evening
5	Water Caye (Honduras)		Full day
6,7	At sea		
8	Puerto Limón (Costa Rica)		Full day
9	San Blas Islands (Panama)		Afternoon
10	Colón (Panama) - Arrival: 07.00 Disembarkation		

Highlights:

- A cruise to six Central American countries between idyllic beaches and pre-Columbian sites.
- **UNESCO World Heritage Sites:** Tikal by plane and the archaeological park and Mayan ruins of Quirigua from Santo Tomás de Castilla; the Belize Barrier Reef and the Great Blue Hole.
- Visit of the Mayan sites of Xunantunich and Lamanai in the Belize jungle.
- The lush tropical forests of Costa Rica, from Puerto Limón.
- The idyllic islets of Water Caye and the San Blas archipelago and their magnificent seabeds.
- The opportunity to discover the crafts and traditions of the Kuna people in the San Blas Islands.

Caribbean beauty, Mayan treasures and jazz in New Orleans

NEW

FUERTE AMADOR • MIAMI

LE BORÉAL 17 days/16 nights

3rd April 2023

From € 5,680

**MUSÉE DU QUAI BRANLY
JACQUES CHIRAC**



Immersion in New Orleans

Along the Mississippi, festive and multicultural New Orleans is a captivating city. Founded in 1718 and the capital of Louisiana until 1880, it was ceded to the Spanish Empire then recovered by the French before being sold to the United States in 1803 by Napoleon Bonaparte. From the French Quarter to the colonial houses sporting elaborate wrought-iron balconies, the Native American, African, Creole, Cajun and European cultures have shaped this city's identity. The birthplace of Louis Armstrong and Sidney Bechet, it became the cradle of jazz and blues.



DAY	ITINERARY	PORT OF CALL DURATION
1	Fuerte Amador, Flamenco Island (Panama). <i>Embarkation from 16.00 to 17.00</i>	
2	<i>Crossing the Panama Canal</i>	
3	Puerto Limón (Costa Rica)	Full day
4,5	<i>At sea</i>	
6	Water Caye (Honduras)	Afternoon
7	Santo Tomás de Castilla (Guatemala)	Full day
8	Belize City (Belize)	Full day
9	<i>At sea</i>	
10	Progreso (Mexico)	Full day
11	<i>At sea</i>	
12	<i>Sailing on the Mississippi River</i>	
13	New Orleans (United States)	Full day and evening
14	New Orleans (United States)	Full day
15,16	<i>At sea</i>	
17	Miami (United States) - <i>Arrival: 08.00 - Disembarkation</i>	



Highlights:

- A cruise in partnership with the Musée du quai Branly - Jacques Chirac with the presence on board of anthropologist Steve Bourget.
- A brand-new cruise to seven Central American countries between idyllic beaches and pre-Columbian sites.
- **UNESCO World Heritage Sites:** Tikal by plane and the archaeological park and Mayan ruins of Quiriguá from Santo Tomás de Castilla; the Belize Barrier Reef and the Great Blue Hole.
- An exceptional sailing on the Mississippi River.
- The tropical forests of Costa Rica, from Puerto Limón.
- From Progreso, with an exceptional visit to the Mayan sites of Chichén Itzá and Uxmal, and the visit of Mérida.
- From Santo Tomás de Castilla, an extension is possible to visit the famous Tikal pyramids, incredible vestiges of the ancient Mayan civilisation, listed as a UNESCO World Heritage Site.
- Two nights in the festive and welcoming city of New Orleans.

Secrets of Central America

COLÓN • PUERTO CALDERA

LE BELLOT 11 days/10 nights

25th February 2023

From € 5,160



DAY	ITINERARY
1	Colón (Panama) . Embarkation from 16.00 to 17.00
2	Portobelo (Panama)
3,4	San Blas Islands (Panama)
5	Crossing the Panama Canal
6	Sailing around Pacheca island (Panama) Pearl Islands (Panama)
7	Playa Muerto, Darién National Park (Panama)
8	Cébaco Island (Panama)
9	Rio Esquinas (Costa Rica)
10	Curú Wildlife Refuge (Costa Rica)
11	Puerto Caldera (Costa Rica) - Arrival: 06.00 - Disembarkation

Highlights:

- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Encounters with local populations: the indigenous Emberas tribe in the Darién National Park and the Kuna people in the San Blas Islands.
- **UNESCO sites:** The fortifications of Portobelo, the Darién National Park from Playa Muerto.
- In Costa Rica, outings in the Curú Wildlife Refuge, sanctuaries of unspoiled nature.
- The magnificent San Blas archipelago and its fabulous underwater wildlife.
- Sail through the Panama Canal, truly a masterpiece of civil engineering.
- Fauna and lush flora: tropical forest, howler monkeys, sloths, tropical birds.

Panama and Costa Rica by Sea: the natural wonders of Central America

COLÓN • PUERTO CALDERA

LE BELLOT 8 days/7 nights

11th February 2023

From € 3,680



DAY	ITINERARY
1	Colón (Panama) . Embarkation from 16.00 to 17.00
2	San Blas Islands (Panama)
3	Crossing the Panama Canal
4	Fuerte Amador, Flamenco Island (Panama)
5	Playa Muerto, Darién National Park (Panama)
6	At sea
7	Quepos (Costa Rica)
8	Puerto Caldera (Costa Rica) - Arrival: 08.00 - Disembarkation

Highlights:

- A voyage specially tailored for English-speaking travellers including discussions with experts, transfers before and after your cruise, and an included excursion or activity in each port of call.
- Engaging discussions onboard with two Smithsonian Journeys Experts.
- A specially arranged visit to the Punta Culebra Nature Center at the Smithsonian Tropical Research Institute, guided by Smithsonian staff.
- Opportunity to swim and snorkel on beautiful Holandes Cayes, one of the magnificent islets of the San Blas Islands.
- A daytime crossing of the Panama Canal, a true masterpiece of civil engineering.
- **The UNESCO World Heritage** Darién National Park and its magnificent rainforest.
- An exploration of the region's rich and myriad tropical flora and fauna in Manuel Antonio National Park.
- Encounters with the local indigenous Kuna and Emberá communities.

Along the Andes cordillera

TALCAHUANO • CALLAO

LE BORÉAL 10 days/9 nights

20th March 2023

From € 2,830



Arica or “City of Eternal Spring”

Located at the gateway to the Atacama Desert, Arica, the Northernmost town in Chile, owes its reputation to the richness and beauty of its landscapes: long white sandy beaches edging the Pacific, millennial geoglyphs, arid valleys of the cordillera foothills, fertile altiplano and dormant volcanoes are just some of the sites that the “City of Eternal Spring” has in store for you. Let yourself be swept back in time and discover the culture, traditions and mummies of the Chinchorro people. This Indian civilisation, some 7,000 years old, was the first in the world to develop mummification techniques.

DAY	ITINERARY	PORT OF CALL DURATION
1	Talcahuano (Chile). Embarkation from 16.00 to 17.00	
2	At sea	
3	Coquimbo (Chile)	Morning
4	At sea	
5	Iquique (Chile)	Afternoon and evening
6	Arica (Chile)	Full day
7	Matarani (Peru)	Full day and evening
8	At sea	
9	Pisco (Peru)	Full day
10	Callao (Peru) - Arrival: 07.00 - Disembarkation	

Highlights:

- A cruise between Chile and Peru to discover the Inca Empire and its slumbering citadels.
- **UNESCO World Heritage Sites:** the saltpeter mining towns of Iquique, the historic centre of Arequipa from Matarani.
- The major pre-Columbian sites and the mysterious geoglyphs.
- From Pisco, the observation of the mysterious Nazca Lines.
- Exceptional architectural heritage of the colonial era.
- Discovering Arequipa and the Santa Catalina Convent from Matarani.
- Specialist lecturers onboard to share their passion for their subject and their knowledge with you.
- After your cruise: the possibility of discovering the emblematic Machu Picchu.



Shore Excursions Highlights

On the majority of your ports of call, we invite you to enhance your trip with specially designed, high-quality optional excursions. Whether cultural (sites, monuments and museums that are emblematic of the region) or sporty (hikes, excursions on bikes or kayaks), you will certainly find something to suit you among the wide range we offer.

Full tour programme is available on our website www.ponant.com 12 months prior to your cruise departure. You can also pre-book your PONANT shore-excursions up to 2 months before your cruise, and have them billed on board. Final programme will be sent with your cruise documents.

Below you will find some examples of the key excursions available in the Caribbean and Latin America for the Winter 2022-2023 season.

PRE-BOOKABLE EXCURSIONS

Reservation and payment of these excursions must be made when booking your cruise or at least 60 days prior to your cruise. Prices can be changed or modified. A minimum of participants is required to confirm.

From Belize City, Belize Flying over the Great Blue Hole *(2 h, price per person: From € 490)*

Take your seat aboard a private plane and fly south over the barrier reef to reach St George's Caye. Then, head east toward the Turneffe and Lighthouse Reef atolls, then on to Half Moon Caye to reach the Great Blue Hole. Your plane will linger over this wonder of the world, making several passes to give you the best view of the Blue Hole. Return will be via Northern Two Cayes and north Ambergris, near Rocky Point, then over the town of San Pedro and back to the airport after a flight of one hour and 15 minutes.

Cozumel • Cozumel 26th December 2022 aboard *Le Bellot*
Cozumel • Colón 5th January 2023 aboard *Le Bellot*
Fuerte Amador • Miami 3rd April 2023 aboard *Le Boréal*



From Santo Tomás de Castilla, Guatemala Tikal by air *(10 h, price per person: From € 675)*

Fly to Tikal, one of the greatest Mayan cities known and studied to date, declared a World Heritage Site by UNESCO. From the entrance of the National Park, stroll along dirt roads and pathways leading back in time. A mysterious realm unfolds upon entering the forested surroundings that now enclose the ruins. You will visit the most impressive structures, including the Pyramid of the Great Jaguar, and your guide will explain the theories about life in the time of the Mayans.

Cozumel • Cozumel 26th December 2022 aboard *Le Bellot*
Cozumel • Colón 5th January 2023 aboard *Le Bellot*
Fuerte Amador • Miami 3rd April 2023 aboard *Le Boréal*



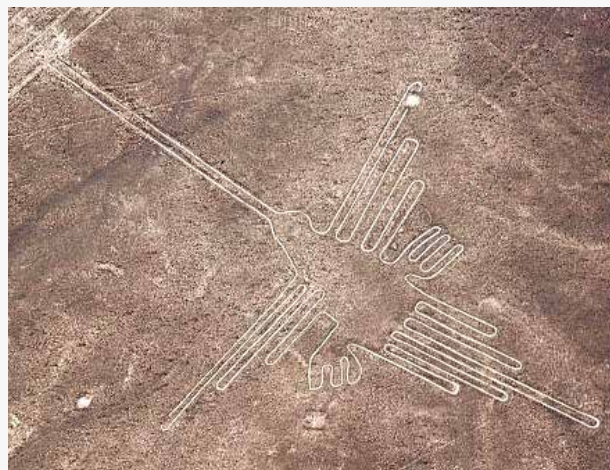
From Pisco, Peru

Flight over the Nazca Lines

(4 h, price per person: From € 550)

Drawing gigantic geometric shapes, the enigmatic Nazca Lines cover 450 km² of archaeological mysteries. Monkey, spider, lizard, whale and plant figures are cut and interlaced in the earth, and the carvings can only be seen from the air. You will board small planes at Nazca airport for an unforgettable 30-minute flight over these mysterious lines. You will grasp their greatness from the air and thus, you may be able to answer the question: how and why were they drawn so many centuries ago?

Talcahuano • Callao 20th March 2023 aboard *Le Boréal*



In Antigua and Barbuda

- **Antigua**, Discover Antigua (3 h) €
- **Antigua**, Adventure & beach break (3 h 30) €

In Barbados

- **Bridgetown**, Catamaran & snorkelling cruise (3 h 30) € €
- **Bridgetown**, 4WD adventure (3 h) € €
- **Bridgetown**, Markets & Flower Forest Botanical Gardens (5 h) € €
- **Bridgetown**, Plantation house & Codrington College (4 h 30) € €

In Belize

- **Belize City**, Lamanai Mayan site & New River (7 h) € € €
- **Belize City**, Scenic wildlife river cruise (2 h) €
- **Belize City**, Xunantunich archaeological site (7 h) € €
- **Half Moon Caye**, Blue Hole snorkel adventure (2 h 30) € € € €



In the Netherlands Antilles

- **Bonaire**, Bonaire Island highlights (3 h 30) € €
- **Bonaire**, Marine park sail & snorkel (3 h) € €
- **Bonaire**, Mangrove by clear-bottom kayak (3 h 15) € €
- **Bonaire**, Washington Slagbaai National Park by truck (3 h 30) € €



In Chile

- **Arica**, Chinchorro culture (4 h 15) € €
- **Arica**, Highlands ancient traditions (10 h) € € € €
- **Coquimbo**, Petroglyphs & Tabali winery (4 h 45) € € €
- **Iquique**, Santa Laura & Humberstone (4 h 15) € € €
- **Iquique**, Flying in tandem - paragliding (2 h) € € € €

Price: € = less than € 50, € € = from € 50 to 100, € € € = from € 100 to 150, € € € € = More the € 150.

In the British Virgin Islands

- **Gorda Sound, Prickly Pear**, Baths tour (4 h) €
- **Jost Van Dyke**, Jost Van Dyke sail (3 h) € €
- **Spanish Town, Virgin Gorda**, Baths tour (4 h) €



In Colombia

- **Cartagena**, Discover Cartagena (4 h) €
- **Cartagena**, Mangrove in traditional canoe (3 h) € €
- **Cartagena**, Rosario Islands, from nature to relaxation (6 h) € € €
- **Santa Marta**, The Tayronaka ruins (7 h) € €
- **Santa Marta**, Highlights of Santa Marta (4 h 30) € €
- **Santa Marta**, Quebrada Valencia hike (4 h 45) € €

In Costa Rica

- **Puerto Limón**, Cahuita National Park & beach (5 h 30) € €
- **Puerto Limón**, River kayaking & nature walk (5 h 30) € €
- **Puerto Limón**, Tortugero & Veragua rainforest (7 h 30) € € €

In Dominica

- **Portsmouth**, Indian River by rowboat (2 h 30) €
- **Portsmouth**, Syndicate Nature trail (4 h) €
- **Portsmouth**, Chocolate, between history & tasting (3 h) € €
- **Portsmouth**, Traditional Kalinago cultural experience (5 h) € €

In the Dominican Republic

- **Santa Bárbara de Samaná**, Mangrove exploration & beach escape (5 h 30) € €
- **Santa Bárbara de Samaná**, Caves and mangrove by kayak (4 h) € €
- **Santo Domingo**, Santo Domingo, the colonial town (3 h 15) €

In the USA

- **New Orleans**, French Quarter walking tour (3 h) € €
- **New Orleans**, Louisiana swamp tour (3 h) € €



In Grenada

- **Saint George's, Grenada**, Nutmeg & chocolate (4 h) €
- **Saint George's, Grenada**, Grenada aboard your zodiac (3 h) € €
- **Saint George's, Grenada**, The secrets of the Spice Island (7 h 30) € €



Price: € = less than € 50, € € = from € 50 to 100, € € € = from € 100 to 150, € € € € = More the € 150.

In Guadeloupe

- **Deshaies**, Basse Terre by 4x4 (5 h) € € €
- **Deshaies**, Coffee tour at La Gravelière (7 h) € € €
- **Les Saintes**, Walking tour & Napoleon fortress (4 h) € €
- **Les Saintes**, Les Saintes by boat & swimming (2 h 45) € €
- **Les Saintes**, Clear-bottom kayak (2 h) €
- **Les Saintes**, Les Saintes by catamaran & swimming (2 h 45) € €



In Guatemala

- **Santo Tomás de Castilla**, Quirigua National Park (4 h 30) € €
- **Santo Tomás de Castilla**, Rio Dulce & San Felipe fortress (5 h) € €

In Martinique

- **Fort-de-France**, Botanical garden exploration (3 h) € €
- **Fort-de-France**, Sweet Martinique (4 h 15) €
- **Fort-de-France**, Highlights of Martinique (7 h 45) € € €
- **Fort-de-France**, FWD adventure (4 h) € €

In Mexico

- **Cozumel**, Anemona beach break (4 h 30) € €
- **Cozumel**, Snorkelling in Cozumel (2 h 30) € €
- **Progreso**, Chichén Itzá (9 h) € € € €
- **Progreso**, Mérida, Maya Museum & Hacienda (9 h 30) € € €
- **Progreso**, Uxmal & Hacienda Ochil (7 h 15) € € €
- **Seybaplaya**, Edzna site & Hacienda Huayamon (4 h 45) € €
- **Seybaplaya**, Colonial Campeche walking tour (4 h 30) € €

Price: € = less than € 50, € € = from € 50 to 100, € € € = from € 100 to 150, € € € € = More the € 150.

In Panama

- **Playa Muerto, Darién National Park**, Emberá Indian village (3 h 30) INCLUDED

In Peru

- **Matarani**, Arequipa & the Santa Catalina convent (10 h 30) € € € €
- **Pisco**, Ballestas Islands (3 h) € € €
- **Pisco**, Tambo Colorado (4 h) € €

In Saint Barthelemy

- **Gustavia**, ATV Adventure (2 h) € €
- **Gustavia**, Boat & snorkelling tour (1 h 30) € €

In Saint Lucia

- **Pigeon Island Beach**, Hike on the Atlantic coast (2 h 30) €
- **Pigeon Island Beach**, Soufrière by sea & land (7 h) € € €
- **Soufrière**, Soufrière and botanical garden (3 h 30) €
- **Soufrière**, Magical Soufrière (2 h) €
- **Soufrière**, Soufrière by sea & land (6 h) € € €
- **Soufrière**, Sapphire Falls hiking (3 h) €



St. Kitts and Nevis

- **South Friars Bay, Saint Kitts**, Essential of Saint Kitts (4 h 45) € €
- **South Friars Bay, Saint Kitts**, Sail & snorkel (4 h 15) € €

In Saint Vincent and the Grenadines

- **Port Elizabeth, Bequia Island**, Catamaran & snorkelling (3 h 30) € €
- **Port Elizabeth, Bequia Island**, Catamaran sunset cruise (3 h 30) € €

Pre- & Post-Cruise Programmes

We invite you to enhance your cruise and extend your trip with carefully designed, high-quality programmes organised to tie in with the flights selected by PONANT. These are group excursions, and are available either immediately before or after your cruise; they must be booked before departure.

Please find below samples of the programmes available in the Caribbean and Latin America for Winter 2022-2023 season.

Full tour programme and prices are available on our website www.ponant.com 12 months prior to your cruise departure, or call your travel agent. The programmes with the logo “Escorted programme” benefit from a PONANT accompaniment. The programme’s escort is subject to a minimum of 20 participants.

From Cancún, Mexico

Discover the ancient ruins of Tulum

(2 days/1 night, price per person: contact us)

Before embarking on your cruise, immerse yourself in the Mayan civilisation during a pre-cruise programme to discover the must-see city. After an overnight stay in a high-quality hotel on Playa del Carmen, you will discover Tulum, a city rich in history and symbols. You will take a small train to the main entrance of this town built and inhabited by the Maya, at its zenith between the 12th and 15th centuries. Your guide will reveal all the secrets of the main buildings on the site. You will then lunch at a local restaurant before making your way to the island of Cozumel to board your ship.

Your pre-cruise programme:

Cozumel • Cozumel 6th, 16th and 26th December 2022 aboard *Le Bellot*

Cozumel • Colón 5th January 2023 aboard *Le Bellot*



From Colón, Panama

Panama City, its canal and its cultural heritage

(2 day/1 night, price per person: from €450)

Enjoy an extra day to discover Panama. First, you will visit the Miraflores Locks, considered by some to be the “8th wonder of the world”. There, you will visit the exhibition rooms presenting the history of the Panama Canal, its impact on international trade, how it works, its close relationship with the environment. You will then head to the Biomuseo, also called Frank Gehry’s Museum in honour of its world-famous architect. Your programme will end with a visit to the bustling old quarter, Casco Antiguo.

Your post-cruise programme:

Cozumel • Colón 5th January 2023 aboard *Le Bellot*

This programme is also available in one day after your cruise:

Cozumel • Colón 5th January 2023 aboard *Le Bellot*

Panama city, discover its canal and cultural heritage

(3 days/2 nights, price per person: from €610)

Take advantage of two days to discover the cultural wealth of Casco Antiguo, the old centre of Panama City. Explore the beautiful buildings inspired by colonial and Baroque architecture, and visit the Biomuseo, its famous museum designed by Gehry and dedicated to Panama’s biodiversity. Don’t miss the famous Miraflores Locks, permitting huge ships to sail from one ocean to the other, and a cruise aboard local boats along the islands of Lake Gatun.



Your pre-cruise programme:

Colón • Puerto Caldera 25th February 2023 aboard *Le Bellot*

Colón • Fort-de-France 17th March 2023 aboard *Le Bellot*

From Talcahuano, Chile

The Atacama Desert

(4 days/3 nights, price per person: from €1,950)

During this programme, you will discover the world's most arid desert. The Atacama Salt Flats, the largest in Chile, are scattered with lakes and lagoons that are home to birds including Chilean flamingos. A few kilometres from there, the Valley of the Moon, sculpted by the wind and the sun, will reveal its most beautiful lights and colours at dusk.

Your pre-cruise programme:

Talcahuano • Callao 20th March 2023 aboard *Le Boréal*



From Santiago to Talcahuano

(2 days/1 night, price per person: from €240)

This programme takes you to Santiago, one of the liveliest cities in South America. From the airport, you will head to your hotel. You will then enjoy lunch and a free afternoon to discover the Chilean capital at your leisure. After breakfast, you will head for the airport and then Talcahuano, where your unforgettable cruise will begin.

Your pre-cruise programme:

Talcahuano • Callao 20th March 2023 aboard *Le Boréal*

From Callao, Peru

Machu Picchu, sacred land of Inca

(4 days/3 nights, price per person: from €2,790)



From Callao, you will head to the ancient city of Cusco and the Saqsaywaman archaeological complex, an imposing fortress overlooking the Sacred Valley. You will then board vistadome train to discover the famous Machu Picchu. Often called “the Lost City of the Incas”, perched high on a ridge in the Andes Mountains at an altitude of 2,350 metres, this ancient religious sanctuary seems to reach for the sky and clouds. Listed as a UNESCO World Heritage Site since 1983, the site is a supreme reminder of the Inca period. At the end of your visit, you will board the iconic and luxurious Belmond Hiram Bingham train to reach Ollantaytambo, before your transfer to Cuzco.

Your post-cruise programme:

Talcahuano • Callao 20th March 2023 aboard *Le Boréal*

A glimpse of Lima

(1 day, price per person: from €200)

Enjoy an extra day to set off and discover the treasures of Lima's Historic Centre, a UNESCO World Heritage Site. The Peruvian capital and its colonial dwellings, famous for their emblematic closed balconies, will be a feast for the eyes. First of all, you will go to the Plaza Major square, to visit the Basilica Cathedral of Lima. This building, erected in the 16th century, has an immaculately white façade surrounded by two giant twin spiral towers, which constitute its most recognisable characteristic from the outside. Your day will continue to one of the most important religious sites in Lima: the Convent of Santo Domingo. It will then end at the Rafael Larco Herrera Archaeological Museum, where you will be able to learn a little more about Peru's Pre-Columbian history.

Your post-cruise programme:

Talcahuano • Callao 20th March 2023 aboard *Le Boréal*







Asia and The Indian Ocean

Set off on a magical journey along Asian shores and
among the treasures of the Indian Ocean.

Not to be missed

The Seychelles, Madagascar, Tanzania, the Arabian Peninsula, India, Vietnam, Indonesia... a journey of continuous escape. These distant lands will transport you through opposing environments, from wild scenery to cosmopolitan towns, volcanic landscapes to idyllic islands, century-old temples to ultra-modern skyscrapers. From port to port, PONANT will open the gates to these pearls of the Indian Ocean and South-East Asia where encounters, serenity and adventures all come together in a delightful blend.



Colourful flavours of India

The soft perfumes of history and spices, enchanting landscapes, fishing villages... coastal India, from Mumbai to Chennai, is an unmissable destination for travellers in search of authenticity, discovery and escape. Fascinating Mumbai offers an authentic immersion in Hindu culture. You will discover the Elephanta Caves that are home to a collection of rock art typical of the cult of Shiva. You will marvel at Cochin, the largest city in the Kerala region. Its rich cultural heritage, combining former colonial residences, ancestral fishing methods and charming landscapes in the backwaters, makes this city one of the jewels of the Malabar coast. Like masala, the spice mixture that seasons dishes, India is a real and delightful melting pot, resulting from a succession of different cultures over the centuries, and will transport you into a universe with a thousand faces.

The magic of the Seychelles

A sprinkling of islands scattered in the Indian Ocean, the Seychelles exude calm and beauty against a backdrop of coconut trees, white sand and crystal-clear water. In addition to the splendour of its lagoons and idyllic beaches, this remote paradise also boasts an exceptional fauna and flora. In the many parks and nature reserves, come and observe colourful birds, giant turtles and the numerous marine species living in the turquoise waters. From Mahe, which has successfully preserved the purity of its inlets and forests, your ship will take you to the Aldabra Atoll, as well as the stunning island of La Digue. Long uninhabited, today the archipelago is a mosaic of ethnicities. You could meet descendants of French settlers, of African slaves, of pirates people from all over the world.

Fascinating Indonesia

Like a pearl necklace set against a coral backdrop, the Indonesian archipelago's 18,000 islands are dotted between Asia and the Pacific Ocean, over 5,000 km from East to West. A fascinating blend of mysterious cultures and inexhaustible reserve of natural resources. Some one thousand years ago, Indonesia became the destination of choice for merchant ships coming from China, attracted by the hidden treasures of the archipelago. Although the sea has played a decisive role in transforming Indonesian civilisation, the earth and its volcanoes have also contributed to shaping its identity, by way of the fertile lava on which lush rice fields have been planted. But the Indonesian archipelago has even more to offer its visitors: its way of life and ancestral traditions give it a unique aspect where harmony prevails.

A tropical beach scene with palm trees and a blue sky. The image is a low-angle shot looking up at several palm trees against a bright blue sky with scattered white clouds. The palm fronds are green and detailed, creating a sense of depth and texture. The background shows a glimpse of the ocean and a sandy beach.

Why travel with PONANT?

- For the exceptional UNESCO World Heritage sites
- For two exceptional ports of call on the Belitung archipelago (Indonesia) and the Côn Đảo Islands (Vietnam).
- For the opportunity to go snorkelling and scuba diving in indigo lagoons and explore some of the most beautiful coral reefs in the world.
- For the privilege of meeting indigenous tribes living traditional ways of life on the lands of their ancestors.
- For the many wonders of the desert lands of the Arabian Peninsula.
- For the breathtakingly varied scenery, featuring canyons and oases, dune-filled deserts, palm-lined rivers, rice fields, fishing villages, granite islands, coral atolls, lagoons, tropical forests, fine sandy beaches, lush vegetation and volcanic landscapes.
- For the richness of the wildlife (giant and radiated tortoises, green turtles, chameleons, orangutans and lemurs) and the huge numbers of species of tropical birds and fish.

Must-see destinations



The delicate fragrance of Madagascar

The island of Madagascar became detached from the continent 240 million years ago. Its geographic isolation explains the presence of a high number of endemic species. It is home to nearly a thousand different orchids and a large number of lemurs – small, sociable primates that enliven the forest with their calls as they leap from tree to tree. With its landscapes backdropped by baobabs and ochre earth, this island continent will take you on a timeless journey into the heart of vibrant nature. The southern part of the island, your port of call, boasts veritable natural treasures, where land and sea weave together. From the island of Nosy Komba, amidst the fragile yet elegant sailing pirogues, the scents of vanilla and ylang-ylang will accompany you as you explore the island. Further out at sea await turquoise waters, magnificent coral reefs and the natural pools of Nosy Ve. This idyllic islet bordered with white sand shelters a large colony of tropicbirds, one of the species synonymous with the island.

La Digue, the pearl of the Seychelles

La Digue Island is a veritable concentration of all the beauty of the Seychelles. Located 6 km south-east of Praslin, this small piece of land that looks like paradise is the third-largest island in the Seychelles, despite its modest size. It's a paradisiacal environment of verdant nature where the iconic giant tortoises live peacefully. Its beaches of fine sand fringed with coconut trees and surrounded by emblematic granite rocks with pink highlights – like at the famous Anse Source d'Argent – invite you to escape and to dream. Authentic and preserved, the island follows a peaceful rhythm and the only means of transport along its little roads are bikes or traditional oxcarts.



Côn Dao Islands, symbols of independence

To the south of Vietnam, the archipelago of the Côn Dao Islands is composed of 16 rocks covered in flourishing vegetation. A regular stopover on the Silk Road, between the 2nd and 13th centuries, the islands were mentioned by Marco Polo during his voyage from China to India in 1294. A former English and French trading post, the archipelago became a French colony in 1861 using the name Poulo Condor. A penitentiary centre was built there and used to imprison opponents of the colonial regime. During the Vietnam War, the Saigon regime and the United States locked up communist enemies there until 1975. In its idyllic natural setting, Côn Dao has become a memorial site and a symbol of the fight for independence.





The Belitung Archipelago, reminiscent of the Seychelles

Like confetti sprinkled on the China sea, the Belitung Islands invite discovery and contemplation. Nestled to the east of Sumatra, the archipelago is composed of myriad small, idyllic islands, the largest of which are Belitung and Bangka. The archipelago generates as much wonder as it does passion. Cruising in its turquoise waters, you will be able to see the mythical lighthouse, built over a century ago and surrounded by greenery. With its shallow waters sheltering numerous species of coral and colourful fish, and its granite rocks skimming the water, Belitung is reminiscent of the Seychelles and visitors will feel as if time is standing still.



The Aldabra Atoll, a haven for tortoises

Located in the very heart of this faraway archipelago, the Aldabra Atoll is considered to be one of the last virtually untouched sanctuaries on earth, and a large population of Aldabra giant tortoises has found refuge there. Listed as a UNESCO World Heritage Site, this vast tract of land is formed by four small coral reef islands separated by narrow passes and enclosing an emerald-water lagoon lined with mangrove and fine-sand beaches. Aboard your ship, approach these shores with their glistening pure waters and allow yourself to be charmed by this natural marvel, believed to be one of the largest atolls in the world.



Abu Dhabi, at the gates of the desert

The capital of the United Arab Emirates, Abu Dhabi stands out thanks to its exceptional cultural offering. The Louvre Abu Dhabi – designed by Jean Nouvel as a museum town inspired by traditional Arab architecture – creates a dialogue between objects and works from civilisations all over the world around the great universal questions. A little further, the Sheikh Zayed Grand Mosque boasts a sumptuous decor of marble, gold and glass. Abu Dhabi is also the gateway to the Al Ain oasis and its 150,000 date palms, a remarkable testimony to the settling of nomads in the region since Neolithic times, and a UNESCO World Heritage Site.



Cochin, jewel of the Malabar Coast

An important port in the South-West of India, Cochin (Kochi) is one of the most beautiful cities on the Malabar Coast where the scent of cardamom mingles with cloves. It was here that Vasco de Gama disembarked over 500 years ago. But how many Phoenicians, Greeks, Arabs and Romans dropped anchor before him in the turquoise waters of the Arabian Sea? At a time when pepper from Malabar was almost as precious as gold, so many nations left these shores laden with precious spices. Today, the city, a metropolis with multiple identities, has a rich cultural and natural heritage combining former colonial residences, ancestral fishing methods and charming landscapes in the backwaters.

Treasures of the Arabian Gulf

DUBAI • MUSCAT 21st December 2022, 6th and 22nd January and 7th February 2023
MUSCAT • DUBAI 29th December 2022, 14th and 30th January 2023
LE BOUGAINVILLE 9 days/8 nights
From € 3,430

DOHA • MUSCAT
LE CHAMPLAIN 8 days/7 nights
 20th December 2022
From € 3,000



Doha, pearl of the desert

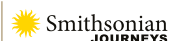
On the banks of the Persian Gulf, discover Doha, the capital of Qatar. In these desert lands dotted with oases, there is a mix of ancestral customs and futurism like nowhere else in the world. Rising out of the desert, the city has managed to maintain its authenticity despite the frantic race for modernity. The architecture of the infrastructures here enchants, an example of which is the sumptuous Grand Mosque. Opposite the West Bay district, this monumental building, in colours merging with those of the sand dunes and featuring splendid oriental ornaments, marvellously combines traditional charm and contemporary restraint. Art rises up near the quays, where the region's typical sailboats, known as dhows, are docked. This "fortress", designed by Ming Pei, the architect of the Louvre pyramid, is home to the finest collections of Islamic art in the world.



DAY	ITINERARY	PORT OF CALL DURATION
1	Dubai (United Arab Emirates). Embarkation from 16.00 to 17.00	
2	Dubai (United Arab Emirates)	Full day and evening
3	Sir Bani Yas (United Arab Emirates)	Afternoon
4	Abu Dhabi (United Arab Emirates)	Full day
5	Doha (Qatar)	Full day and evening
6	At sea	
7	Khasab (Oman)	Full day
8	Fujairah (United Arab Emirates)	Full day
9	Muscat (Oman) - Arrival: 07.00 - Disembarkation	

Highlights:

- An itinerary discovering the United Arab Emirates, Qatar and Oman.
- Discovery of the treasures of Islamic culture, between tradition and modernity.
- The possibility of visiting the Louvre Abu Dhabi Museum.
- An overnight stay in Dubai.
- Discover exceptional natural sites: the "fjords of Arabia", canyons and oases, deserts of dunes.
- From Abu Dhabi, the possibility of visiting the Cultural Sites of Al Ain, a **UNESCO World Heritage Site**.
- After your cruise: from Muscat, possibility of visiting the Sultan Qaboos Grand Mosque, and the Nizwa Fort.



See website for an enriched departure from Dubai to Muscat on 6th January 2023 **in alliance with Smithsonian Journeys**. Two Smithsonian Journeys experts will join this departure.



20th and 21st December 2022 departures:
Experience a magical Christmas Eve with PONANT off the coast of the Persian Gulf.



29th December 2022 departure:
Experience an exceptional New Year's Eve with PONANT off the coast of the Persian Gulf.

Treasures of India & Sri Lanka

MUMBAI • CHENNAI 30th December 2022
CHENNAI • MUMBAI 11th January 2023
LE CHAMPLAIN 13 days/12 nights
From € 4,610



Treasures of India

MUMBAI • COLOMBO
LE CHAMPLAIN 10 days/9 nights
 23rd January 2023
From € 3,670



DAY	ITINERARY	PORT OF CALL DURATION
1	Mumbai (ex Bombay) (India). Embarkation from 16.00 to 17.00	
2	Mumbai (ex Bombay) (India)	Full day
3	At sea	
4	Marmugao (Goa) (India)	Full day
5	At sea	
6,7	Cochin (India)	Full days
8	At sea	
9	Galle (Sri Lanka)	Full day
10	At sea	
11	Trincomalee (Sri Lanka)	Full day
12	At sea	
13	Chennai (India) - Arrival: 07.00 Disembarkation	



DAY	ITINERARY	PORT OF CALL DURATION
1	Mumbai (ex Bombay) (India). Embarkation from 16.00 to 17.00	
2	Mumbai (ex Bombay) (India)	Full day
3	At sea	
4	Marmugao (Goa) (India)	Full day
5	At sea	
6	Cochin (India)	Full day and evening
7	Cochin (India)	Full day
8	Trivandrum (India)	Full day
9	Galle (Sri Lanka)	Afternoon
10	Colombo (Sri Lanka) - Arrival: 06.30. Disembarkation	



30th December 2022 departure:
**Experience a memorable New Year's Eve
 with PONANT off the west coast of India.**

Highlights:

- Discover the cultural and natural treasures of India and Sri Lanka.
- **UNESCO World Heritage Sites:** the historic city of Polonnaruwa and the Golden Temple of Dambulla, Galle and its fortifications, the churches and convents of Goa, the Elephanta Caves and the Chhatrapati Shivaji Terminus railway station (formerly known as Victoria Terminus) of Mumbai.
- Kerala's lush landscapes during an excursion in the backwaters: rivers edged with palm trees, rice paddies, fishing villages.
- The cultural heritage of Goa, a former Portuguese colony.
- Before your cruise: the possibility of visiting Agra, Jaipur and the emblematic Taj Mahal.
- After your cruise: the possibility of exploring Chennai.

Highlights:

- Explore the cultural and natural treasures of Sri Lanka and India.
- **UNESCO World Heritage Sites:** the churches and convents of Goa, the Elephanta Caves and the Chhatrapati Shivaji Terminus railway station (formerly known as Victoria Terminus) in Mumbai; the old town of Galle and its fortifications.
- The overnight in Cochin: discover Kerala's lush landscapes during an excursion in the backwaters: rivers edged with palm trees, rice paddies, fishing villages.
- The overnight in Mumbai: visit of the city, its architectural heritage, the Elephanta Caves and the Chhatrapati Shivaji Maharaj Vastu Sangrahalaya Museum.
- Before your cruise: possibility of discovering Agra, Jaipur and the emblematic Taj Mahal.
- After your cruise, possibility of visiting the temples of Colombo and the UNESCO World Heritage Sites of Dambulla and Polonnaruwa.

Sri Lanka, Maldives & Seychelles

COLOMBO • MAHE

LE CHAMPLAIN 13 days/12 nights

1st February 2023

From € 4,610



DAY	ITINERARY	PORT OF CALL	DURATION
1	Colombo (Sri Lanka). Embarkation from 16.00 to 17.00		
2	Galle (Sri Lanka)		Full day
3	At sea		
4	Rasdhoo Atoll (Maldives)		Afternoon and evening
5	Rasdhoo Atoll (Maldives)		Full day
6	Baa Atoll (Maldives)		Full day
7 to 10	At sea		
11	Praslin Island (Seychelles)		Full day
12	La Digue Island (Seychelles)		Full day
13	Victoria, Mahe (Seychelles) - Arrival: 06.00 Disembarkation		

Highlights:

- A cruise exploring the treasures of Sri Lanka, and the magnificent seabeds and spectacular beaches of the Seychelles and the Maldives.
- **UNESCO World Heritage Sites:** the old town of Galle and its fortifications, Baa Atoll Biosphere Reserve and the Vallée de Mai nature reserve in Praslin.
- Anse Source d'Argent, the most famous beach of La Digue, surrounded by large blocks of granite and edged with coconut palms.
- The stunning underwater world of the Maldives and its rich ecosystem, home to coral, manta rays, sharks, tortoises and more.
- Before your cruise: possibility to discover the temples of Colombo and the UNESCO World Heritage Sites of Dambulla, Polonnaruwa and Sigiriya.
- The possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

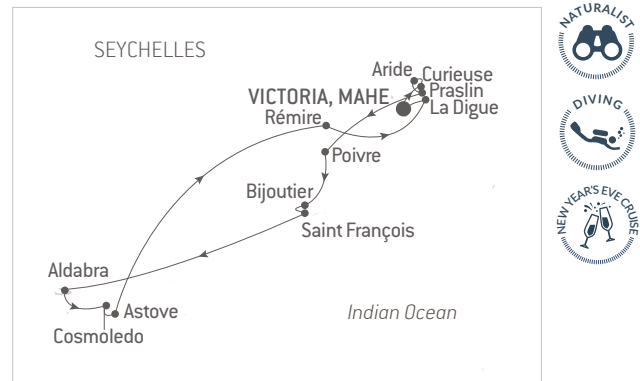
The Seychelles and Aldabra Atoll

MAHE • MAHE

LE JACQUES-CARTIER 14 days/13 nights

29th December 2022

From € 6,360



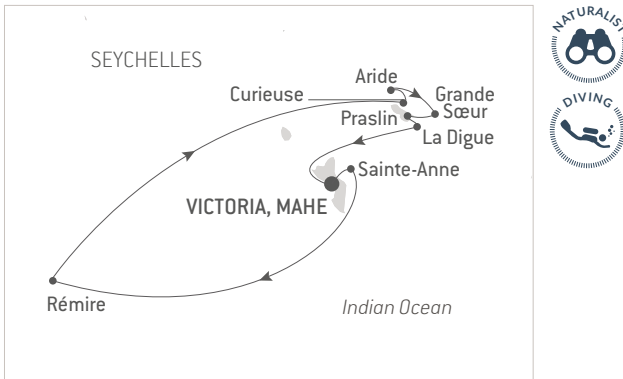
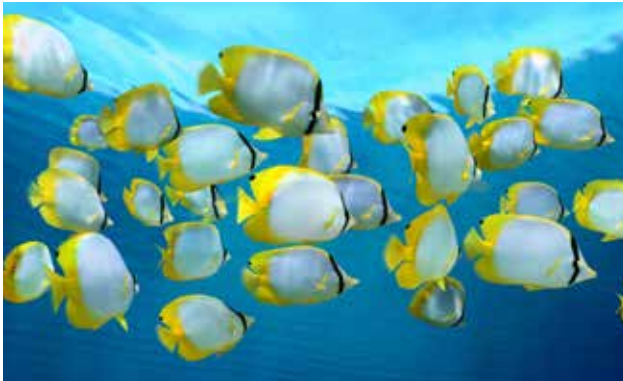
DAY	ITINERARY
1	Victoria, Mahe (Seychelles). Embarkation from 16.00 to 17.00
2	Curieuse Island (Seychelles)
3	Aride Island (Seychelles) - Praslin Island (Seychelles)
4	Poivre Island (Seychelles)
5	Bijoutier Island (Seychelles) - Saint François Island (Seychelles)
6	At sea
7, 8	Aldabra Atoll (Seychelles)
9	Cosmoledo Atoll (Seychelles)
10	Astove Island (Seychelles)
11	At sea
12	Rémire island (Seychelles)
13	La Digue Island (Seychelles)
14	Victoria, Mahe (Seychelles) - Arrival: 07.00 Disembarkation

Highlights:

- **Outings and shore visits in zodiac inflatables.**
- The Vallée de Mai nature reserve in Praslin, **listed as World Heritage by UNESCO.**
- The possibility of observing turtles and many bird species in Aldabra.
- The bare red earth of the granite island of Curieuse.
- The coral atoll of Poivre discovered by Vasco de Gama in 1502.
- For the first time, call at Saint François Atoll and the coral island of Rémire.
- The atolls of Astove, Aldabra and Cosmoledo, natural sanctuaries housing endemic species of birds and exceptional seabeds.
- Anse Source d'Argent, the most famous beach of La Digue, surrounded by large blocks of granite.
- The possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

The essential Seychelles

MAHE • MAHE 9 days/8 nights
LE CHAMPLAIN 13th February and 28th March 2023
LE JACQUES-CARTIER
 11th, 31st January and 20th February 2023
LE BOUGAINVILLE
 22nd February and 2nd March 2023
From € 3,530



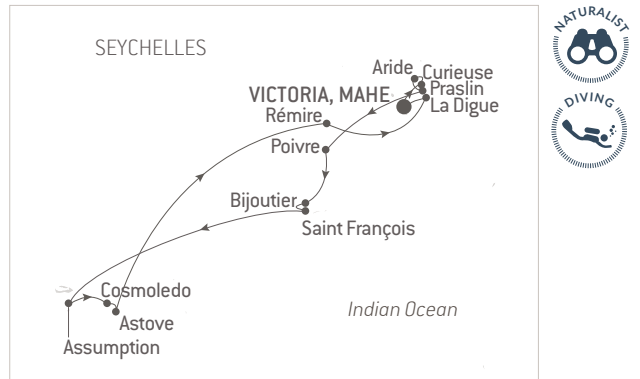
DAY	ITINERARY
1	Victoria, Mahe (Seychelles). Embarkation from 16.00 to 17.00
2	Sainte Anne Marine National Park (Seychelles)
3	Rémire island (Seychelles)
4	Curieuse Island (Seychelles)
5	Aride Island (Seychelles)
6	Grande Sœur (Seychelles)
7	Praslin Island (Seychelles)
8	La Digue Island (Seychelles)
9	Victoria, Mahe (Seychelles) - Arrival: 07.00 Disembarkation

Highlights:

- Explore 8 islands with their emblematic Seychelles landscapes.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- The Vallée de Mai nature reserve in Praslin, **listed as World Heritage by UNESCO**.
- A brand-new stop on the magnificent coral island of Rémire, an intimate destination with lush vegetation.
- The Aride nature reserve, a treasure of the Seychelles with some 73 hectares of colourful vegetation and more than one million birds.
- The bare red earth of Curieuse, a granite island in the Seychelles.
- Anse Source d'Argent, the most famous beach of La Digue, surrounded by large blocks of granite and edged with coconut palms.
- Possibility of observing tortoises on Curieuse.
- Possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

Secret Seychelles islands

MAHE • MAHE
LE JACQUES-CARTIER 13 days/12 nights
 19th January, 8th February and 24th March 2023
From € 5,310



DAY	ITINERARY
1	Victoria, Mahe (Seychelles). Embarkation from 16.00 to 17.00
2	Curieuse Island (Seychelles)
3	Aride Island (Seychelles) - Praslin Island (Seychelles)
4	Poivre Island (Seychelles)
5	Bijoutier Island (Seychelles) - Saint François Island (Seychelles)
6	At sea
7	Assumption Island (Seychelles)
8	Cosmoledo Atoll (Seychelles)
9	Astove Island (Seychelles)
10	At sea
11	Rémire island (Seychelles)
12	La Digue Island (Seychelles)
13	Victoria, Mahe (Seychelles) - Arrival: 07.00 Disembarkation

Highlights:

- A cruise through the wonders of the Seychelles.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- The Vallée de Mai nature reserve in Praslin, **listed as World Heritage by UNESCO**.
- The Aride nature reserve, a treasure of the nature of the Seychelles.
- The bare red earth of Curieuse, a granite island in the Seychelles.
- The paradise-like coral atoll of Poivre in the Amirante archipelago, discovered by Vasco de Gama in 1502.
- For the first time, call at the magnificent Saint François Atoll and the coral island of Rémire.
- Possibility of observing tortoises on Curieuse.
- The atolls of Astove and Cosmoledo, preserved natural sanctuaries housing endemic species of birds and exceptional seabeds.
- Possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

Adventure in Madagascar

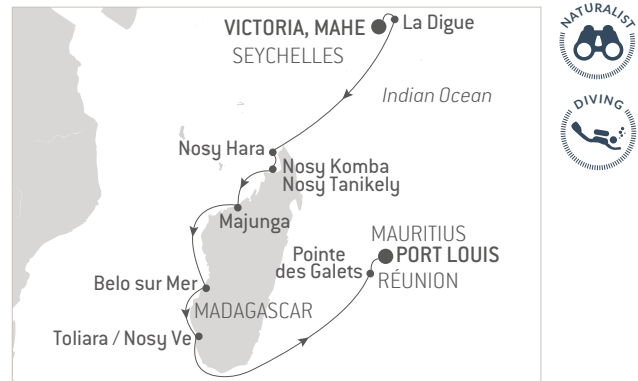
MAHE • PORT LOUIS 16 days/15 nights
LE CHAMPLAIN 21st February 2023
LE BOUGAINVILLE 10th March 2023
From € 7,040

PORT LOUIS • MAHE 16 days/15 nights
LE CHAMPLAIN 8th March 2023
LE BOUGAINVILLE 25th March 2023
From € 7,460



The Vezo, people of the sea

Nomads of the seas, the Vezo people of Madagascar sail the waters of the south-west coast between Toliara and Morombe. Aboard their lakana, traditional outrigger canoes with square rigs, they roam the seas to fish and keep up their ancestral traditions like seaweed cultivation. From birth, a Vezo dedicates their life to the sea. And with good reason, just as with their ancestors, fishing is their principal economy. Authentic and attached to their freedom, the Vezo live in perfect harmony with their environment and can even claim to be considered one of the happiest peoples of Madagascar.



DAY ITINERARY

DAY	ITINERARY
1	Victoria, Mahe (Seychelles) Embarkation from 16.00 to 17.00
2	La Digue Island (Seychelles)
3,4	At sea
5	Nosy Hara (Madagascar)
6	Nosy Komba (Madagascar)
6	Nosy Tanikely (Madagascar)
7	Majunga (Madagascar)
8	At sea
9	Belo sur Mer (Madagascar)
10	Toliara (Madagascar)
11	Toliara (Madagascar)
11	Sarodrano (Madagascar)
12	Nosy Ve (Madagascar)
13,14	At sea
15	Pointe des Galets (Réunion)
16	Port Louis (Mauritius) - Arrival: 08.00 . Disembarkation

Highlights:

- **The outings and shore visits in zodiac inflatables.**
- **UNESCO World Heritage Sites:** the Biosphere Reserves in the south-west of Madagascar (Belo sur Mer, the coastlines of Toliara and Sarodrano, Nosy Ve), the area of Pitons, cirques and remparts of Réunion Island.
- The landscapes: coral reefs, lagoons, forests, white-sand beaches, granite islands, volcanoes.
- In the Seychelles, Anse Source d'Argent, the most famous beach of La Digue.
- In Madagascar, an endemic fauna: multi-coloured fish, green turtles, lemurs, chameleons, red-tailed tropicbirds, radiated tortoises.
- An exceptional encounter with one of the planet's last 'sea nomad' people, the Vezo.
- The possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.



Zanzibar and the jewels of the Indian Ocean

MAHE • ZANZIBAR

LE JACQUES-CARTIER 13 days/12 nights

28th February 2023

From € 6,230



Pemba Island, authentic and preserved

The second-largest island in the Zanzibar Archipelago, edged with fine sand and bathed in a sea in infinite shades of turquoise, Pemba Island astounds with the whiteness of its shores and its abundant tropical forest. Banana trees, coconut trees, clove trees, nutmeg trees... its thriving vegetation ensures the local production of spices that has made its reputation (cloves, nutmeg, vanilla, cinnamon, turmeric, pepper). In addition, the extraordinary richness of its marine life makes it the ideal place for diving fans. And with good reason, as many tropical fish, humpbacked whales, manta rays and marine turtles have made Pemba Island one of their favourite spots.



DAY ITINERARY

DAY	ITINERARY
1	Victoria, Mahe (Seychelles) Embarkation from 16.00 to 17.00
2	La Digue Island (Seychelles)
3	Ré mire island (Seychelles)
4	Bijoutier Island (Seychelles) Saint François Island (Seychelles)
5	At sea
6	Astove Island (Seychelles)
7	Cosmoledo Atoll (Seychelles)
8	Assomption Island (Seychelles)
9	At sea
10	Kilwa Kisiwani (Tanzania)
11	Misali Island (Tanzania)
12	Pemba Island (Tanzania)
13	Zanzibar (Tanzania) - Arrival: 07.00 Disembarkation



Highlights:

- Discover the Seychelles and several islands of Tanzania.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- **UNESCO World Heritage Sites:** the ruins of Kilwa Kisiwani, and Zanzibar's Stone Town (disembarkation port).
- In the Seychelles, Anse Source d'Argent, the most famous beach of La Digue, surrounded by large blocks of granite.
- The atolls of Astove and Cosmoledo, preserved natural sanctuaries housing endemic species of birds and exceptional seabeds.
- The flora, coral reefs and underwater fauna of the Zanzibar archipelago, nicknamed "the spice island".
- The possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

Vietnamese coastlines

HO CHI MINH CITY • HA LONG 3rd and 23rd October 2022
HA LONG • HO CHI MINH CITY 13th October 2022
LE LAPÉROUSE 11 days/10 nights
From € 3,990



Da Nang, culture and wonder

Mid-way between Ho Chi Minh City to the south and Hanoi to the north, Da Nang enjoys an ideal location in Vietnam. The old colonial town has skilfully navigated the transition to economic growth, becoming a wealthy tourist destination. The throbbing streets, the charm of the former colonial buildings, the beauty of the Cham culture and modernism make a Da Nang a city like no other. With its five Marble Mountains, its 72-metre high Buddha and white sand beach, Da Nang will create some magical memories, made sublime by a secular culinary tradition. A gateway to the country's treasures, including the cities of Hoi-An and Hué, with their UNESCO World Heritage Sites, Da Nang is also renowned for its rich cultural heritage. Its Museum of Cham Sculpture is home to the world's largest collection of art and sculptures from this thousand-year civilisation.



DAY	ITINERARY	PORT OF CALL DURATION
1	Ho Chi Minh City (Saigon) (Vietnam). <i>Embarkation from 16.00 to 17.00</i>	
2	Ho Chi Minh City (Saigon) (Vietnam)	<i>Full day and evening</i>
3	<i>At sea</i>	
4	Nha Trang (Vietnam)	<i>Full day and evening</i>
5	Nha Trang (Vietnam)	<i>Morning</i>
6	Quy Nhon (Vietnam)	<i>Full day</i>
7	Da Nang (Vietnam)	<i>Full day and evening</i>
8	Da Nang (Vietnam)	<i>Full day</i>
9	Hon La (Vietnam)	<i>Full day and evening</i>
10	<i>Sailing in Ha Long Bay (Vietnam)</i>	
11	Ha Long (Vietnam) - Arrival: 07.00 - Disembarkation	

Highlights:

- **UNESCO World Heritage Sites:** the ancient imperial citadel of Hué, Hoi An ancient town, My Son Sanctuary, Phong Nha-Ke Bang National Park, Ha Long Bay.
- The overnights in Ho Chi Minh City, Da Nang and Nha Trang.
- The possibility of visiting an underground cave in the Phong Nha-Ke Bang National Park.
- The paradisiacal beaches of Nha Trang and Doc Let.
- The opportunity to visit ancient Hindu and Buddhist sites in Nha Trang and My Son (from Da Nang), the former religious centre of Champa, a Hindu kingdom located in the centre of Vietnam.
- The possibility of discovering Ghenh Da Dia (from Quy Nhon), an impressive grouping of basalt columns.
- A spectacular sail around Ha Long Bay, amidst scenery of stunning beauty.
- Before your cruise: possibility to visit the city of Angkor.

Discovering the islands of South-East Asia

NEW

BALI • HO CHI MINH CITY 19th September 2022
HO CHI MINH CITY • BALI 9th November 2022
LE LAPÉROUSE 15 days/14 nights
From € 6,240



DAY	ITINERARY	PORT OF CALL DURATION
1	Benoa, Bali (Indonesia). Embarkation from 16.00 to 17.00	
2	Benoa, Bali (Indonesia)	Full day
3	Probolinggo, Java (Indonesia)	Full day
4	At sea	
5	Karimun Jawa (Indonesia)	Full day
6	Semarang (Indonesia)	Full day and evening
7	At sea	
8	Sailing along Krakatoa (Indonesia)	
9	At sea	
10	Singapore (Singapore)	Afternoon and evening
11	Singapore (Singapore)	Full day
12	At sea	
13	Côn Dao Islands (Vietnam)	Afternoon
14	Ho Chi Minh City (Saigon) (Vietnam)	Afternoon and evening
15	Ho Chi Minh City (Saigon) (Vietnam). Disembarkation	

Highlights:

- A brand-new cruise between Vietnam, Singapore and Indonesia discovering cities of bubbling energy, idyllic islands and sumptuous cultural sites.
- **UNESCO World Heritage Sites:** the Borobudur temple from Semarang, Singapore Botanic Gardens.
- The multicultural and contrasted island city of Singapore, a mix of futuristic architecture, colonial districts and artistic vitality.
- The possibility of exploring majestic volcanoes: Mount Bromo on the island of Java and the legendary caldera of Anak Krakatoa in the Sunda Strait.
- Discover Vietnam's colonial history through the Côn Dao Islands.
- Many opportunities for swimming and snorkelling from paradisiacal and preserved beaches with idyllic seabeds.
- The overnights in Ho Chi Minh City, Singapore and Bali.

Intriguing Indonesia

BALI • SINGAPORE 7th March 2023
SINGAPORE • BALI 31st March 2023
LE LAPÉROUSE 10 days/9 nights
From € 4,460



DAY	ITINERARY
1	Benoa, Bali (Indonesia). Embarkation from 16.00 to 17.00
2,3	Komodo National Park (Indonesia)
4	Badas, Sumbawa (Indonesia)
5	Probolinggo, Java (Indonesia)
6	At sea
7	Tanjung Puting National Park (Indonesia)
8	Sailing along Belitung Islands (Indonesia)
9	At sea
10	Singapore (Singapore) - Arrival: 08.00 Disembarkation

Highlights:

- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- **UNESCO World Heritage Sites:** Komodo National Park, Singapore Botanic Gardens.
- An opportunity to witness Orang-Utans in their natural environment at Tanjung Puting National Park.
- Meeting the locals and discovering their traditions and culture.
- Navigation in Belitung Islands, a secret destination southeast of Sumatra and a true tropical Eden.
- Mount Bromo on the island of Java and the legendary caldera of Anak Krakatoa in the Sunda Strait.

Shore Excursions Highlights

On the majority of your ports of call, we invite you to enhance your trip with specially designed, high-quality optional excursions. Whether cultural (visits of sites, monuments and museums that are emblematic of the region) or sporty (hikes, excursions on bikes or kayaks), you will certainly find something to suit you among the wide range we offer.

Full tour programme is available on our website www.ponant.com 12 months prior to your cruise departure. You can also pre-book your PONANT shore-excursions up to 2 months before your cruise, and have them billed on board. Final programme will be sent with your cruise documents.

Below you will find some examples of the key excursions available in Asia and Indian Ocean for the Winter 2022-2023 season.

PRE-BOOKABLE EXCURSIONS

Reservation and payment of these excursions must be made when booking your cruise or at least 60 days prior to your cruise. Prices can be changed or modified.

A minimum of participants is required to confirm.

From Cochin, India

Backwaters by houseboat

(2 days/1 night, price per person: from €590)

Navigate the backwaters of Kerala during a unique experience, as the beauty of the wild and verdant nature here gives you sensations of both peace and wonder. Aboard a kettuvallam (house boat), a giant boat used in the past to transport merchandise to isolated villages inland, you will enjoy an unforgettable night with all modern comforts. During a guided tour the next day, you will fall under the charm of Allepey, a typical village.

Mumbai • Chennai 30th December 2022 aboard *Le Champlain*

Chennai • Mumbai 11th January 2023 aboard *Le Champlain*

Mumbai • Colombo 23rd January 2023 aboard *Le Champlain*



Pointe des Galets, Réunion Island

Helicopter ride over the "cirques"

(1 h, including 45 min. of flight, price per person: from €360)

Around the Piton des Neiges are three gigantic natural amphitheatres with a dizzying verticality: the Salazie, Cilaos and Mafate cirques, all listed with UNESCO. You will have the unforgettable privilege of taking a scenic helicopter flight over this grandiose panorama of steep mountain sides sculpted by erosion and of waterfalls tumbling down slopes covered in tree ferns.

Available for all "Adventure in Madagascar" departures.



In the United Arab Emirates

- **Abu Dhabi**, Louvre Museum & Qasr Al Watan (4 h 30) € €
- **Abu Dhabi**, Sheikh Zayed mosque with an expert (3 h 30) € €
- **Abu Dhabi**, Emirati house experience (4 h) € € € €
- **Dubai**, Dubai, the city of superlatives (4 h) € €
- **Dubai**, Culinary experience with Emirati chef (4 h) € €
- **Dubai**, Heritage of Dubai (4 h) € €
- **Fujairah**, Treasures of the East coast (4 h 30) €
- **Fujairah**, Desert safari (5 h) € € €
- **Sir Bani Yas**, Island Nature Reserve (1 h 30) € €



In India

- **Mumbai (ex Bombay)**, Caves of Elephantas (5 h 30) € €
- **Mumbai (ex Bombay)**, Mumbai masalas (3 h 30) €
- **Cochin**, Harbour cruise & Kathakali performance (4 h) € €
- **Cochin**, Alleppey backwaters cruise by houseboat (7 h) € € €
- **Marmugao (Goa)**, Churches of Old Goa (4 h 15) € €
- **Marmugao (Goa)**,
Ethnographic museum & Portuguese mansion (7 h 45) € € €
- **Trivandrum**,
Kuthiramalika Palace & Napier Museum (5 h) € €



In Indonesia

- **Probolinggo, Java**,
Fascinating Mount Bromo (7 h) € € € €
- **Semarang**, Wonders of Borobudur (10 h) € € €
- **Semarang**, Tlolo Agro highlands (8 h) € € €

In Madagascar

- **Majunga**, The Red Circus (4 h) € €
- **Toliara**, Malagasy spiny forest & beach break (4 h) € €
- **Toliara**, Southern Madagascar's nature & culture (4 h) € €

In Oman

- **Khasab**, Musandam fjords dhow cruise (3 h 30) € €
- **Khasab**, Jebel Harim mountains by 4WD (4 h) € €

In Qatar

- **Doha**, National & Islamic arts museums (3 h) € €
- **Doha**, Sunset dhow cruise (3 h) € €

In Réunion Island

- **Pointe des Galets**,
Piton de la Fournaise volcano by 4WD (9 h 30) € € € €

In Seychelles

- **La Digue Island**, Discover La Digue (3 h) € €
- **Praslin Island**, The Vallée de Mai (2 h) € €

In Singapore

- **Singapore**, Vanishing trades of Singapore (4 h) € €
- **Singapore**, Feng Shui & architecture (5 h 30) € €
- **Singapore**, Singapore by night (5 h) € € €

In Sri Lanka

- **Galle**, Stilt fishermen & virgin white tea (3 h 30) € €
- **Galle**, Virgin white tea & Galle fort (4 h 30) € € €
- **Trincomalee**,
Sigiriya, UNESCO World Heritage Site (9 h) € € € €
- **Trincomalee**,
Dambulla, UNESCO World Heritage Site (9 h) € € € €
- **Trincomalee**,
Polonnaruwa, UNESCO World Heritage Site (9 h) € € € €

In Tanzania

- **Pemba Island**, Meet the seaweed farmers
and school children of Tumbe (3 h 30) € € € €
- **Pemba Island**, Flying foxes of Pemba (5 h) € € € €

In Vietnam

- **Côn Dao Islands**, Historical Côn Dao (5 h) € €
- **Côn Dao Islands**,
Côn Dao snorkelling experience (5 h) € €
- **Da Nang**, My Son Sanctuary (6 h 30) € €
- **Da Nang**, Highlights of Hue (9 h 30) € €
- **Da Nang**, Hoi An artistic show (3 h 30) € € €
- **Hon La**, Discover Paradise cave (8 h) € €
- **Hon La**, Discover Phong Nha cave (8 h) € €
- **Quy Nhon**, Da Dia coast & fishing village (6 h) € €
- **Quy Nhon**, Cham architectural heritage (4 h) € €
- **Nha Trang**, Nha Trang ancient civilisation (5 h) €
- **Ho Chi Minh City (Saigon)**, Contrasts of Saigon (4 h) €
- **Ho Chi Minh City (Saigon)**, Authentic Saigon (4 h 30) €



Pre- & Post-Cruise Programmes

We invite you to enhance your cruise and extend your trip with carefully designed, high-quality programmes organised to tie in with the flights selected by PONANT. These are group excursions, and are available either immediately before or after your cruise; they must be booked before departure.

Please find below samples of the programmes available in Asia and the Indian Ocean for Winter 2022-2023 season.

Full tour programme and prices are available on our website www.ponant.com 12 months prior to your cruise departure, or call your travel agent.

The programmes with the logo “Escorted programme” benefit from a PONANT accompaniment. The programme’s escort is subject to a minimum of 20 participants.

From Bali, Indonesia

Balinese Heritage

(3 days/2 nights, price per person: from €780)

Enjoy three unforgettable days in a green and luxuriant setting, discovering Balinese culture, traditions and spirituality. Among other things, you will be immersed in the distinctive architecture of the Island of Gods, through visits to several iconic buildings. These include Kerta Gosa, a former courthouse famous for its monumental frescoes; Pura Besakih, a sacred site and the island’s most famous Hindu temple; Tirta Empul and its enormous purification baths; and Pura Puseh, an 11th-century temple built amidst lush vegetation and known for its superb sculptures.

Your pre-cruise programme:

Bali • Ho Chi Minh City - 19th September 2022 aboard *Le Lapérouse*

Bali • Singapore - 7th March 2023 aboard *Le Lapérouse*

Your post-cruise programme:

Singapore • Bali - 31st March 2023 aboard *Le Lapérouse*



From Ha Long, Vietnam

Discover Hanoi

(2 days/1 night, price per person: from €290)

Immerse yourself in the exciting atmosphere of Hanoi, the capital of Vietnam. With its magnificent French colonial architecture and many lakes, the city of Hanoi is the jewel in the Vietnamese crown, a subtle mix of East and West. After strolling the Old Quarter’s narrow streets, which are infused with exotic aromas, you will head for Hoan Kiem Lake, in the middle of which a small island houses the Ngoc Son Temple, dedicated to Tran Hung Dao,

a hero who fought the Mongol invaders in the 13th century. You will then go to the Trấn Quốc pagoda, a place of spiritual, cultural and architectural significance built over 1,500 years ago.

Your pre-cruise programme:

Ha Long • Ho Chi Minh City - 13th October 2022
aboard *Le Lapérouse*



From Ho Chi Minh City and Ha Long, Vietnam

The imperial city of Angkor

(5 days/4 nights, price per person: from €1,750)



This superb programme is a dreamed-of opportunity to discover the marvellous site of Angkor in the heart of the Cambodian jungle, the jewel of Khmer culture. Your guide will take you to discover Khmer temples and iconic monuments. The Preah Ko, Bakong and Lolei temples will transport you with their architecture, as complex as it is captivating. You will be equally enchanted by the most well-known and majestic temple, that of Angkor Wat, a UNESCO World Heritage Site, the best preserved building with architecture that is both grandiose and harmonious.

Your pre-cruise programme:

Ho Chi Minh City • Ha Long - 3rd and 23rd October 2022
aboard *Le Lapérouse*

Ha Long • Ho Chi Minh City - 13th October 2022
aboard *Le Lapérouse*

Ho Chi Minh City • Bali - 9th November 2022 aboard *Le Lapérouse*



From Colombo, Sri Lanka



UNESCO heritage sites of Sri Lanka

(3 days/2 nights, price per person: from €1,150)



Enjoy three more days of escape and discover the treasures of Sri Lanka. You will reach Dambulla, a cave monastery and major pilgrimage destination, where the five gold and silver sanctuaries form an exceptional set of buildings and certainly the largest temple of its kind in Sri Lanka. In the Cave of the Great Kings, a 15-metre sleeping Buddha rests in the midst of a series of frescos from the 17th century. Your programme will continue with the discovery of the former capital of the province, Polonnaruwa, which is famous for its magnificent Buddhas carved directly into the granite.

Your pre-cruise programme:

Colombo • Mahe - 1st February 2023 aboard *Le Champlain*

Your post-cruise programme:

Mumbai • Colombo - 23rd January 2023 aboard *Le Champlain*

From New Delhi and Mumbai, India

The jewels of India: Agra and Jaipur

(5 days/4 nights, price per person: from €2,690)



This programme will allow you to discover Agra, where many sultans left their mark on eternity, with buildings such as the majestic Taj Mahal, symbol of the undying love of an emperor for his favourite wife. The city is also home to the Red Fort, the former palace of the Rajput lords. You will also travel to Jaipur, the Pink City, at the heart of the "Land of Kings": Rajasthan and its citadel palaces.

Your pre-cruise programme:

Mumbai • Chennai - 30th December 2022 aboard *Le Champlain*
Mumbai • Colombo - 23rd January 2023 aboard *Le Champlain*

Your post-cruise programme:

Chennai • Mumbai - 11th January 2023 aboard *Le Champlain*



From Mumbai, India

India's golden triangle : Delhi, Agra and Jaipur

(5 days/4 nights, price per person: from €2,490)



Extend your cruise into the very heart of India's golden triangle, following the footsteps of the Maharajas. You will begin your discovery of India's golden triangle in Jaipur, the monumental 'Pink City', famous for its walls plastered and pigmented with red sandstone and its spectacular architecture. Among other sites, you will have the opportunity to visit the Anokhi Museum, famous for its hand-block printed designs on fabrics, Amber Fort and its splendid façade, or the City Palace, which is the former residence of the Maharaja of Jaipur. You will then discover the city of Agra, where you will be captivated by this world of contrasts where buildings in red sandstone and white marble form a delightful blend. You will then experience the highlight of your day as you visit one of the Seven Wonders of the World, the iconic Taj Mahal.

As an option, you will have the opportunity to discover vibrant New Delhi.

Your post-cruise programme:

Chennai • Mumbai - 11th January 2023 aboard *Le Champlain*



Dubai, United Arab Emirates

Dubai and Bedouin traditions

(3 days/2 nights, price per person: from €1,650)



Venture out into the Emirati desert, one of the largest expanses of sand in the world. There you will discover some of the most grandiose natural landscapes of the United Arab Emirates and will encounter Bedouins, the first inhabitants of these immense dunes stretching as far as the eye can see. They will share their ancient customs and their rich history with you, an unforgettable experience in an exceptional natural setting.

Your pre-cruise programme:

Dubai • Muscat - 21st December 2022, 22nd January and 7th February 2023 aboard *Le Bougainville*

Your post-cruise programme:

Muscat • Dubai - 29th December 2022, 14th and 30th January 2023 aboard *Le Bougainville*



Muscat, Oman

Treasures of the Oman desert

(3 days/2 nights, price per person: €1,190)



In addition to discovering Muscat, capital of the Sultanate of Oman, this brand-new programme offers the opportunity to explore the Wahiba Sands desert. The magnificent dunes with their changing colours, from golden to orangey-red according to the light, will offer you a unique spectacle. Take advantage of an outing in a 4x4 vehicle to fully appreciate these sumptuous landscapes. The site is home to plenty of wildlife: at sunrise, if you look carefully, you may be able to see the traces of some animals in the sand.

Your pre-cruise programme:

Muscat • Dubai - 29th December 2022, 14th and 30th January 2023 aboard *Le Bougainville*

Your post-cruise programme:

Doha • Muscat - 20th December 2022 aboard *Le Champlain*

Dubai • Muscat - 21st December 2022, 22nd January and 7th February 2023 aboard *Le Bougainville*

From Port Louis, Mauritius

Iconic stay in Mauritius

(3 days/2 nights, price per person: from €1,310)

Enjoy the comfort of your hotel, one of the most prestigious on the island, before a full day discovering the pearl of the Indian Ocean, Mauritius. You will walk in the Pamplemousses Botanic Garden, famous for its giant water lilies, its tropical trees and its 85 varieties of palm trees from all over the world. You will then head for the Château de la Bourdonnais. A Mauritian jewel of the 19th century, the visit will immerse you in the old-world charm of Creole houses. In this unique and magical place, and thanks to a series of interactive exhibitions, you will be invited to discover the elegant lifestyle of the colonial era, the day to day of sugar plantations, and the various economic activities. You will then visit the estate's rum distillery and taste their delicious creations.

Your pre-cruise programme:

Port Louis • Mahe - 8th March 2023 aboard *Le Champlain*

Port Louis • Mahe - 25th March 2023 aboard *Le Bougainville*



From Zanzibar, Tanzania

Safari at Serengeti

(4 days/3 nights, price per person: from €4,590)



The Serengeti National Park is the second-largest wildlife park in Africa with a population of four million animals: a paradise for safaris that you will discover over three unforgettable days. From your lodge, your vehicle will take you to discover the lords of the savannah — lion, leopard, elephant, rhinoceros and buffalo — and huge herds of wildebeest, Thomson's gazelle and zebra.

Your post-cruise programme:

Mahe • Zanzibar - 28th February 2023
aboard *Le Jacques-Cartier*







*Oceania and
Polynesia*

Drink in the natural and ancestral splendours
of the distant lands of the Pacific.

Not to be missed

The Pacific islands are evocative of paradise on earth and ancestral traditions. The idyllic lagoons of Polynesia, the spectacular fjords of New Zealand, the volcanic lands of Papua New Guinea, or the natural marvels of Tasmania offer you a break from reality. An exceptional opportunity to discover the mysteries of this secret and distant land, rich in lush biodiversity and inhabited by ancestral tribes.



Fascinating Papuan culture

A land at the end of the Earth, Papua New Guinea brings together a number of islands, mostly containing active volcanoes, in the heart of Oceania. The promise of a timeless interlude at the very heart of wild nature where a mountainous backdrop covered with tropical forests mingles marvellously with fine sandy beaches bathed in turquoise waters, Papua New Guinea is as luxuriant as it is intoxicating. Papua New Guinea promises rich encounters and the discovery of a robust culture where the methods of hunting and fishing coupled with the traditional rituals promise a journey that is out of the ordinary. With more than 600 tropical islands, each with exceptional underwater life and shimmering colours, this land of adventurers boasts long white sandy beaches and isolated inlets.

Polynesian paradise

French Polynesia will not fail to live up to your expectations. This cruise will offer you an exceptional opportunity to discover the Polynesian atolls, consisting of sandy islets emerging at the surface of the Pacific Ocean. Formed by the collapse of an ancient volcano and the development of a fringing coral reef is home to an abundance of marine life. Marvel at the vastness of the turquoise waters and their unrivalled biodiversity, home to a hundred species of tropical fish. Nestling in the very heart of the South Pacific, this earthly paradise has the perfect mix of huge white sandy beaches fringed with coconut trees, romantic lagoons and the mountainous and volcanic landscapes of Tahiti. Let yourself fall under the spell of this Polynesian magic, a gentle daydream.

Ancestral Maori culture

Discover the ancestral culture of the brave Maori, the indigenous Polynesian warrior people of New Zealand, who settled here in successive waves from the 13th century onwards. The ancient tribal way of life of the Maori is passed down from generation to generation. Today, numerous dances and songs are performed by the current generations during traditional shows. The Maori language and gestures are a core part of New Zealand's identity. Don't miss their traditional dress, which has remained unchanged for centuries. Discover the Maori greeting ceremony, their war dances, crafts and, in particular, their impressive tattoo art. Wellington, the capital of New Zealand and former settlement of the Maori people, is home to the Te Papa Tongarewa National Museum, which shines a light on the captivating culture of this ancestral people.



Why set sail with PONANT

- For the diversity of the scenery: black and white sandy beaches, verdant cliffs and pastures, snow-capped mountain ranges, ancient volcanoes and fjords, primal forests, superb atolls and turquoise lagoons.
- For the opportunity to go snorkelling and scuba diving in indigo lagoons and explore some of the most beautiful coral reefs in the world.
- For the many UNESCO World Heritage sites: the lagoons of New Caledonia, Fiordland National Park, the Snares Islands, Darlington Probation Station, Port Davey, Maria Island and Port Arthur, and Komodo National Park.
- For the exceptional wildlife: manta rays and eagle rays; lemon sharks and blacktip reef sharks; marine fish and turtles; multicoloured corals; Javanese moray eels; orange roughy, humphead wrasse and butterfly fish; and Komodo dragons.
- For the experience of discovering and exploring, amongst other things, the cultures and traditions of Morobe Province and the traditional ceremonies of the Madang region.

Must-see destinations



The Marquesa Islands, an archipelago at the end of the world

Dive into the grandiose and striking universe of the Marquesas Islands. An emblematic land with ancestral history, the most isolated archipelago of French Polynesia is made up of 12 islands possessing unrivalled beauty. Here, you'll find neither lagoons nor reefs. The archipelago's charm lies in its wild beauty and each island of "the Land of Men" is more majestic than the next. At the heart of dense and luxuriant forests, mysterious petroglyphs, many thousands of years old, can still be found, as well as the remains of marae – temples with a religious and political purpose. Reputed for their arts and crafts, which are unrivalled in Polynesia, the Marquesa Islanders distinguish themselves with their ancestral savoir-faire. They sculpt wood, stone or bone, but are also well-known for their mastery of the complex art of tattooing. Like Jacques Brel and Paul Gauguin before you, you can lose yourself on these islands that seem unchanged by time.

Society Islands: Polynesian paradise

The Society Islands are a dream destination. In the soft shades of blue that colour its lagoon, Bora Bora, meaning 'first-born', unfurls its majestic volcanic decor around which the motu form a magical belt. From the Belvedere Lookout on Moorea, admire the silhouette of Mount Rotui, a sacred mountain steeped in legend. There is no better place to experience the aromas of Polynesia than Taha'a, vanilla island, celebrated for its vanilla farms. And on our private motu, Motu Mahana, time will stand still for you. Among all the treasures of the archipelago, Huahine will reveal its marae, well-preserved archaeological vestiges, as well as the delicacy of world-renowned Tahitian pearls.



The Tasman Peninsula, natural sanctuary

This spectacular coastal environment of the Tasman Peninsula is home to Australia's highest sea cliffs. Striking dolerite spires rise from the Tasman Sea, culminating in capes Hauy Pillar and Raoul. In addition, there are a number of fascinating coastal rock formations such as Tessellated Pavement, the Blow Hole, Tasman Arch, Devil's Kitchen, Remarkable Cave and Waterfall Bay. Australian fur seals, little penguins, whales and dolphins flourish in the rich waters along this coastline and offshore islands. Enjoy the spectacular scenery as you drive through the beautiful Storm Bay.





Aitutaki, jewel of the Cook Islands

Aitutaki is a little island of 16 km², with a small fishing port with few motor boats, where a simple and peaceful life endures. During your visit, don't miss the opportunity to walk along its magnificent lagoon, reputed as one of the most beautiful and spectacular in the world. Snorkelling fans will discover the treasures of underwater life here. The island is specialised in the sale of black pearls and the production of coloured sarongs, as well as "tivaevae" – patchwork quilting and handiworks. This local product has great value because of its careful artisanal fabrication, and the pieces made are generally offered at important occasions.



The fascinating Vanuatu archipelago

Imagine a small, independent country in the middle of Oceania, between Australia, Fiji and New Caledonia. Once called the New Hebrides, the Vanuatu archipelago offers an idyllic setting for anyone seeking adventure or a spectacular change of scenery. It offers visitors a unique mix of traditional villages, vast golden beaches with crystal-clear lagoons and coral reefs brimming with life, tropical rainforest, and easily accessible active volcanoes. The inhabitants keep their traditions alive through songs, dances, and an artistic sensibility expressed through masks, headdresses and tattoos, as well as elaborate sculptures.



Milford Sound, a natural wonder

Located at the southern end of the "Land of the Long White Cloud", the UNESCO World Heritage listed Fiordland National Park is one of the most extraordinary and beautiful parts of New Zealand. It is a region of dramatic beauty. A place where mountains and valleys compete with each other for room, where scale is almost beyond comprehension and scenery encompasses the broadest width of emotions. Milford Sound is an ancient glacial valley of remarkable pristine beauty and grandeur that never fails to enthrall travellers. Judged the world's top travel destination and described by Rudyard Kipling as the eighth Wonder of the World, it is a must-see destination.



Idyllic Espiritu Santo

In the heart of the fabulous Vanuatu archipelago, anchor at Espiritu Santo, the largest island. You will have the chance to meet the welcoming people of the island, who live in harmony with nature. Plus you will see unimaginable landscapes formed of volcanic rocks, as well as sandy beaches and lagoons beckoning you to dive into their turquoise waters. You'll be surprised to find, in the middle of dense vegetation, brackish water with an amazing ecosystem called "blue holes". If paradise exists, it must be here.

Exploring Australia's East Coast Islands

NEW

CAIRNS • SYDNEY

LE LAPÉROUSE 10 days/9 nights

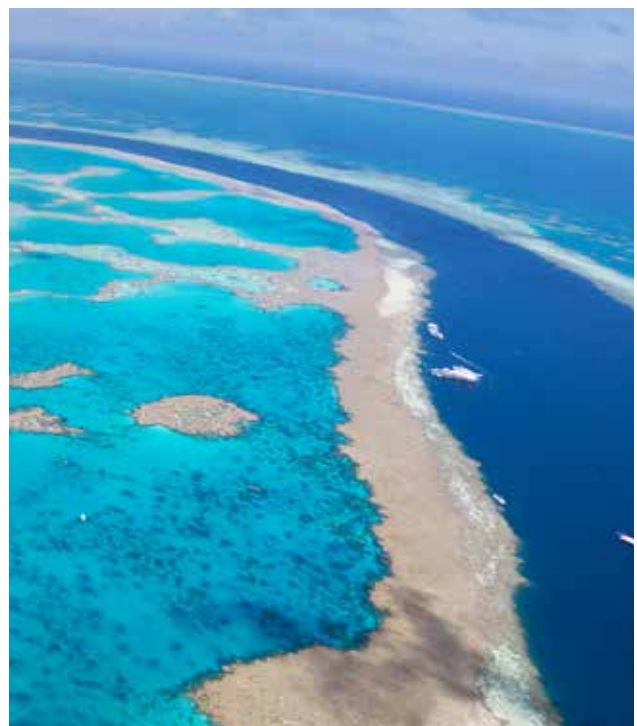
7th December 2022

From € 4,950



Hardy Reef, a coral paradise

The Great Barrier Reef is the world's largest coral reef system, composed of over 2,900 individual reefs and 900 islands stretching for over 2,300 kilometres along Australia's tropical East Coast. It supports a wide diversity of life and was selected as a World Heritage Site in 1981. Hardy Reef is home to the innovatively designed Reefworld pontoon, ideally situated in shallower waters with protection from the surrounding sea conditions. This grandiose composition of coral will transport you during a moment frozen in time off the coast of Queensland. You will be transferred by zodiac inflatables to the pontoon, which provides easy access to the aquatic realm either by semi-submersible, underwater viewing chamber, snorkelling or diving. There is also undercover seating and tables, sun decks, freshwater showers and change rooms.



DAY	ITINERARY
1	Cairns (Australia). Embarkation from 16.00 to 17.00
2	Willis Island, Coral Sea Territory (Australia)
3	At sea
4	Hardy Reef (Australia)
5	Percy Island (Australia)
6	Lady Musgrave Island (Australia)
7,8	At sea
9	Hawkesbury River (Australia)
10	Sydney (Australia) - Arrival: 07.00 Disembarkation

Highlights:

- An expedition cruise to discover the treasures of the Great Barrier Reef.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Many opportunities for swimming, snorkelling and relaxation on unspoiled islands, with white sand beaches and crystal-clear water.
- View the remote Willis Islets and their associated cays.
- From Hardy Reef, the possibility to observe some of the world's most beautiful coral reefs and diverse undersea life.
- Relax on the picture perfect Percy Island.
- After your voyage, possibility to explore Sydney.
- Gain an insight into the incredible biodiversity and natural heritage of the region from your expert naturalist team.

Treasures of the South

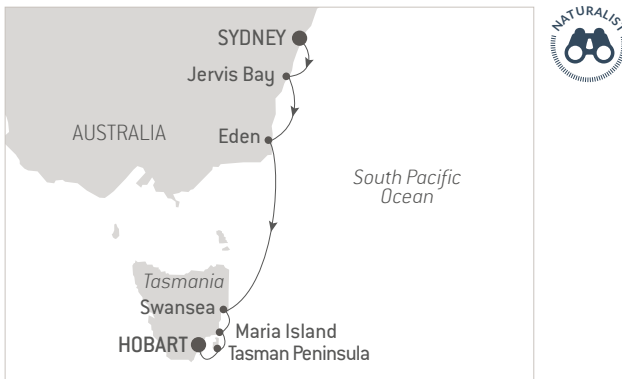
Australian coast and Tasmania

NEW

SYDNEY • HOBART

LE LAPÉROUSE 8 days/7 nights
16th December 2022

From € 3,500



DAY	ITINERARY
1	Sydney (Australia). Embarkation from 16.00 to 17.00
2	Jervis Bay (Australia)
3	Eden (Australia)
4	At sea
5	Swansea, Tasmania (Australia)
6	Maria Island, Tasmania (Australia)
7	Tasman Peninsula (Australia)
8	Hobart, Tasmania (Australia) - Arrival: 07.00 Disembarkation

Highlights:

- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Former Darlington convict prison (Maria Island), listed as **World Heritage by UNESCO**.
- Explore Eden's long-associated history with the whales and the fascinating story of 'Old Tom'.
- Discover the historical heritage and culinary specialities of the Swansea region.
- View the spectacular painted cliffs of Maria Island and Australia's highest cliffs at Cape Huay.
- Gain an insight into the history, culture, and incredible diversity of life from your expert expedition team.

Food, wine & yacht race in Tasmania

NEW

HOBART • HOBART

LE LAPÉROUSE 11 days/10 nights
23rd December 2022

From € 7,250



DAY	ITINERARY
1	Hobart, Tasmania (Australia). Embarkation from 16.00 to 17.00
2	Maria Island, Tasmania (Australia)
3	Tasman Peninsula (Australia)
4	Port Davey, Tasmania (Australia)
5	King Island, Tasmania (Australia)
6	Tamar Valley, Tasmania (Australia)
7	Île des Phoques, Tasmania (Australia)
8	Sailing Tasman Peninsula (Australia)
8 to 10	Hobart, Tasmania (Australia)
11	Hobart, Tasmania (Australia). Disembarkation

Highlights:

- A brand new expedition cruise to explore the natural wonders of Tasmania, from terroir to vineyards to the legendary yacht race.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- **UNESCO World Heritage Sites:** Port Davey, Maria Island, Port Arthur.
- View the New Year's Eve fireworks in Constitution Dock.
- Savour the gourmet produce of King Island, enjoy some of the finest award-winning wines of the Tamar Valley and experience Australia's biggest and longest-running Food and Wine festival.
- View the spectacular painted cliffs of Maria Island, some of Tasmania's natural treasures.
- Delve into Tasmania's colonial history and discover mining and maritime history of the North West.
- The fauna: Little penguins, Australian fur seals, dolphins, short-tailed shearwaters, fairy prions.

Natural treasures of New Zealand

AUCKLAND • DUNEDIN

LE SOLÉAL 13 days/12 nights
2nd December 2022

From € 5,810



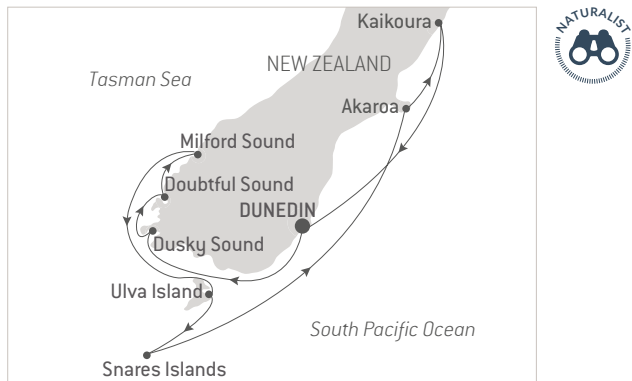
Ancient fjords and unspoiled islands of southern New Zealand

NEW

DUNEDIN • DUNEDIN

LE SOLÉAL 12 days/11 nights
11th January 2023

From € 5,720



DAY	ITINERARY	PORT OF CALL	DURATION
1	Auckland (New Zealand). Embarkation from 16.00 to 17.00		
2	Tauranga (New Zealand)		Full day
3	Gisborne (New Zealand)		Afternoon
4	Napier (New Zealand)		Morning
5	Wellington (New Zealand)		Full day and evening
6	Picton (New Zealand)		Full day
7	Kaikoura (New Zealand)		Full day
8	Akaroa (New Zealand)		Full day
9	At sea		
10	Sailing Doubtful Sound and Dusky Sound (New Zealand)		
11	Sailing Milford Sound (New Zealand)		
12	Ulva Island (New Zealand)		Full day
13	Dunedin (New Zealand) - Arrival: 07.00 Disembarkation		

DAY	ITINERARY
1	Dunedin (New Zealand). Embarkation from 16.00 to 17.00
2	At sea
3	Dusky Sound (New Zealand)
4	Doubtful Sound (New Zealand)
5	Milford Sound (New Zealand)
6	Ulva Island (New Zealand)
7	Snares Islands (New Zealand)
8	At sea
9	Akaroa (New Zealand)
10	Kaikoura (New Zealand)
11	At sea
12	Dunedin (New Zealand) - Arrival: 07.00 Disembarkation

Highlights:

- Discover sublime New Zealand landscapes with exceptional diversity.
- The Fiordland National Park, listed as **World Heritage by UNESCO**.
- Meet the Maori people, brave warriors with ancestral traditions and customs.
- In Wellington, discover the Te Papa Tongarewa Museum.
- Sailing in the fjords of New Zealand.
- A call at Picton, in the Marlborough region, famous for its vineyards and its submerged valleys.
- The opportunity to observe many species of birds in Ulva Island.
- A lecturer passionate about New Zealand history will be on board.

Highlights:

- A brand-new expedition cruise to discover the natural treasures of New Zealand's South Island, from ancient fjords to rare bird species and volcanic landscapes.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- **UNESCO World Heritage Sites:** Fiordland National Park and Snares Islands (New Zealand's Sub-Antarctic Islands).
- Discover Ulva Island, one of the few predator-free sanctuaries of New Zealand and the Snares that boasts more nesting seabirds than the entire realm of the British Isles.
- Discover Akaroa, a former French colony, and its picturesque bays, formed by thousand-year-old volcanoes.
- The landscapes: glacial fjords 100,000 years in the making, primary forests, Sub-Antarctic Islands, ancient volcanoes.
- The wildlife: marine mammals (fur seals and sea lions), seabirds (albatross, shearwaters and Snares crested penguins).

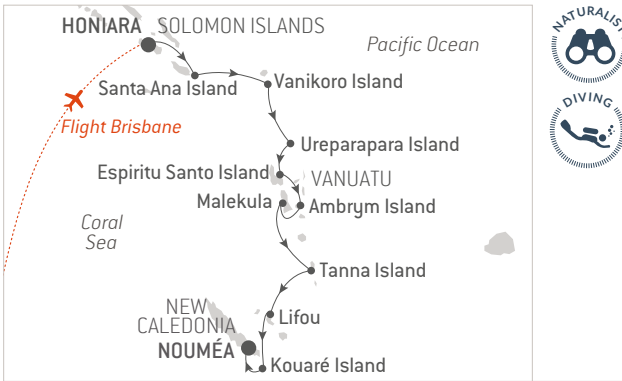
Revealing the mysteries of Melanesia



HONIARA • NOUMÉA

LE SOLÉAL 12 days/11 nights
11th November 2022

From € 7,430



DAY	ITINERARY
1	Flight Brisbane/Honiara, Guadalcanal Island (Solomon Islands). Welcome and transfer to the port. Embarkation from 16.00 to 17.00
2	Santa Ana Island (Solomon Islands)
3	At sea
4	Vanikoro Island (Solomon Islands)
5	Ureparapara Island (Vanuatu)
6	Espiritu Santo Island (Vanuatu)
7	Ambrym Island (Vanuatu)
8	Malekula (Vanuatu)
9	Tanna Island (Vanuatu)
10	Lifou (New Caledonia)
11	Kouaré Island (New Caledonia)
12	Nouméa (New Zealand) - Arrival: 07.00 - Disembarkation

Highlights:

- **A cruise in collaboration with National Geographic Expeditions** offering enrichment with a National Geographic Photographer and an Expert onboard.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Sail into the Caldera of Ureparapara.
- From Espiritu Santo, don't miss the unique performance from the 'water music women' on Maewa Island.
- Experience seldom-visited islands in the 'the happiest country on Earth'.
- On Tanna Island, walk to the rim of an active volcano.
- Discover the arts and traditions of Kanak culture, the tribes of the 'Big Nambas' on the island of Malekula and the famous Rom dance of the Ambrym Islanders.
- The possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

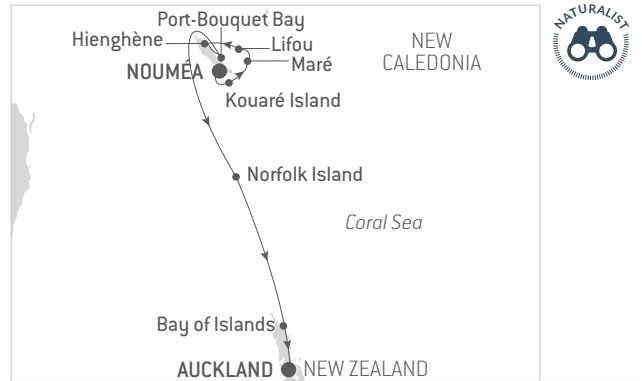
Pacific Islands discovery



NOUMÉA • AUCKLAND

LE SOLÉAL 11 days/10 nights
22nd November 2022

From € 4,920



DAY	ITINERARY
1	Nouméa (New Caledonia). Embarkation from 16.00 to 17.00
2	Kouaré Island (New Caledonia)
3	Maré, Loyalty Islands (New Caledonia)
4	Lifou (New Caledonia)
5	Hienghène (New Caledonia)
6	Port-Bouquet Bay (New Caledonia)
7	At sea
8	Norfolk Island (Australia)
9	At sea
10	Bay of Islands (New Zealand)
11	Auckland (New Zealand) - Arrival: 07.00 Disembarkation

Highlights:

- **A cruise in collaboration with National Geographic Expeditions** offering enrichment with a National Geographic Photographer and an Expert onboard.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- **UNESCO World Heritage Sites:** the lagoons of New Caledonia from Hienghène.
- Exploration of the Loyalty Islands archipelago: Maré's unspoilt landscapes and Lifou's exceptional marine life.
- Visit Hienghène, with its black limestone cliffs and known as a biodiversity 'hotspot'.
- Explore the history and culture of Norfolk Island.
- Discover the art and traditions of the rich and varied Kanak culture.

New Guinea odyssey

NEW

DARWIN • CAIRNS

LE SOLÉAL 17 days/16 nights
25th September 2022

From € 9,480

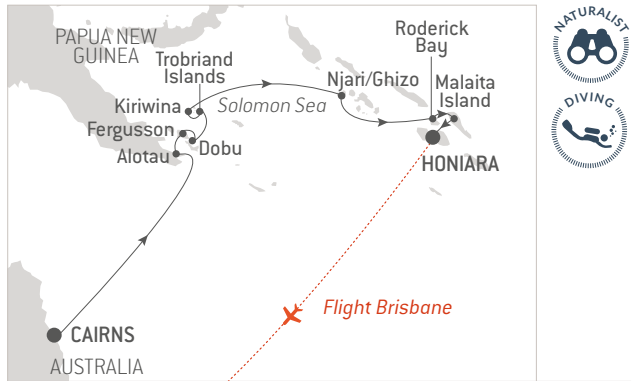


Ancient cultures of Papua New Guinea

CAIRNS • HONIARA

LE SOLÉAL 11 days/10 nights
11th October; 1st November 2022

From € 5,280



DAY	ITINERARY
1	Darwin (Australia). Embarkation from 15.00 to 16.00
2	At sea
3	Banda Neira, Maluku Islands (Indonesia)
4	Triton Bay, West Papua (Indonesia)
5	Kitikiti Waterfall, Mommon (Indonesia)
6	At sea
7,8	Cenderawasih Bay (Indonesia)
9	At sea
10	Jayapura, Papua (Indonesia)
11	Kopar (Papua New Guinea)
12	Madang (Papua New Guinea)
13	Tami Islands (Papua New Guinea)
14	Tufi (Papua New Guinea)
15	Alotau (Papua New Guinea)
16	At sea
17	Cairns (Australia) - Arrival: 08.00 - Disembarkation.

DAY	ITINERARY
1	Cairns (Australia). Embarkation from 15.00 to 16.00
2	At sea
3	Alotau (Papua New Guinea)
4	Fergusson Island (Papua New Guinea) Dobu Island (Papua New Guinea)
5	Trobriand Islands (Papua New Guinea)
6	Kiriwina Island (Papua New Guinea)
7	At sea
8	Ghizo Island (Solomon Islands) Njari Island (Solomon Islands)
9	At sea - Roderick Bay, Florida Islands (Solomon Islands)
10	Malaita Island (Solomon Islands)
11	Honiara, Guadalcanal Island (Solomon Islands) - Arrival: 08.00 Disembarkation and transfer. Flight Honiara/Brisbane.

Highlights:

- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- From Tufi, journey on an outrigger canoe into the ancient Fiords of Cape Nelson.
- Visit the remote Tami Islands.
- Witness the cultures and traditions of Morobe region and the traditional ceremonies of the Asaro Mudmen of Madang region.
- Explore the Malukus, the paradisiacal Spice Islands and the spectacular karst islands of the Coral Triangle.
- Gain an insight into the history, culture and the diversity of flora and fauna from your expert expedition team.
- Possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

Highlights:

- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Swim and snorkel in the clear warm tropical waters of the Solomon Sea.
- Enjoy a guided walk through the diverse landscapes of Fergusson Island and view the DeiDei Hot Springs.
- Visit the Trobriand Islands, made famous as the 'Islands of love'.
- Snorkel on the wreck of the World Discoverer in Roderick Bay.
- Uncover Papua New Guinea's Role during World War II.
- The possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

Cultures & Nature in Papua New Guinea

HONIARA • CAIRNS

LE SOLÉAL 12 days/11 nights
21st October 2022

From € 6,040



Islands and cultures of Papua New Guinea

NEW

CAIRNS • CAIRNS

LE LAPÉROUSE 11 days/10 nights
10th February 2023

From € 4,940



DAY	ITINERARY
1	Flight Brisbane/Honiara, Guadalcanal Island (Solomon Islands). Welcome and transfer to the port. Embarkation from 16.00 to 17.00
2	At sea
3,4	Bougainville (Papua New Guinea)
5	Rabaul, Bismarck Archipelago (Papua New Guinea)
6	At sea
7	Madang (Papua New Guinea)
8	Tami Islands (Papua New Guinea)
9	Tufi (Papua New Guinea)
10	Samarai Island (Papua New Guinea)
11	At sea
12	Cairns (Australia) - Arrival: 08.00 - Disembarkation.

Highlights:

- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- The Solomon Islands, secret destination in the South Pacific and a tropical Eden.
- Sail into the scenic volcanic landscapes of Simpson Harbour and discover Rabaul, Papua New Guinea's 'Volcano Town'.
- From Tufi, journey on an outrigger canoe into the ancient Fiords of Cape Nelson.
- Visit the remote Tami islands.
- Discover traditional ceremonies of the Asaro Mudmen of the Madang region.
- Gain an insight into the history, culture and the diversity of flora and fauna from your expert expedition team.
- Possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.



DAY	ITINERARY
1	Cairns (Australia). Embarkation from 15.00 to 16.00
2	At sea
3	Alotau (Papua New Guinea)
4	Tufi (Papua New Guinea)
5	Tami Islands (Papua New Guinea)
6	Madang (Papua New Guinea)
7	Morobe Harbour (Papua New Guinea)
8	Lusancay Islands (Papua New Guinea)
9	Samarai Island (Papua New Guinea)
10	At sea
11	Cairns (Australia) - Arrival: 08.00 - Disembarkation.

Highlights:

- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- From Tufi, journey on an outrigger canoe into the ancient Fiords of Cape Nelson.
- The visit the remote Tami islands.
- Witness the cultures and traditions of Morobe region and the traditional ceremonies of the Asaro Mudmen of Madang region.
- Discover the colonial history of Samarai Island and of Papua New Guinea Role during World War II.
- Swim and snorkel in the clear warm tropical waters of the Solomon Sea.
- Walk on the picture – postcard-perfect Lusancay Islands
- The possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

Tropical odyssey between North East Australia and Indonesia

NEW

CAIRNS • BALI

LE LAPÉROUSE 16 days/15 nights
20th February 2023

From € 7,380



From Fiji to Bali

NEW

LAUTOKA • BALI 21st January 2023

BALI • LAUTOKA 4th March 2023

PAUL GAUGUIN 17 days/16 nights

From € 4,910



DAY	ITINERARY
1	Cairns (Australia). Embarkation from 15.00 to 16.00
2	Lizard Island (Australia)
3	At sea
4	Cape York (Australia)
5	At sea
6	Asmat, Papua (Indonesia)
7	At sea
8	Triton Bay, West Papua (Indonesia)
9	Kitikiti Waterfall, Mommon (Indonesia)
10	Banda Neira, Maluku Islands (Indonesia)
11	Barat Daya Islands (Indonesia)
12	Kalabahi, Alor (Indonesia)
13	Maumere, Flores (Indonesia)
14, 15	Komodo National Park (Indonesia)
16	Benoa, Bali (Indonesia) - Arrival: 10.00 Disembarkation.

Highlights:

- A brand-new cruise to discover the lush north-east of Australia and the heavenly islands of Indonesia, between sumptuous landscapes and meetings with the local population.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Komodo National Park, **listed as World Heritage by UNESCO.**
- Discover the Asmat region and its small traditional villages, inhabitants and warrior ceremonies.
- Discover the Malukus, the Spice Islands.
- Opportunities for swimming and snorkelling.
- Possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.



DAY	ITINERARY	PORT OF CALL DURATION
1	Lautoka, Viti Levu Island (Fiji). Embarkation from 14.30 to 15.30	
2	At sea	
3	Espiritu Santo Island (Vanuatu)	Afternoon
4	At sea	
5	Honiara, Guadalcanal Island (Solomon Islands)	Full day
6	At sea	
7	Samarai Island (Papua New Guinea)	Morning
8	Port Moresby (Papua New Guinea)	Full day
9	At sea	
10	Thursday Island (Australia)	Morning
11, 12	At sea	
13	Dili (Timor-Leste)	Full day
14	At sea	
15	Komodo National Park (Indonesia)	Morning
16	Benoa, Bali	Full day and evening
17	Benoa, Bali (Indonesia). Disembarkation.	

4th March 2023 departure: **the stop on the island of Thursday is replaced by a day at sea.**

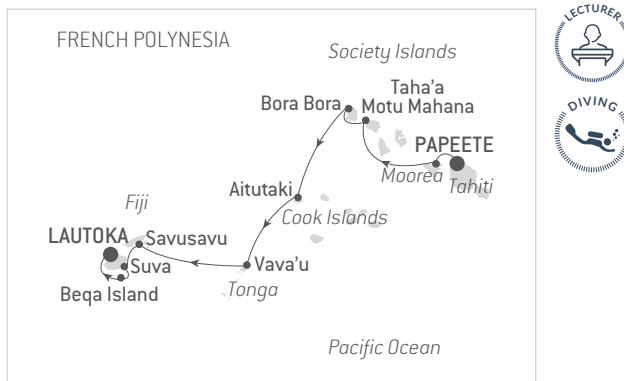


Highlights:

- An all-new cruise into the heart of the South Pacific's most beautiful archipelagos, discovering seven countries.
- **UNESCO World Heritage Site:** Komodo National Park.
- From Espiritu Santo, don't miss the unique performance from the 'water music women'.
- The Solomon Islands, secret destination in the South Pacific and a tropical Eden
- Overnight in Bali, the island of the gods.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.

Fiji, Tonga, Cook & Society Islands

PAPEETE • LAUTOKA 24th September 2022; 7th January 2023
LAUTOKA • PAPEETE 8th October 2022; 20th March 2023
PAUL GAUGUIN 14 days/13 nights or 13 days/12 nights
From € 5,120



Bora Bora, a romantic island

There are no words to describe the extravagant and disarming beauty of Bora Bora. With its vast ring of coral encircling the majestic silhouette of Mount Otemanu, the pearl of the Leeward Islands offers travellers perfect harmony in infinite shades of blue or an explosion of colours with red hibiscus and tropical fish. The island in the Society archipelago captivates with its white sandy beaches and its famous lagoon, one of the most beautiful in the world, where colourful fish frolic in incomparably turquoise water. Your ship will take you to the heart of this earthly paradise that is more beautiful than you can imagine – an unspoiled Eden with extraordinary marine life. Succumb to the delightfully sweet scent of Tahitian flowers and vanilla, and discover ancestral Polynesian traditions.

8th October 2022 departure: **no stop on Beqa Island.**

DAY	ITINERARY	PORT OF CALL DURATION
1	Papeete, Tahiti Island (French Polynesia). Embarkation from 16.00 to 17.00	
2	Moorea Island (French Polynesia)	Full day
3	Motu Mahana, Taha'a Island, Society Islands (French Polynesia)	Full day
4	Bora Bora, Society Islands (French Polynesia)	Full day
5	At sea	
6	Aitutaki (Cook Islands)	Full day
7	International Date Line, Extreme West	
8	At sea	
9	Vava'u Islands (Tonga)	Full day
10	At sea	
11	Savusavu, Vanua Levu Island (Fiji)	Full day
12	Suva, Viti Levu Island (Fiji)	Full day
13	Beqa Island (Fiji)	Full day
14	Lautoka, Viti Levu Island (Fiji) - Arrival: 06.00 Disembarkation.	

Highlights:

- Live the life idyllic with a memorable day on motu Mahana, our own private slice of paradise. On this exclusive islet, treat yourself to sand between your toes, the shade of swaying palm trees, a sumptuous barbecue lunch, and, of course, drinks sipped from coconuts.
- Two separate Fijian ports showcase an intriguing juxtaposition: the sophisticated capital city of Suva and the unspoiled beauty of Savusavu, called the 'hidden paradise of Fiji'.
- The landscapes: superb atolls, transparent waters, turquoise lagoons, white-sand beaches, sugar cane and pineapple plantations, rocky peaks and more.
- International Date Line crossing
- The possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.



Society Islands & The Tuamotus

PAPEETE • PAPEETE

PAUL GAUGUIN 11 days/10 nights
19th October; 28th December 2022

From € 3,890

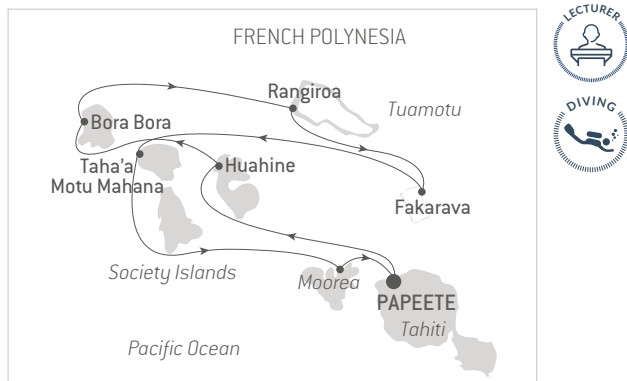


Tahiti & the Society Islands

PAPEETE • PAPEETE

PAUL GAUGUIN 8 days/7 nights
29th October; 5th, 12th November 2022

From € 2,550



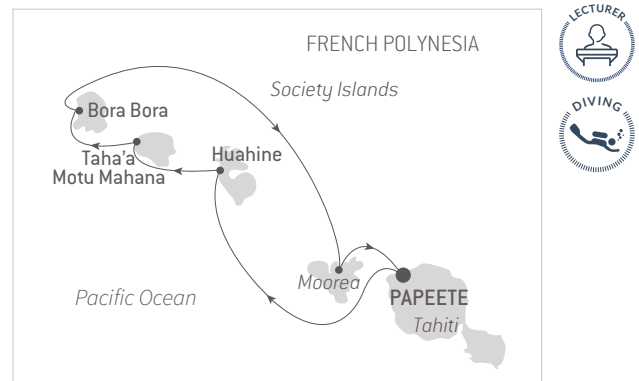
DAY	ITINERARY	PORT OF CALL	DURATION
1	Papeete, Tahiti Island (French Polynesia). Embarkation from 16.00 to 17.00		
2	Huahine, Society Islands (French Polynesia)		Full day
3	Bora Bora, Society Islands (French Polynesia)		Full day and evening
4	Bora Bora, Society Islands (French Polynesia)		Full day
5	Rangiroa, Tuamotu Islands (French Polynesia)		Afternoon
6	Fakarava, Tuamotu Islands (French Polynesia)		Full day
7	At sea		
8	Motu Mahana, Taha'a Island, Society Islands (French Polynesia)		Full day
9	Moorea Island (French Polynesia)		Full day and evening
10	Moorea Island (French Polynesia)		Full day
11	Papeete, Tahiti Island (French Polynesia). Disembarkation.		Evening



28th December 2022 departure: **Experience a magical New Year's Eve with PAUL GAUGUIN Cruises in the heart of the French Polynesia.**

Highlights:

- Enjoy an overnight in Bora Bora, to explore this laid-back destination's mountain peaks, its lagoon and turquoise waters.
- Discover the 'infinite lagoon' on Rangiroa, the biggest atoll in Polynesia, which is famous for its 'wall of sharks'.
- Fakarava, a biosphere reserve, **listed as World Heritage by UNESCO.**
- Live the life idyllic with a memorable day on Motu Mahana, our own private slice of paradise.
- Discover Polynesia's culture and traditions.
- The fauna: manta rays, spotted eagle rays, common eagle rays, lemon sharks, blacktip reef sharks, sea turtles and multicoloured fish.
- Possibility of diving (PADI Open Water Diver or equivalent) with an experienced instructor on board.



DAY	ITINERARY	PORT OF CALL	DURATION
1	Papeete, Tahiti Island (French Polynesia). Embarkation from 16.00 to 17.00		
2	Huahine, Society Islands (French Polynesia)		Full day
3	Motu Mahana, Taha'a Island, Society Islands (French Polynesia)		Full day
4	Bora Bora, Society Islands (French Polynesia)		Full day and evening
5	Bora Bora, Society Islands (French Polynesia)		Full day
6	Moorea Island (French Polynesia)		Full day and evening
7	Moorea Island (French Polynesia)		Full day
8	Papeete, Tahiti Island (French Polynesia). Disembarkation.		Evening

Highlights:

- Slow down and let stress float away on secluded Huahine. Explore the local village on foot, wander through lush rainforests or float in crystal-clear lagoons.
- Live the life idyllic with a memorable day on Motu Mahana, our own private slice of paradise.
- Enjoy an overnight in Bora Bora, which gives you ample time to explore this laid-back destination's dramatic mountain peaks, romantic lagoon and impossibly turquoise waters.
- Discover Polynesia's traditional way of life and customs.
- The landscapes: lagoons, idyllic beaches, deserted coves, tropical forests and mountain peaks.
- The opportunity to dive (PADI Open Water Diver or equivalent) with an experienced instructor on board.

Marquesas, The Tuamotus & Society Islands

PAPEETE • PAPEETE

PAUL GAUGUIN 15 days/14 nights
19th November; 3rd December 2022

From € 6,130

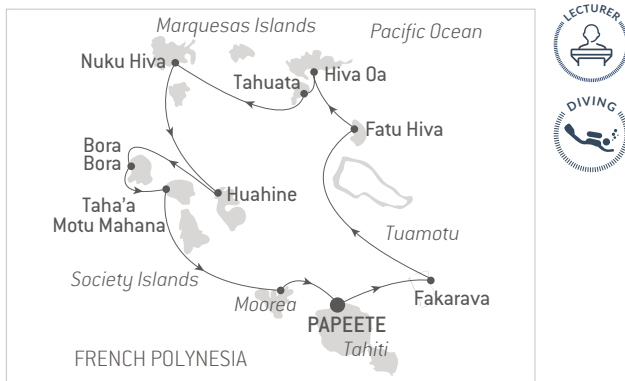


Cook Islands & Society Islands

PAPEETE • PAPEETE

PAUL GAUGUIN 12 days/11 nights
17th December 2022

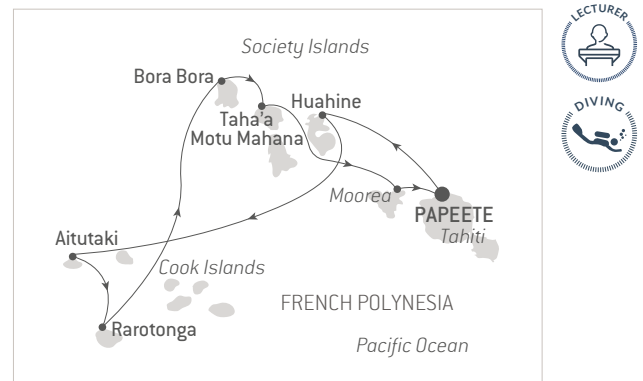
From € 4,270



DAY	ITINERARY	PORT OF CALL DURATION
1	Papeete, Tahiti Island (French Polynesia). Embarkation from 16.00 to 17.00	
2	At sea	
3	Fakarava, Tuamotu Islands (French Polynesia)	Full day
4	At sea	
5	Omoa, Fatu Hiva Island (French Polynesia)	Full day
6	Atuona, Marquesas Islands (French Polynesia)	Full day
7	Hapatoni, Tahuata Island (French Polynesia)	Full day
8	Taiohae, Nuka Hiva Island (French Polynesia)	Full day
9, 10	At sea	
11	Huahine, Society Islands (French Polynesia)	Full day
12	Bora Bora, Society Islands (French Polynesia)	Full day and evening
13	Motu Mahana, Taha'a Island, Society Islands (French Polynesia)	Full day
14	Moorea Island (French Polynesia)	Full day
	Papeete, Tahiti Island (French Polynesia)	Evening
15	Papeete, Tahiti Island (French Polynesia). Disembarkation.	

Highlights:

- History and culture are at the forefront of the island of Hiva Oa, which is home to the largest stone sculptures in the Marquesas, said to be linked to the famous tikis of Easter Island.
- Fakarava, a biosphere reserve and the world's second-largest lagoon, home to unique flora and fauna, grey sharks and untouched coral reefs, listed as **World Heritage by UNESCO**.
- Live the life idyllic with a memorable day on Motu Mahana, our own private slice of paradise.
- The landscapes: towering peaks, forests, turquoise lagoons, unspoilt beaches, deserted coves and more underwater caves.
- The fauna: multicoloured coral, common eagle rays, lemon sharks, blacktip reef sharks and exotic fish.
- The opportunity to dive (PADI Open Water Diver or equivalent) with an experienced instructor on board.



DAY	ITINERARY	PORT OF CALL DURATION
1	Papeete, Tahiti Island (French Polynesia). Embarkation from 16.00 to 17.00	
2	Huahine, Society Islands (French Polynesia)	Full day
3	At sea	
4	Aitutaki (French Polynesia)	Full day
5	Rarotonga (French Polynesia)	Full day
6	At sea	
7	Bora Bora, Society Islands (French Polynesia)	Full day and evening
8	Bora Bora, Society Islands (French Polynesia)	Full day and evening
9	Motu Mahana, Taha'a Island, Society Islands (French Polynesia)	Full day
10	Moorea Island (French Polynesia)	Full day and evening
11	Moorea Island (French Polynesia)	Full day
	Papeete, Tahiti Island (French Polynesia)	Evening
12	Papeete, Tahiti Island (French Polynesia). Disembarkation.	

Highlights:

- Visit Huahine also known as the 'Garden Island'.
- Stop in Aitutaki, considered one of most beautiful islands in Polynesia.
- Enjoy an overnight in Bora Bora, which gives you ample time to explore this laid-back destination's dramatic mountain peaks romantic lagoon and impossibly turquoise waters.
- Live the life idyllic with a memorable day on Motu Mahana, our own private slice of paradise.
- Explore Moorea, the 'magic island' with its eight valleys, Mount Rotui, beautiful bays and perfect lagoon.
- The fauna: lemon sharks, blacktip reef sharks, spotted eagle rays, Manta rays, superb coral, sea turtles, giant green morays, emperor angelfish, Napoleon fish, butterflyfish and more...
- The opportunity to dive (PADI Open Water Diver or equivalent) with an experienced instructor on board.

Shore Excursions Highlights

On the majority of your ports of call, we invite you to enhance your trip with specially designed, high-quality optional excursions. Whether cultural (visits of sites, monuments and museums that are emblematic of the region) or sporty (hikes, excursions on bikes or kayaks), you will certainly find something to suit you among the wide range we offer.

Full tour programme is available on our website www.ponant.com 12 months prior to your cruise departure. You can also pre-book your PONANT shore-excursions up to 2 months before your cruise, and have them billed on board. Final programme will be sent with your cruise documents.

Below you will find some examples of the key excursions available in Oceania and Polynesia for the Winter 2022-2023 season.

In New Zealand

- **Akaroa**, Manderley Farm Tour (3 h 30) € €
- **Akaroa**, Marine life observation cruise (2 h) € €
- **Akaroa**, Akaroa gourmet culinary experience (4 h) € € € €
- **Gisborne**, Getaway to Waipura Farm (3 h 30) € € €
- **Gisborne**, Steam train to Muriwai (3 h) € € €
- **Kaikoura**, Kaikoura peninsula discovery (3 h 30) € €
- **Kaikoura**, Whale watching cruise (2 h 30) € € €
- **Kaikoura**, Kaikoura kayak adventure (3 h) € € €
- **Napier**, Maori experience (5 h 30) € €
- **Napier**, Hawke's Bay wineries (4 h) € €
- **Picton**, Queen Charlotte Sound cruise & tasting (4 h) € € € €
- **Picton**, Queen Charlotte cruise & walk (3 h 30) € €
- **Picton**, Sheep farm & winery (7 h) € € € €
- **Tauranga**, Rotorua thermal wonderland (9 h) € € € €
- **Tauranga**, Rotorua : volcanism & geothermalism (9 h) € € € €
- **Wellington**, Around Wellington (3 h 30) € €
- **Wellington**, Wellington city sights (4 h) € €



Paul Gauguin Shore Excursions Highlights

In Australia

- **Norfolk Island**, Discover Norfolk Island (1 h 30) € €
- **Thursday Island**, Thursday Island highlights (1 h) € €



In Fiji

- **Beqa Island**, Cultural village & firewalking show (3 h 30) € € €
- **Savusavu, Vanua Levu Island**, Waisali rain forest & reserve (3 h 30) € € €
- **Savusavu, Vanua Levu Island**, Nukubalavu village tour (3 h) € € €
- **Suva, Viti Levu Island**, Fiji's culture & heritage tour (4 h) € € €
- **Suva, Viti Levu Island**, Zipline (5 h) € € €

In Cook Islands

- **Aitutaki**, Aitutaki discovery safari (3 h 30) € €
- **Aitutaki**, Circle island tour (2 h 30) € €
- **Aitutaki**, Lagoon cruise with beach break (6 h) € € € €
- **Rarotonga**, Rarotonga safari by 4WD (3 h) € € € €
- **Rarotonga**, Pa 'Son of Rarotonga' (3 h) € € € €
- **Rarotonga**, Muri lagoon cruise (3 h) € € € €

In the Solomon Islands

- **Honiara, Guadalcanal Island**, Kakabona village cultural tour (3 h) € €
- **Honiara, Guadalcanal Island**, Bonegi beach & snorkel (3 h) € €

Tonga

- **Vava'u Islands**, Polynesian cultural tour (3 h 30) € €
- **Vava'u Islands**, Ene'io Tongan feast (4 h) € €

In Papua New Guinea

- **Port Moresby**, Port Moresby City highlights (4 h) € €
- **Port Moresby**, Exploring Papuan customs & traditions (3 h 30) € €



In French Polynesia

- **Atuona, Marquesas Islands**, Atuona to Taaoa (3 h 30) € € €
- **Bora Bora, Society Islands**, By helicopter: Flightseeing Bora Bora and Tupai (30 minutes flight) (1 h) € € € € €
- **Bora Bora, Society Islands**, Sharks & stingrays encounter (3 h) € € €
- **Bora Bora, Society Islands**, Sunset sail by catamaran (2 h) € € €
- **Bora Bora, Society Islands**, Sunset cruise on outrigger canoe (2 h) € € €
- **Fakarava, Tuamotu Islands**, Half day to Teahatea beach (3 h 30) € € €
- **Fakarava, Tuamotu Islands**, Full-day tour to South Pass with snorkelling (7 h) € € € € €
- **Hapatoni, Tahuata Island**, Hapatoni discovery (3 h 30) € € €
- **Huahine, Society Islands**, Lagoon cruise & snorkelling (3 h) € € €
- **Huahine, Society Islands**, Motu picnic (6 h) € € €

In East Timor

- **Dili**, Dili history tour (4 h) € €
- **Dili**, Half-day Maubara tour (5h) € € € €

In Vanuatu

- **Espiritu Santo Island**, Water Music experience (2 h) €
- **Espiritu Santo Island**, Northern seaside & Blue Hole (3 h 30) € €
- **Espiritu Santo Island**, Runsuc village and firewalking (3 h) € €



Price: € = less than € 50, € € = from € 50 to € 100, € € € = from € 100 to € 150, € € € € = more than € 150.

Tours are sold on board Paul Gauguin in US dollars. The dollar/euro conversion is made according to the exchange rate above as of December 8th, 2021.

The final price of the excursion will be communicated to you on board

Pre- & Post-Cruise Programmes

We invite you to enhance your cruise and extend your trip with carefully designed, high-quality programmes organised to tie in with the flights selected by PONANT. These are group excursions, and are available either immediately before or after your cruise; they must be booked before departure.

Please find below samples of the programmes available in Oceania and Polynesia for Winter 2022-2023 season.

Full tour programme and prices are available on our website www.ponant.com 12 months prior to your cruise departure, or call your travel agent.

Auckland, New Zealand

Glimpse of Auckland and Waiheke Island

(2 days/1 night, price per person: from €480)

You will begin your programme with a scenic tour of Auckland during which you will enjoy some of the city's most beautiful panoramas. You will take a ferry to Waiheke Island. During a walk along the north panoramic road, you will enjoy spectacular views on the Hauraki Gulf and the Coromandel peninsula. You will also visit a botanical distillery and an agriculture property recognised for its olive oil. Plus, you will also visit a vineyard as well as an agricultural estate acclaimed for its olive oil: two unmissable tastings!



Your pre-cruise programme:

Auckland • Dunedin – 2nd December 2022 aboard *Le Soléal*

Cairns, Australia

Cairns, at the edge of Australia's tropical rainforest

(2 days/1 night, price per person: from €350)

Take an incredible trip into Australia's tropical rainforests, listed as an UNESCO World Heritage site. Aboard the Skyrail cableway, you will take a 7.5 km ride above the canopy. You will be completely immersed in the rainforest once your gondola descends through the canopy to make two stops: one at Red Peak Station for a walk deep into rainforests, and one at Barron Falls Station where bridges will lead you to three lookouts that provide breathtaking view of the gorge and Barron Falls. Your travel will end in the beautiful Kuranda village, in the heart of rainforest.

Your pre-cruise programme:

Cairns • Honiara – 11th October and 1st November 2022 aboard *Le Soléal*

Cairns • Sydney – 7th December 2022 aboard *Le Lapérouse*

Cairns • Cairns – 10th February 2023 aboard *Le Lapérouse*

Cairns • Bali – 20th February 2023 aboard *Le Lapérouse*

This programme is also available in one day after your cruise:

Darwin • Cairns – 25th September 2022 aboard *Le Soléal*

Honiara • Cairns – 21st October 2022 aboard *Le Soléal*

Hobart, Tasmania, Australia

Discover Hobart

(2 days/1 night, price per person: from €350)

Spend two unforgettable days discovering the capital of Tasmania. On a scenic tour of the city, you will be able to visit Australia's 'jewel of the South' and its architectural treasures, such as the historic and lively warehouses of Salamanca Place, the elegant 19th century residences, and Government House. The internationally renowned Museum of Old and New Art (MONA) will then open its doors to you and then it will be time to set off to discover the vineyards of Puddleduck and its delights. Before boarding, you will make a final stop in the historic village of Richmond.

Your pre-cruise programme:

Hobart • Hobart – 23rd December 2022 aboard *Le Lapérouse*



Sydney, Australia

The iconic Sydney

(2 days/1 night, price per person: from €480)

Welcome to vibrant Sydney! You will enjoy a first day exploring one of the most fascinating Australian cities at your own pace. On the following day, a scenic tour will take you to the iconic Sydney Opera House – a symbol of the city and a UNESCO World Heritage Site – then you will cross the majestic Harbour Bridge to get to Manly Beach. Following your meal in the seaside resort, you will continue your journey towards The Spit and finish your discovery of the region with a photo stop in front of the North Head cliffs, offering breathtaking views over the city's port.

Your pre-cruise programme:

Sydney • Hobart – 16th December 2022 aboard *Le Lapérouse*

This program is also available on a half-day post-cruise:

Cairns • Sydney – 7th December 2022 aboard *Le Lapérouse*

Noumea, New Caledonia

Getaway in the Caledonian 'brousse'

(3 days/2 nights, price per person: from €1,120)

Between the sea and the mountains, fall under the spell of the treasures of New Caledonia during a magnificent three-day programme. You will visit Bourail, a charming rural town on the Grande Terre island, and its small museum, before visiting the Roche Percée site, famous for its quartz monolith sculpted by the waves. On the following day, the Parc des Grandes Fougères will welcome you for a timeless visit, in the heart of a tropical forest with rich biodiversity. Finally you will head to the city of Nouméa for a scenic tour to discover its emblematic spots.

Your pre-cruise programme:

Noumea • Auckland – 22nd November 2022 aboard *Le Soléal*



This programme is also available in three nights after your cruise:

The discovery of Kanak culture takes pride of place in this enhanced programme: you will visit the Tjibaou Cultural Centre and hear fascinating stories of Kanak myths and folklore. Honiara • Noumea – 11th November 2022 aboard *Le Soléal*

COMFORT AND RELAXATION

Our comfort and relaxation programmes have been specially designed to allow you to rest and freely enjoy the wonderful setting of a prestigious hotel hand-selected for you. Several options are available to best meet your desires.

Allow yourself to relax into the tranquillity of Moorea or Bora Bora to start or complete your unforgettable cruise. Settled in your floating paradise, a magnificent villa on stilts with views over the infinite blue and the volcanic peaks, you will be charmed by beauty of Polynesia. These few days are yours: explore the island or simply delight in the serenity that is on offer here.

3 NIGHTS before your cruise

(SOCIETY ISLANDS AND TUAMOTU)

- 1 night in Papeete and 2 nights at Hilton Moorea
- 1 night in Papeete and 2 nights at Intercontinental Bora Bora

3 NIGHTS before your cruise

(available for all cruises except for the SOCIETY ISLANDS AND TUAMOTU cruise)

- 3 nights at Hilton Moorea
- 3 nights at Intercontinental Bora Bora

3 NIGHTS after your cruise

(available for all cruises)

- 3 nights at Hilton Moorea and 1 room in day use in Papeete
- 3 nights at Intercontinental Bora Bora and 1 room in day use in Papeete

You may also prefer a day of relaxation with or without an overnight stay to make the most of the amenities and services provided in an exceptional setting.

1 DAY before and after your cruise

(available for all cruises)

- 1 room day use at Intercontinental Tahiti

1 NIGHT before and after your cruise

(available for all cruises)

- 1 night at Intercontinental Tahiti



Prices: consult us.



Grand Voyages

Time stretches out, the horizon unfolds...
Between discoveries and emotions, let yourself
be tempted by a great voyage punctuated
by unforgettable ports of call!

PONANT proposes long-distance voyages, carefully selected back-to-back cruises
that will give you the time to savour an exceptional itinerary.

For a singular sailing experience, imbued with serenity,
succumb to the charms of our ocean voyages.



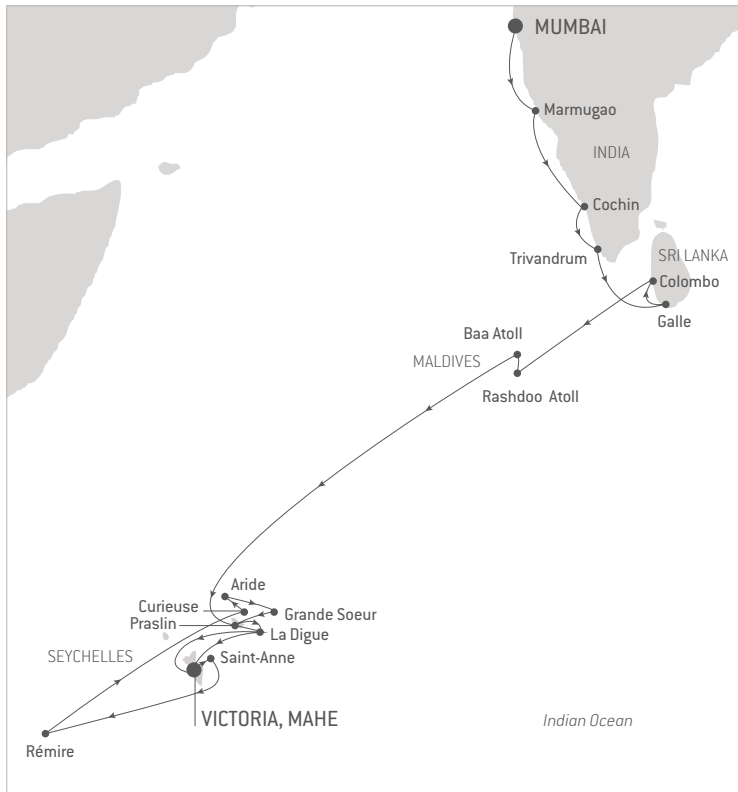
The Indian Ocean, from Mumbai to the Seychelles

MUMBAI • MAHE

LE CHAMPLAIN 30 days/29 nights

From 23rd January to 21st February 2023

From € 11,100



Set off an exceptional journey in the Indian Ocean! Aboard *Le Champlain*, discover India and the verdant regions of Goa and Kerala as well as their cultural treasures. You will then head for Sri Lanka and visit Galle whose magnificent Old Town and Fortifications are a UNESCO World Heritage Site. Your ship will then set sail for the sumptuous islands of the Indian Ocean. The Maldives will welcome you to their enchanted paradise: the transparent waters of the preserved atolls serve as a backdrop for coral, manta rays, sharks and turtles. You will soon set sail again, heading for the Seychelles. Here too, nature resembles an imagined Eden. The islands are scattered... and the beauty is omnipresent. You won't be able to resist to the charms of the Seychelles, with its coral, colourful vegetation, blocks of granite fringed with coconut trees and thousands of captivating birds.



This Grand Voyage is made up of the following cruises:

- **Treasures of India** - 23rd January 2023 - see page 101
- **Sri Lanka, Maldives & Seychelles** - 1st February 2023 - see page 102

- **The essential Seychelles**
13th February 2023 - see page 103



For the formalities of this Grand Voyage, please refer to the individual nominated cruises specified.

DAY	ITINERARY	COUNTRY
23/01/23	Mumbai (ex Bombay) Mumbai (ex Bombay) > at sea > Marmugao (Goa) > at sea > Cochin > Trivandrum > Galle >	India
01/02/23	Colombo Galle > at sea > Rasdhoo Atoll > Baa Atoll > at sea > Praslin Island > La Digue Island >	Sri Lanka
13/02/23	Mahe Sainte Anne Marine National Park > Rémiré Island > Curieuse Island > Aride Island > Grande Soeur > Praslin Island > La Digue Island	Seychelles
21/02/23	Mahe	Seychelles

Highlights:

- A journey to discover the Indian Ocean, from the fascinating and lush shores of India and Sri Lanka to the idyllic beaches of the Maldives and the Seychelles.
- **UNESCO World Heritage Sites:** the Elephanta Caves and the Chhatrapati Shivaji Terminus railway station (formerly known as Victoria Terminus) in Mumbai, the churches and convents of Goa, the old town of Galle and its fortifications, Baa Atoll Biosphere Reserve, the Vallée de Mai nature reserve in Praslin.
- Discovering some of the world's most beautiful beaches in the Maldives and the Seychelles, including Anse Source d'Argent, surrounded by large granite blocks and fringed with coconut trees, on the island of La Digue.
- Exceptional marine environments and the possibility of observing abundant wildlife.
- The possibility of diving in Maldives and Seychelles (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team.

From the Solomon Islands to New Zealand

HONIARA • DUNEDIN

LE SOLÉAL 34 days/ 33 nights
11th November to 14th December 2022

From € 18,560



This Grand Voyage is made up of the following cruises:

- **Revealing the mysteries of Melanesia – with National Geographic** - 11th November 2022 - see page 123
- **Pacific Islands discovery – with National Geographic** - 22nd November 2022 - see page 123
- **Natural treasures of New Zealand** - 2nd December 2022 - see page 122



For the formalities of this Grand Voyage, please refer to the individual nominated cruises specified.

DAY	ITINERARY	COUNTRY
11/11/22	Flight Brisbane/Honiara, Guadalcanal	Solomon Islands
	Santa Ana Island > at sea > Vanikoro Island > Ureparapara Island > Espiritu Santo Island > Ambrym Island > Malekula > Tanna Island > Lifou > Kouaré Island	
22/11/22	Nouméa	New Caledonia
	Kouaré Island > Maré, Loyalty Islands > Lifou > Hienghène > Port-Bouquet Bay > at sea > Norfolk Island > at sea > Bay of Islands	
02/12/22	Auckland	New Zealand
	Tauranga > Gisborne > Napier > Wellington > Picton > Kaikoura > Akaroa > at sea > Doubtful Sound navigation > Milford Sound Navigation > Ulva Island	
14/12/22	Dunedin	New Zealand

Highlights:

- An unforgettable cruise into the very heart of the Pacific Ocean, to Vanuatu, New Caledonia and New Zealand, combining splendid wild scenery and the discovery of fascinating ancestral cultures.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- **UNESCO World Heritage Sites:** the lagoons of New Caledonia from Hienghène and the Fiordland National Park.
- The discovery of the arts and traditions of several peoples in the Pacific: Kanak culture through the 'Big Nambas' tribes on Malekula and Ambrym, and the Maori culture in New Zealand.
- The exceptional navigations around the caldera of Ureparapara Island and in the fjords of New Zealand.
- Possibility of diving (PADI Advanced Open Water Diver or equivalent) with an experienced instructor on board and of snorkelling with your expedition team on the Honiara-Nouméa cruise.

Set sail on an odyssey into the heart of the Pacific Ocean aboard *Le Soléal*. Vanuatu will welcome you, with its traditional villages, tropical beaches, coral reefs and splendid volcanos, for unforgettable moments. Then, New Caledonia and its unique culture will open its doors to you. Get to the very heart of Kanak culture and explore its idyllic lagoons. Nature is home to other secrets that it will reveal to you on the Loyalty Islands. The coastlines of New Zealand are within sight, on the horizon. With cosmopolitan cities, custodians of Maori culture, and sublime scenery, the island nation offers you unique riches. Explore the spectacular Kaikōura Peninsula, the rainforests teeming with life on Ulva Island or even the Fiordland National Park, part of a UNESCO National Heritage Site for its splendid fjords, lakes and valleys.

From the Antarctic Peninsula to the Chilean fjords

USHUAIA • TALCAHUANO

LE BORÉAL 24 days/23 nights

From 25th February to 20th March 2023

From € 12,990



This Grand Voyage is made up of the following cruises:

- **Emblematic Antarctica**
25th February 2023 - see page 56
- **The best of Chilean fjords**
7th March 2023 - see page 58



For the formalities of this Grand Voyage, please refer to the individual nominated cruises specified.

DAY	ITINERARY	COUNTRY
25/02/23	Flight Buenos Aires/Ushuaia Crossing the Drake Passage > Antarctic Peninsula > Crossing the Drake Passage	Argentina
07/03/23	Ushuaia Puerto Williams > Sailing around Cape Horn > Garibaldi Glacier > Agostini Glacier > Sailing in the Strait of Magellan > Estero las Montañas > Skua Glacier > El Brujo Glacier > Pie XI Glacier > English Passage > Tortel > Sailing in the Pulluche Canal > Quemchi, Chiloé Island > at sea	Argentina
20/03/23	Talcahuano. Flight to Santiago	Chile

Highlights:

- A journey into southern lands between the distant shores of the White Continent and the meandering fjords of Chile, discovering breathtaking wild landscapes and extraordinary fauna.
- **Outings and shore visits in zodiac inflatables** with a team of experienced naturalist guides.
- Landscapes: a multitude of drifting icebergs, tall, snow-covered mountains, fjords dominated by the snow-capped peaks of the Andes, mountain lakes with crystal-clear water.
- Wildlife: chinstrap penguins, gentoo penguins, Adélie penguins, Magellanic penguins, humpback whales, leopard seals, crabeater seals, Weddell seals, fur seals, sea lions, dolphins and numerous seabirds.
- Sailing in the Magellan Strait and, conditions allowing, landing on Cape Horn, a mythical site for sailors all over the world.

**Subject to ice and weather conditions. The expedition highlights and itineraries described above illustrate possible experiences only and cannot be guaranteed.*

The enormity of the southern world offers itself to you during an exceptional journey that invites you to discover the Antarctic Peninsula and the majestic Chilean fjords. Aboard *Le Boréal*, you will cross the renowned Drake Passage, escorted by albatrosses and cape petrels, to reach the shores of the White Continent. Gentoo, Adélie and chinstrap penguins, humpback whales, seals and seabirds will welcome you to their lands! Expect to be surprised by the icebergs drifting on a cobalt blue sea, by the ice floe, by the glaciers in dreamlike shapes and the snow-capped peaks on the horizon. It is now time to head back north to the fascinating Tierra del Fuego and its legendary sites, such as the mythical Cape Horn and the famous Strait of Magellan. Your ship will then take you into the heart of the Chilean fjords between winding channels, jagged mountains and narrow passages. You will sail on to discover the majestic Garibaldi, Agostini or Pio XI fjords and visit the region's picturesque villages before heading for Talcahuano.

Ocean Voyages

Lovers of the sea, dreamers, meditative travellers, attentive observers of endless horizons... Step on board our ocean voyages, our non-stop crossings, for a unique experience. Share the life of the crew while still enjoying the five-star comfort and facilities of our latest generation yachts.

As the days go by, and according to the ship, make the most of the charm and the quiet offered by these exceptional crossings. On board you can choose to relax around the pool with the sky as your backdrop or keep fit in the fitness centre and hammam. The library will welcome you for a spot of reading, whilst the bar offers you a convivial place where the cosy, softly lit atmosphere will not fail to delight you.

OUR NON-STOP OCEAN VOYAGES FOR THE WINTER 2022-2023 SEASON:

MIAMI (United States) • **HONFLEUR** (France)
LE BORÉAL 20 days/19 nights
19th April 2023 **From € 3,310**

FORT-DE-FRANCE (Martinique) • **PONTA DELGADA** (Portugal)
LE BELLOT 14 days/13 nights
29th March 2023 **From € 2,530**

BUENOS AIRES (Argentina) • **LAS PALMAS** (Spain)
LE LYRIAL 20 days/19 nights
30th March 2023 **From € 3,310**

OSLO (Norway) • **EDINBURGH** (United Kingdom)
LE CHAMPLAIN 3 days/2 nights
28th August 2023 **From € 850**

SINGAPORE (Singapore) • **KEELUNG** (Taiwan)
LE SOLÉAL 8 days/7 nights
17th March 2023 **From € 1,340**

FORT-DE-FRANCE (Martinique) • **LAS PALMAS** (Portugal)
LE DUMONT-D'URVILLE 11 days/10 nights
25th March 2023 **From € 1,990**

KOBE (Japan) • **DARWIN** (Australia)
LE SOLÉAL 14 days/13 nights
6th June 2023 **From € 2,320**

BERGEN (Norway) • **TORONTO** (Canada)
LE DUMONT-D'URVILLE 14 days/13 nights
15th August 2023 **From € 2,530**



A guest writes

"For years, it was just a dream... to set out on a long sea voyage, carried by the ocean winds, far away from everything. Some months ago, I made up my mind and I chose a transatlantic voyage, from Guiana to Senegal. Twenty one days at sea, living at the same rhythm as the crew. From the sunrises where the horizon seemed to be on fire, to the starry nights spent in the company of the officer on duty on the bridge, it was a truly unique experience. Each moment spent aboard the ship was an interlude, outside of real time, in the middle of the ocean. The ideal opportunity to fully embrace my passion for sailing. Meanwhile, my wife enjoyed the fitness studio, as well as the library

and the wonderful sight of the sea through the vast bay windows. We also loved to relax on a sun lounger on the Pool Deck, our eyes fixed on the horizon.

In the evening, after sharing a chat and a drink with a couple of journalists met onboard, we sometimes ate with the officers. The captain also proved to be very willing to answer our questions and showed us some of the sailing techniques.

It was one of the best journeys of my life, an experience like no other."

Alain F., Paris





The **PONANT** *Fleet*

Clean lines and innovative technologies are the strength and uniqueness of our latest generation fleet. Our ships are designed to blend into the landscapes while maintaining a high level of standing, contributing to the success of your cruise with the greatest respect for the environments visited.

The Sisterships: *L' Austral, Le Boréal, Le Soléal and Le Lyrial*

With their streamlined silhouettes and refined decor, these four ships are faithful to the PONANT philosophy: to sail and travel on intimately sized ships offering a subtle blend of luxury, privacy and wellness.





IN DETAIL

Length: 142 m
Width: 18 m
Draft: 4.7 m
Average cruising speed: 14 knots

Number of staterooms and suites: 122 or 132
Crew members: 145
Installed electrical power: 6,400 KW
Years of delivery: from 2009 to 2015





At the heart of PONANT's DNA

The Sisterships series has revolutionised the cruise ship concept. The style of these four yachts, for which French designers such as Jean-Philippe Nuel were commissioned, is of particular significance in the PONANT story. It symbolises the company's desire to build **the ideal cruise ship** and take the French art of living to all four corners of the world. The sleek lines and contemporary layout together form a perfect synthesis between the world of the sea and the world of yachting. This is achieved through the small capacity of the ships, which makes a personalised service possible onboard – a privileged opportunity for genuine exchange and interaction with the

crew, the special guests and the expert speakers. **The intimate size of the yachts** also makes it possible to access remote, isolated destinations and ports or harbours only accessible to smaller vessels. All the company's ships are thus designed to not only preserve a high quality of service and provide an intimate onboard atmosphere, but also to minimise the invasiveness of the ship's visit to ports of call for local populations, therefore facilitating contact and interaction. **Conceived and designed for the purpose of adventure**, these four yachts are faithful to PONANT's DNA: to explore the world with a constantly renewed sense of curiosity.

Amenities

- Individually controlled airconditioning
- Stateroom layout: king-size bed, or twin beds, communicating Staterooms available (Children welcome)
- Minibar
- Flat-screen satellite TV
- Bose™ Bluetooth speaker
- Desk with stationery
- Safe
- Hermès® bath products
- Dressing table, bath robes, hairdryer
- Direct line telephone
- 110V American (two flat pins)/220V European (round sockets with two round pins)
- 24hr room service
- Inclusive internet access Wi-Fi

Public areas

RECEPTION 135 sq.m. / 1 453 sq.ft.
Reception, customer relations and excursions desk

LOUNGES

- **Main lounge:** 255 sq.m. / 2 745 sq.ft.
Inside capacity: 110. Outside capacity: 30
Afternoon tea, lounge, live music, dance floor and cocktail bar
Access to the outside terrace
- **Panoramic lounge:** 110 sq.m. / 1 184 sq.ft.
Library, internet desk, cocktail bar, live entertainment on selected evenings with direct access to the panoramic terrace
- **Open-air bar** (Pool deck): Seating: 50
Overlooking the pool deck

RESTAURANTS

- **Gastronomic restaurant:** 370 sq.m. / 3 982 sq.ft.
Capacity: 268. Elegant main dining room for breakfast, lunch and dinner serving French and international cuisine, fine wine cellar

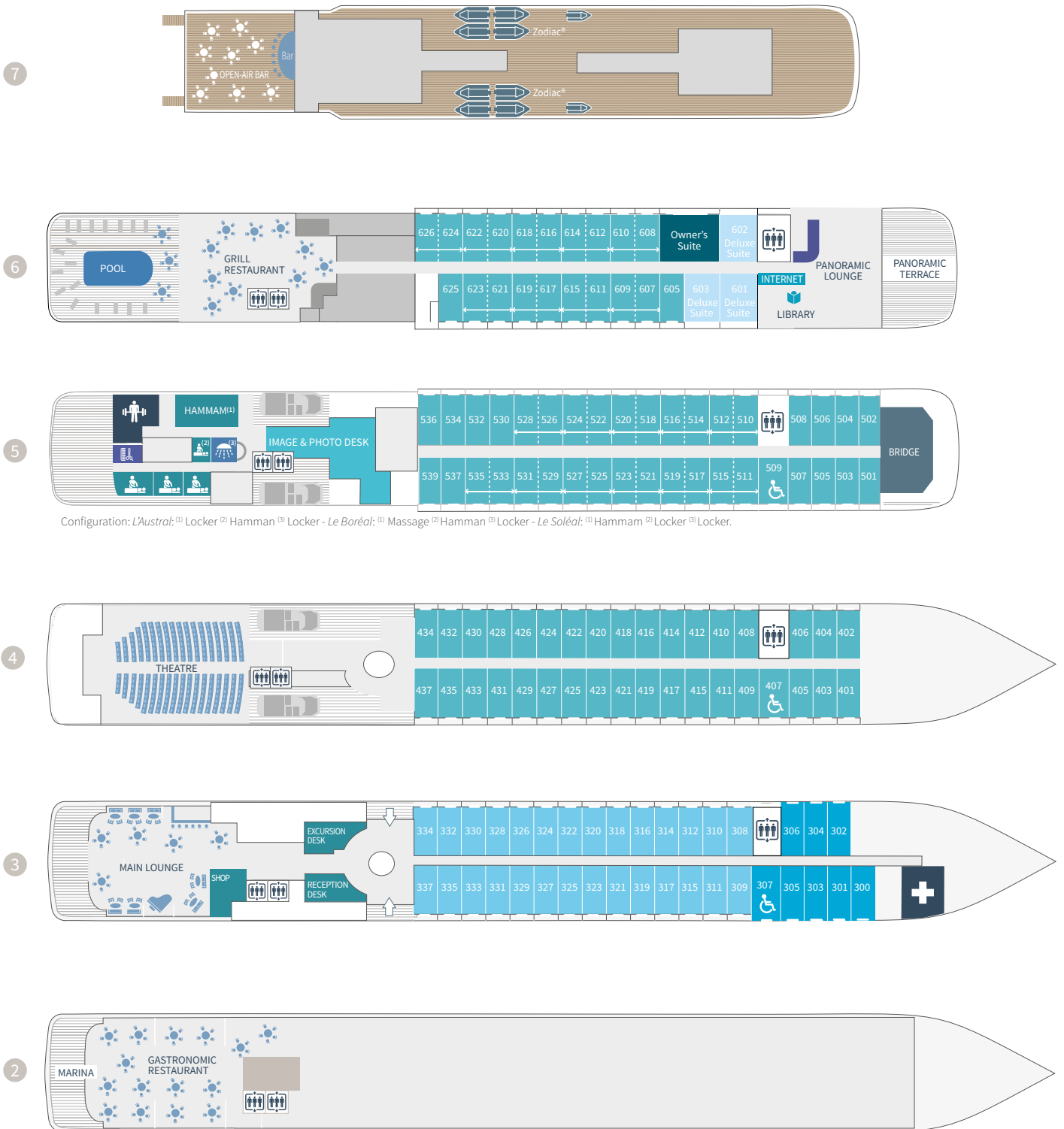
- **Grill restaurant:** 235 sq.m. / 2 530 sq.ft.
Interior capacity: 90. Exterior capacity: 60
Casual eating venue for breakfast, buffet lunch and themed dinner

RECREATION / RELAXATION

- **Theatre:** 250 sq.m. / 2 690 sq.ft. Capacity: 250.
Main show room for conferences and live entertainment on selected evenings, state-of-the-art audio and video technology
- **Wellness area:** Spa in partnership with SOTHYS™ - KÉRASTASE / L'Oréal Paris hair salon; free access hamman; fitness studio
- **Leisure area**
Studio Ponant: Special area for viewing and ordering photos/videos; Kids' Club (games area and consoles)

Deck Plans

L'Austral, Le Boréal and Le Soléal



Configuration: L'Austral: ⁽¹⁾ Locker ⁽²⁾ Hamman ⁽³⁾ Locker - Le Boréal: ⁽¹⁾ Massage ⁽²⁾ Hamman ⁽³⁾ Locker - Le Soléal: ⁽¹⁾ Hamman ⁽²⁾ Locker ⁽³⁾ Locker.

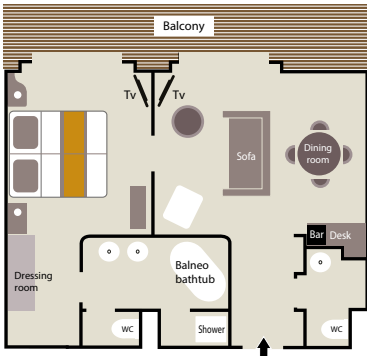
- Owner's Suite
Deck 6
- Deluxe Suites
Deck 6
- Deluxe Staterooms
Deck 3
- Prestige Suites
Deck 6 - 5
- Prestige Staterooms
Deck 4 - 5 - 6
- Superiors Staterooms
Deck 3

Discover your Stateroom

L'Austral, Le Boréal and Le Soléal

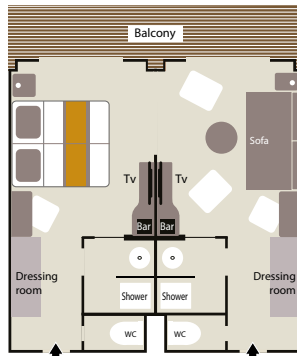
OWNER'S SUITE

45 sq.m. + 9 sq.m. private balcony / 484 sq.ft. + 97 sq.ft. private balcony with sliding bay windows



20 PRESTIGE SUITES

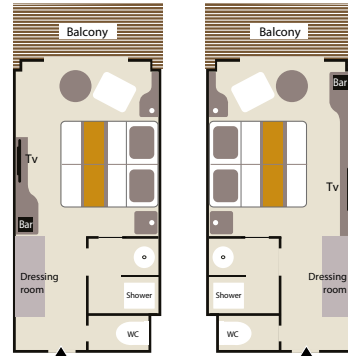
37 sq.m. + 8 sq.m. private balcony / 398 sq.ft. + 86 sq.ft. private balcony with sliding bay windows



⁽¹⁾ Prestige Suites aboard *Le Boréal* & *Le Soléal*: 1 shower and 1 bathtub.

92 PRESTIGE STATEROOMS

18.5 sq.m. + 4 sq.m. private balcony / 200 sq.ft. + 43 sq.ft. private balcony with sliding bay window



Deck 4

Deck 5-6

⁽²⁾ Prestige Staterooms aboard *Le Boréal* & *Le Soléal*, decks 5 & 6: 1 shower or bathtub depends on cabins.

3 DELUXE SUITES

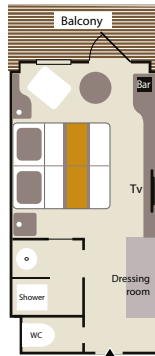
27 sq.m. + 6 sq.m. private balcony / 290 sq.ft. + 54 sq.ft. private balcony with sliding bay window



Deluxe Suites aboard *Le Boréal*: 1 shower and 1 bathtub.

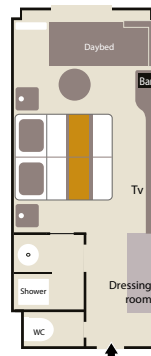
28 DELUXE STATEROOMS

18 sq.m. + 4 sq.m. private balcony / 200 sq.ft. + 43 sq.ft. private balcony with French window



8 SUPERIOR STATEROOMS

21 sq.m. / 226 sq.ft.

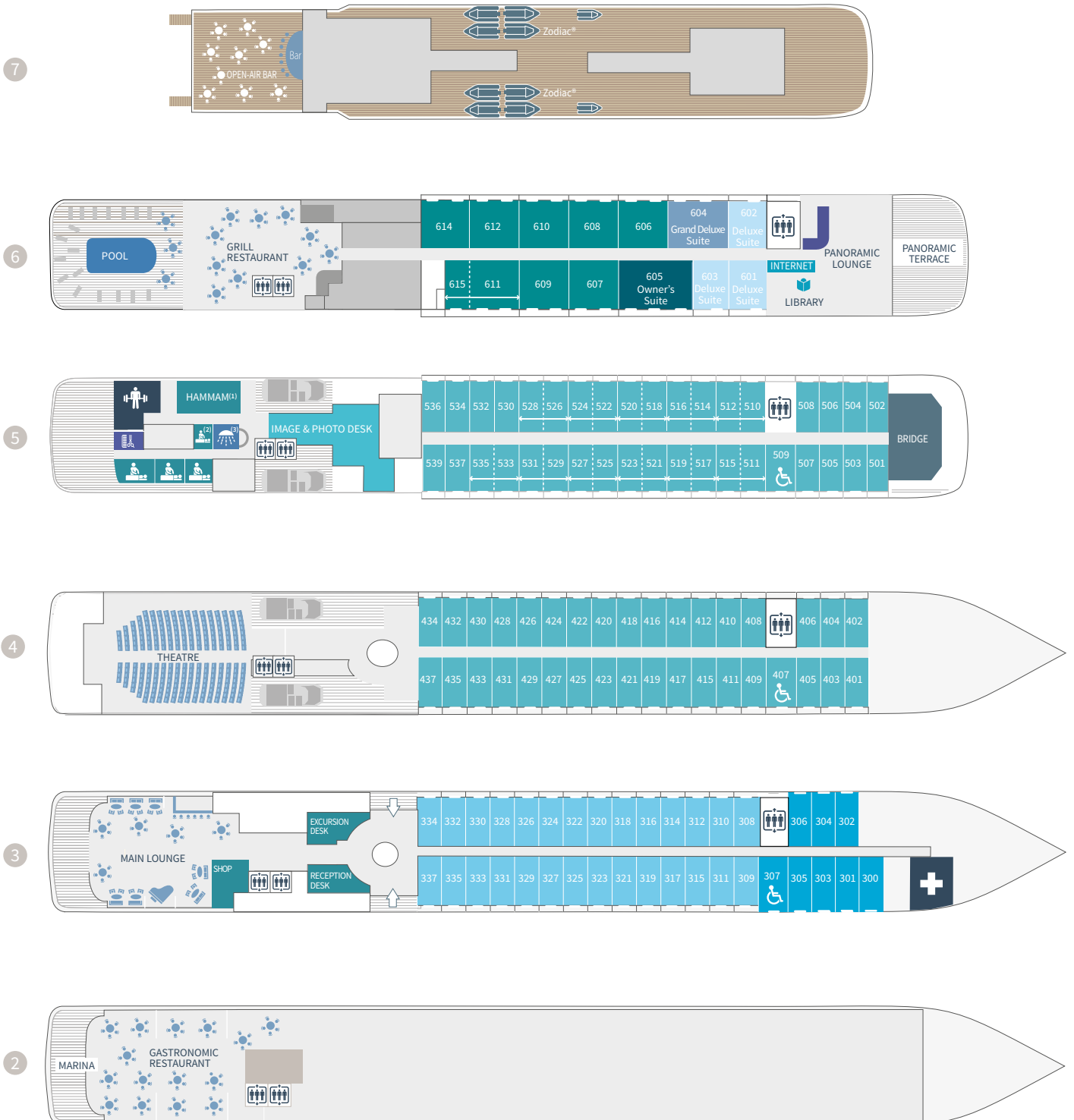


Visit *Le Soléal*
by scanning
this pictogram



Deck Plans

Le Lyrial

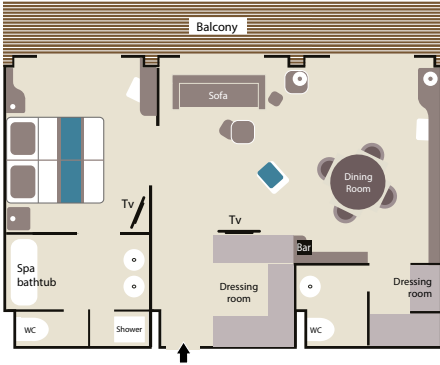


- Owner's Suite
Deck 6
- Privilege Suites
Deck 6
- Grand Privilege Suite
Deck 6
- Grand Deluxe Suites
Deck 6
- Deluxe Suites
Deck 6
- Prestige Staterooms
Deck 4 - 5 - 6
- Deluxe Staterooms
Deck 3
- Superior Staterooms
Deck 3

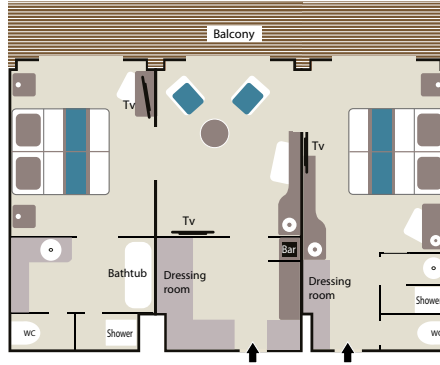
Discover your Stateroom

Le Lyréal

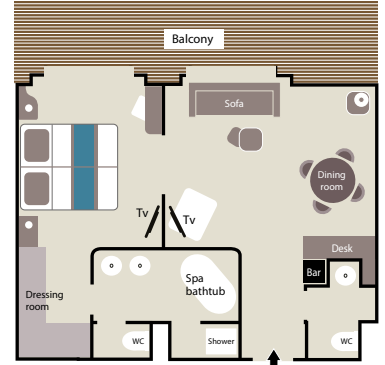
OWNER SUITE 55 sq.m + 12 sq.m. private balcony with sliding bay windows / 581 sq.ft + 129 sq.ft. private balcony with sliding bay windows



GRAND PRIVILEGE SUITE 55 sq.m + 12 sq.m. private balcony with sliding bay windows / 581 sq.ft + 129 sq.ft. private balcony with sliding bay windows

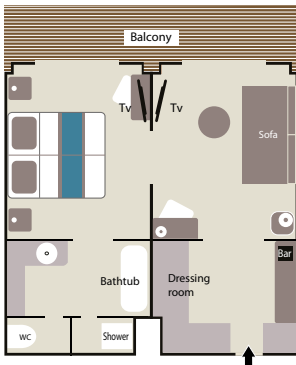


GRAND DELUXE SUITE 45 sq.m + 10 sq.m. private balcony with sliding bay windows / 484 sq.ft + 108 sq.ft. private balcony with sliding bay windows



8 PRIVILEGE SUITES

37 sq.m + 8 sq.m. private balcony with sliding bay windows / 388 sq.ft. + 86 sq.ft. private balcony with sliding bay windows

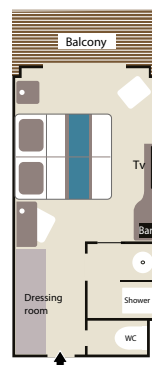
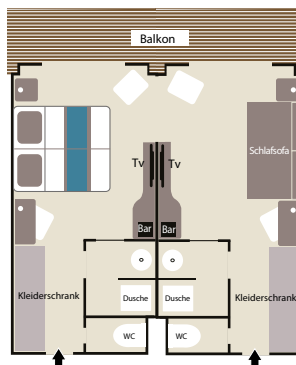


73 PRESTIGE STATEROOMS

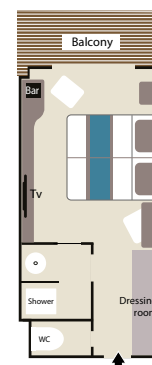
18.5 sq.m. + 4 sq.m. private balcony / 194 sq.ft. + 43 sq.ft. private balcony with sliding bay window

11 PRESTIGE SUITES

37 sq.m. + 8 sq.m. private balcony / 388 sq.ft. + 86 sq.ft. private balcony with sliding bay windows



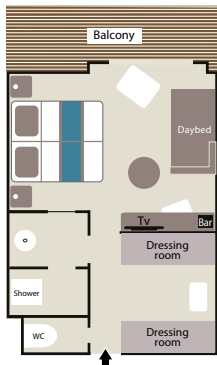
Deck 4



Deck 5-6

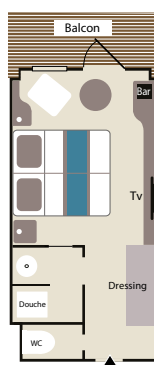
3 SUITES DELUXE

27 sq.m. + 6 sq.m. private balcony with sliding bay window / 291 sq.ft. + 65 sq.ft. private balcony with sliding bay window



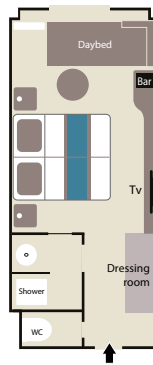
28 DELUXE STATEROOMS

18 sq.m. + 4 sq.m. private balcony with French window / 194 sq.ft. + 43 sq.ft. private balcony with French window



8 SUPERIOR STATEROOMS

21 sq.m. / 226 sq.ft



Visit *Le Lyréal* by scanning this pictogram



The PONANT Explorers: *Le Lapérouse, Le Champlain, Le Bougainville, Le Dumont-d'Urville, Le Bellot and Le Jacques-Cartier*

In contrast to the gigantism trend, these cruise ship, featuring just 92 cabins and suites, combine respect for the environment with distinguished design and cutting-edge technologies.

The future of adventure at sea is here today.





IN DETAIL

Length: 131 m
Width: 18 m
Draft: 4.7 m
Average cruising speed: 13,5 knots

Number of staterooms and suites: 92
Crew members: 118
Installed electrical power: 6,400 KW
Years of delivery: from 2018 to 2020



Built for expedition

The Explorers are **a homage to the great French explorers** Jean-François de La Pérouse, Samuel de Champlain, Louis-Antoine de Bougainville, Jules Dumont d'Urville, Joseph-René Bellot and Jacques Cartier. They take you in the footsteps of these men who ventured beyond the limits of the known world in search of new lands. For PONANT, as the only cruise operator flying the French flag to venture to the world's most remote destinations, paying tribute to these men in this way was an obvious step to take. **These ships have been designed to offer an expedition experience with a difference.** Highly manoeuvrable and equipped with the latest technologies to limit their impact on the environment, they make it possible

to offer you new itineraries and to refine our knowledge of remote, isolated lands and territories. Each is equipped with an adjustable marina providing swimming and bathing access from the ship itself, and a submerged mini-port that facilitates water-based activities out in the open sea (such as kayaking and stand-up paddleboarding). And finally, each of the ships is also equipped with **a multisensory underwater lounge named the *Blue Eye***, which allows cruise guests to see, listen to and sense the subaquatic world beneath the waterline – a world first designed by Jacques Rougerie, a French architect and academician with a passionate interest in the sea.

Amenities

- Individually controlled airconditioning
- Stateroom layout: king-size bed, or twin beds, communicating Staterooms available (Children welcome)
- Minibar
- Flat-screen satellite TV
- Video on demand
- Bose™ Bluetooth speaker
- Desk with stationery
- Safe
- Hermès® bath products
- Dressing table, bath robes, hairdryer
- Direct line telephone
- 110V American (two flat pins)/220V European (round sockets with two round pins)
- 24hr room service
- Inclusive internet access Wi-Fi

Public areas

RECEPTION

140 sq.m. / 1 507 sq.ft. - Reception/concierge desk, excursions desk, ship's administrative services, sales office, 50 sq.m. - 538 sq.ft shop

LOUNGES

- **Main lounge:** 200 sq.m. / 2 153 sq.ft. than can accommodate all our passengers at once for moments of shared conviviality, and as a venue for both daytime and evening shows and entertainment
- **Blue Eye lounge:** Multisensory underwater lounge that can accommodate 40 guests
- **Panoramic lounge:** Library, internet space, bar, and live entertainment on certain evenings with direct access to the panoramic terrace

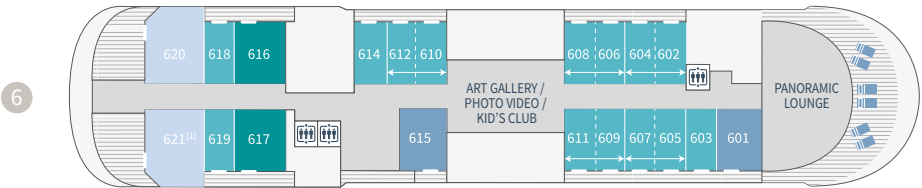
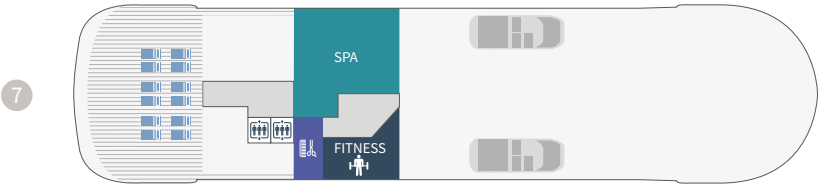
RESTAURANTS

- **Grill restaurant:** Capacity: 70
Grilled meats and a variety of salads and desserts. Views out over the pool deck
- **Panoramic restaurant:** Capacity: all passengers. Buffet & table service, wine cellar. Wide open on the outside.

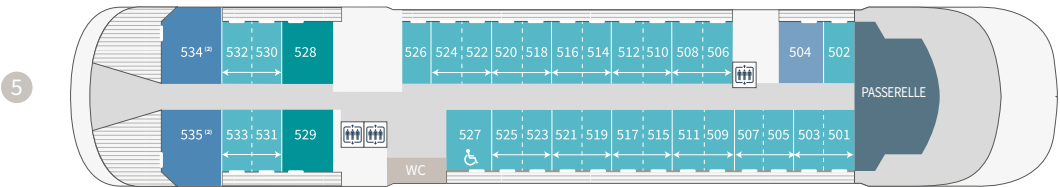
RECREATION / RELAXATION

- **Hydraulic platform:**
Much easier onboard access than on any other cruise ship: easier disembarking and embarking by zodiac when participating in expeditions; swimming and bathing in the sea and various nautical sports, such as kayaking and paddleboarding
- **Pool deck:**
A swimming pool offering panoramic views and equipped with a counter-current system; a pleasant, attractive sun deck; an exterior bar and lounge equipped with armchairs and sofas
- **Theatre:**
Capacity: 188 seats. Cutting-edge audio and lighting technology; LED stage background wall enabling the projection of ultra-high resolution media
- **Wellness area:**
Spa in partnership with SOTHYS™: massage and treatment cubicles, beauty care cubicle; KÉRASTASE, L'Oréal Paris hair salon; free access sauna; gym

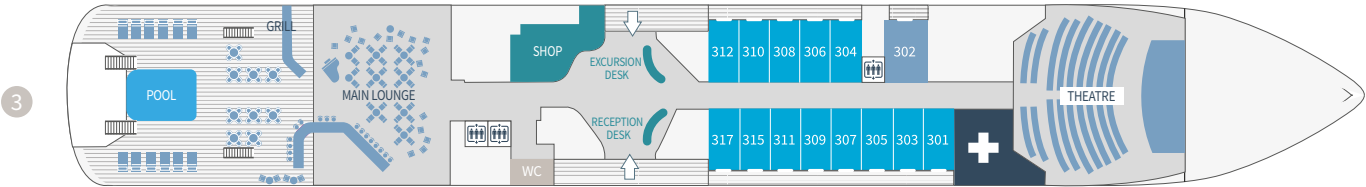
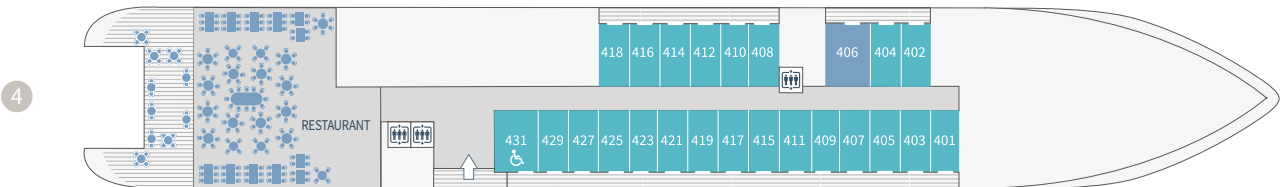
Deck Plans



(1) Aboard *Le Lapérouse* and *Le Champlain*, the Owner's Suite is located on deck 6 (Suite 621)



(2) Aboard *Le Lapérouse* and *Le Champlain*, the Suites 534 and 535 located on deck 5 are Grand Deluxe Suites.

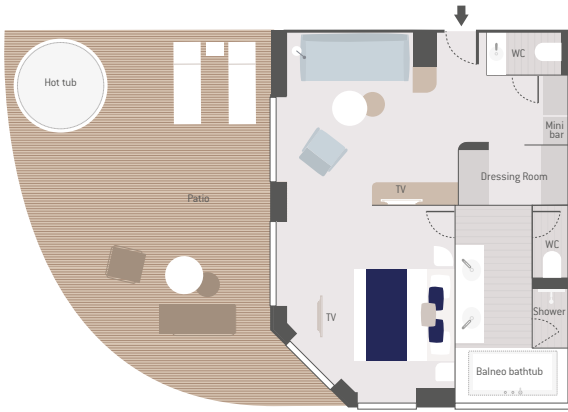


- Owner's Suite
Deck 5 (Deck 6 aboard *Le Lapérouse* and *Le Champlain*)
- Grand Deluxe Suites
Deck 5 - 6
- Deluxe Suites
Deck 3 - 4 - 5 - 6
- Deluxe Staterooms
Deck 3
- Privilege Suites
Deck 5 - 6
- ↔ Prestige Suites
Deck 5 - 6
- Prestige Staterooms
Deck 4 - 5 - 6

Discover your Stateroom

OWNER'S SUITE

45 sq.m + 40 sq.m. private terrace* with hot tub and sliding bay windows
484 sq.ft + 430 sq.ft. private terrace* with hot tub and sliding bay windows



(*30 sq.m. of private terrace aboard *Le Lapérouse* and *Le Champlain* - 323 sq.ft. of private terrace aboard *Le Lapérouse* and *Le Champlain*)

3 GRAND DELUXE SUITES

45 sq.m + 30 sq.m. private terrace and sliding bay windows
484 sq.ft + 323 sq.ft. private terrace and sliding bay windows



(Deck 5: 40 sq.m. private terrace with hot tub and sliding bay windows, except aboard *Le Lapérouse* and *Le Champlain*)

4 PRIVILEGE SUITES

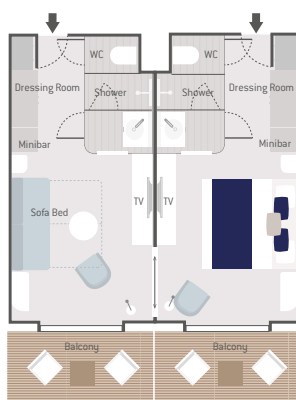
32 sq.m + 8 sq.m. private balcony with sliding bay window
344 sq.ft + 86 sq.ft. private balcony with sliding bay window



(*except aboard *Le Lapérouse* and *Le Champlain*)

18 PRESTIGE SUITES

38 sq.m + 8 sq.m. private balcony with sliding bay window
409 sq.ft + 86 sq.ft. private balcony with sliding bay window



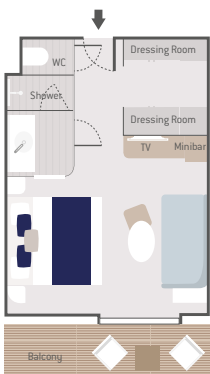
66 PRESTIGE STATEROOMS

19 sq.m + 4 sq.m. private balcony with sliding bay window
204 sq.ft + 43 sq.ft. private balcony with sliding bay window



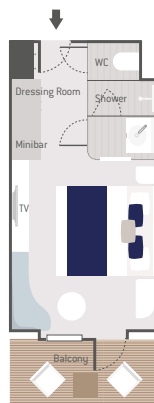
5 DELUXE SUITES

27,5 sq.m + 6 sq.m. private balcony with sliding bay window
291 sq.ft + 65 sq.ft. private balcony with sliding bay window



13 DELUXE STATEROOMS

19 sq.m + 4 sq.m. private balcony with French window
204 sq.ft + 43 sq.ft. private balcony with French window



Visit *Le Lapérouse*
by scanning
this pictogram



Le Commandant Charcot

Like the gentleman of the sea it is named after, this new ship takes cruise guests to visit the planet's last remaining untouched regions in both comfort and elegance. Its purpose and mission is to explore the poles with humility and a spirit of adventure.





IN DETAIL

Length: 150 m
Width: 28 m
Draft: 10 m
Average cruising speed: 15 knots

Number of staterooms and suites: 123
Crew members: 215
Installed electrical power: 42 MW
Year of delivery: 2021



An extreme polar exploration ship

Both on board and on land, *Le Commandant Charcot* is a concentrated blend of the equipment, people and knowledge essential to our global vision of sustainable development. **This responsible concept** comprises a hybrid propulsion system (liquified natural gas and electric batteries) never before seen in the polar regions; cutting-edge onboard technologies, waste and wastewater treatment systems; the creation of unique and never before available itineraries, and preliminary contact with local populations and polar organisations before cruises take place. *Le Commandant Charcot*, a ship in harmony with nature, **takes you beyond the polar circles** in complete safety and comfort. These wild, unspoiled lands are so strange and unknown that they turn your perception of the world upside

down and cause you to question your senses. In addition to cruise guests in search of the absolute, the ship is also designed to carry scientists. The two research laboratories on board enable the collection of data about the ice, the water and the fauna for use in furthering our knowledge about the poles. Cruise guests can also play an active role in this research through the use of special dedicated tools. **The onboard polar experience is enhanced through a range of exceptional services** and facilities such as the Blue Lagoon, an outdoor pool heated by via energy recuperation; the Snowroom, an invigorating snow bath to try immediately after the sauna; and a circular promenade deck equipped with heated benches and spotting scopes.

Amenities

- Private balcony for all our Cabins and Suites
- Terrace for the Duplex Suites and the Owner's Suite
- Butler service and priority boarding : Owner's Suite, Duplex Suites, Privilege Suites and Grand Prestige Suites
- Individually controlled airconditioning
- Stateroom layout: king-size bed, or twin beds, communicating staterooms available, children welcome
- Minibar - 24hr room service
- Satellite TV channels (availability dependent on navigation); selection of videos on demand
- Bose™ Bluetooth speaker
- Safe
- Selection of Dyptique Paris top-of-the-line bath products
- Dressing table, bath robes, hairdryer
- Direct line telephone
- 110V American (two flat pins)/220V European (round sockets with two round pins)
- Internet access Wi-Fi

Public areas

RECEPTION

270 sq.m. / 2 906 sq.ft. reception space; the expeditions desk; the onboard administrative services; the sales office run by our reception and voyages manager; the photo area – *Studio PONANT*

LOUNGES

- **Main lounge:**
313 sq.m. / 3 369 sq.ft. Main Lounge - 24 sq.m. / 258 sq.ft.; cigar Lounge; a tea room and bar with a programme of live music on certain evenings
- **Observation lounge:**
bar and a 262 sq.m. / 2 820 sq.ft. observation lounge; library; reading area; live entertainment
- **Inneq outdoor bar** where you can enjoy a varied and refined range of sweet and savoury food throughout the day
- **Detox bar** with sofas and armchairs
- **A giant firepit (Inneq - le feu)**, you can enjoy the polar landscapes in complete comfort

THE RESTAURANTS

- **Nuna Gastronomic restaurant:**
484 sq.m. / 5 209 sq.ft. Breakfasts, lunches and dinners; french and international cuisine; fine wine cellar

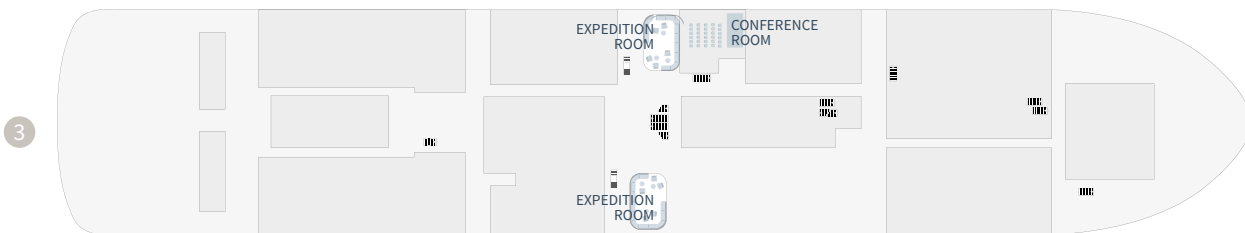
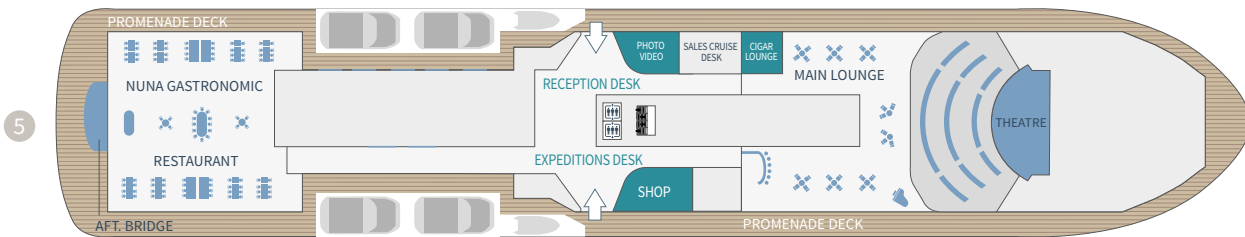
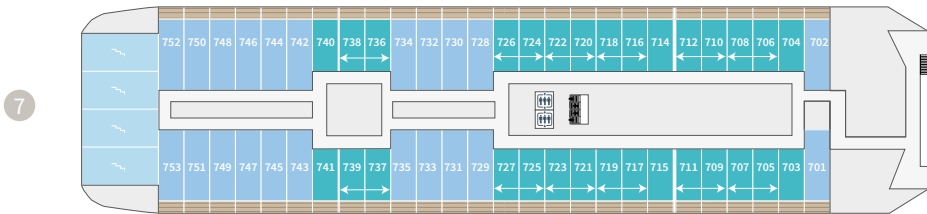
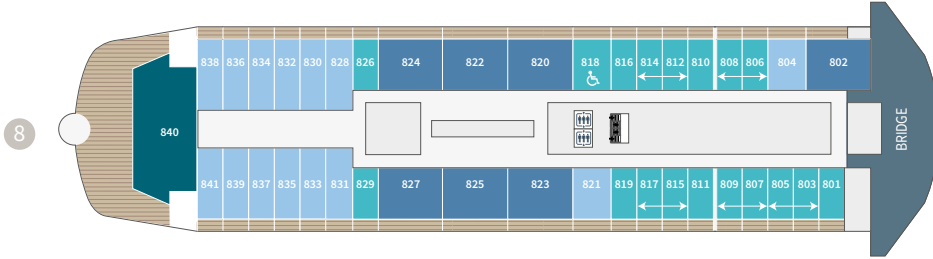
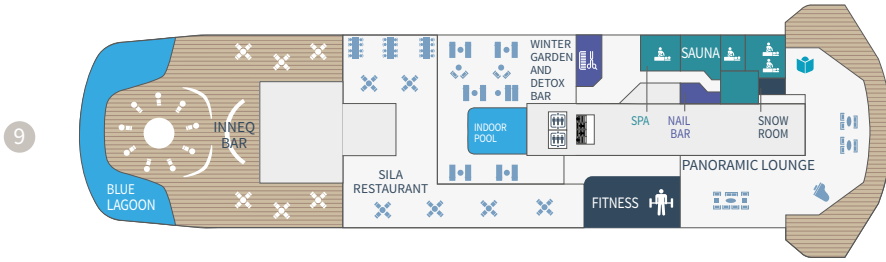
Sila restaurant:

320 sq.m. / 3 444 sq.ft. Outside capacity Grill: 62. Outside capacity: 142; breakfasts, buffet lunches and themed dinners

RECREATION / RELAXATION

- **Promenade deck:**
An uninterrupted outdoor promenade deck. This means you can walk around the entire ship and get to the bow, unlike most passenger ships
- **14 Expedition zodiacs**
- **Expeditions and conferences rooms**
- **Wellness area:**
430 sq.m. / 4 628 sq.ft. - Spa *Biologique Recherche* (3 massage and beauty cubicles, a nail salon, 2 lounges with sea view to to wait or relax after a session); hair salon with Davines products; sauna; snow Room; gym with a dedicated coach
- **Swimming pool area :**
Heated indoor swimming pool with countercurrent swimming and a superb skylight thanks to its large glass roof; sunroom with large external-facing windows; detox bar with sofas and armchairs
- **Theatre:** Capacity for 270. Library; public areas

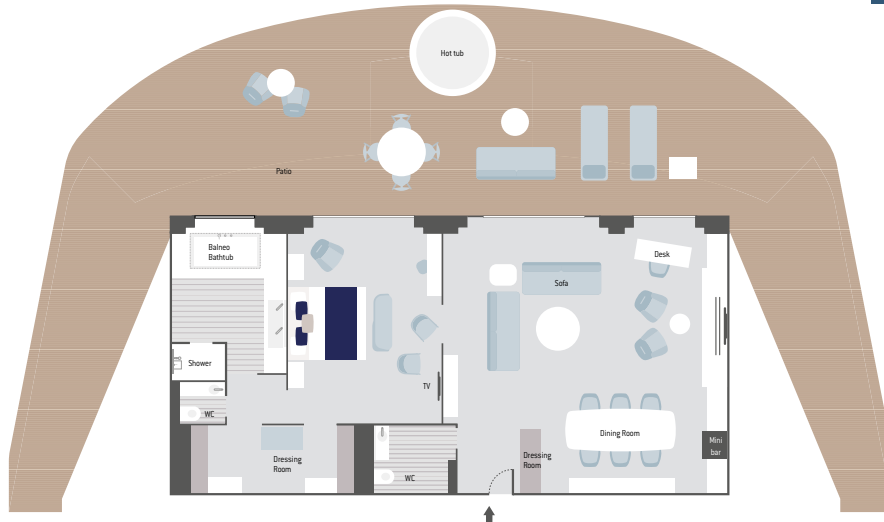
Deck Plans



- Owner's Suite
- Grand Prestige Suites Deck 6
- Deluxe Suites Deck 6 - 7 - 8
- Duplex Suite
- Privilege Suites Deck 8
- Prestige Suites Deck 7 - 8
- Prestige Staterooms Deck 6 - 7 - 8

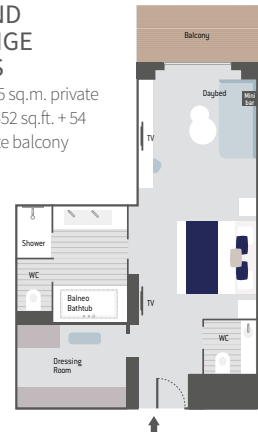
Discover your Stateroom

OWNER'S SUITE 115 sq.m. +186 sq.m. private terrace with hot tub - Balneo bathtub
1 237 sq.ft. + 2 002 sq.ft. private terrace with hot tub - Balneo bathtub



2 GRAND PRESTIGE SUITES

42 sq.m. + 5 sq.m. private balcony / 452 sq.ft. + 54 sq.ft. private balcony



7 PRIVILEGE SUITES

48 sq.m. + 12.5 sq.m. private balcony - Balneo bathtub / 516 sq.ft. + 134.5 sq.ft. private balcony - Balneo bathtub



50 DELUXE SUITES

28 sq.m. + 5 sq.m. private balcony
301 sq.ft. + 53 sq.ft. private balcony



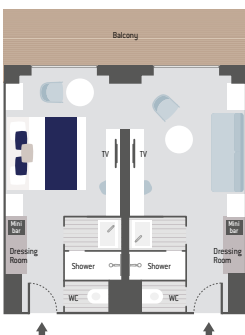
4 DUPLEX SUITES

94 sq.m. + 26 sq.m. private terrace with hot tub - Balneo bathtub / 1 011 sq.ft. + 279 sq.ft. private terrace with hot tub - Balneo bathtub



17 PRESTIGE SUITES

40 sq.m. + 10 sq.m. private balcony
430 sq.ft. + 107 sq.ft. private balcony



71 PRESTIGE STATEROOMS

20 sq.m. + 5 sq.m. private balcony
215 sq.ft. + 53 sq.ft. private balcony



Visit
Le Commandant Charcot
by scanning
this pictogram



Paul Gauguin

If we had to depict the perfect Garden of Eden, French Polynesia and the islands of the South Pacific would undoubtedly provide the most beautiful images. It is in the wild, picture-postcard beauty of the coves of these islands that our ship will moor at as we encounter and explore fascinating cultures.





IN DETAIL

Length: 156 m
Width: 22 m
Draft: 5.15 m
Average cruising speed: 18 knots

Number of staterooms and suites: 165
Crew members: 209
Propulsion: Diesel electric
Year of delivery: 1998, renovated in 2021



A dream getaway in the South Pacific

Tahiti, Moorea, Bora Bora, the Marques Islands, Rarotonga, Aitutaki, Fiji, Tonga: islands whose very names are as evocative of the exotic as is the splendour of their scenery. Their seas of myriad blues, their tropical forests and the thousand-year-old culture kept alive by their inhabitants have shaped their myths and made them a destination capable of fully satisfying every desire for escape and getting away from it all. As a ship specially designed for sailing in the shallow waters of the South Pacific, *Paul Gauguin* is able to approach **hidden bays and lagoons**, thus providing idyllic conditions in which to enjoy scuba diving, water sports and shore excursions in these spectacular natural surroundings. Onboard, the **design and decor, which have**

been entirely reworked to pay homage to the tropics, contribute to the sense of being immersed in this calmingly soothing scenery via an indoor/outdoor effect. The warm, friendly ambiance of Polynesia extends onboard the ship itself. Because the best way of fully immersing yourself in a culture is by meeting the people who live and breathe it, you will be accompanied by our Polynesian hosts throughout your cruise. **Famously depicted by Gauguin in his paintings, they will pass their joie de vivre and savoir-faire on to you** through their traditional dances and jewellery making, and by teaching you their language.

Amenities

- 160 cm queen-size bed (except cabins with two single beds; some cabins also have a folding bed). Suites and category B have a 180 cm king size double bed
- Mini-bar
- 110 V/220 V electrical sockets
- Flat-screen TV, CD/DVD player
- Telephone
- Safe
- Individual air conditioning
- Marble bathroom with bathtub (except seven cabins with shower only)
- Algoterm toiletries and hairdryer
- Courtesy cotton robes and slippers
- 24-hour service
- Butler service for the Owner's Suites, the GRAND GS Suites, Veranda A and B Suites.
- Free Wi-Fi access

Public areas

RECEPTION AREA

Reception, excursion office, concierge service, administrative services

LOUNGES

- **Main Lounge / Theatre:** Hosts traditional shows featuring Polynesian singers and dancers and the sounds of percussion instruments and guitars
- **La Palette lounge bar:** Open to the exterior, equipped with a piano, and featuring a rota of artists to get you up and dancing

RESTAURANTS

- **L'Etoile gastronomic restaurant:**
Seating capacity: 214
Dinner only – Table service
- **La Véranda panoramic restaurant:**
Seating capacity: 108 inside and 36 outdoors
Open for breakfast, lunch and dinner (reservation required)

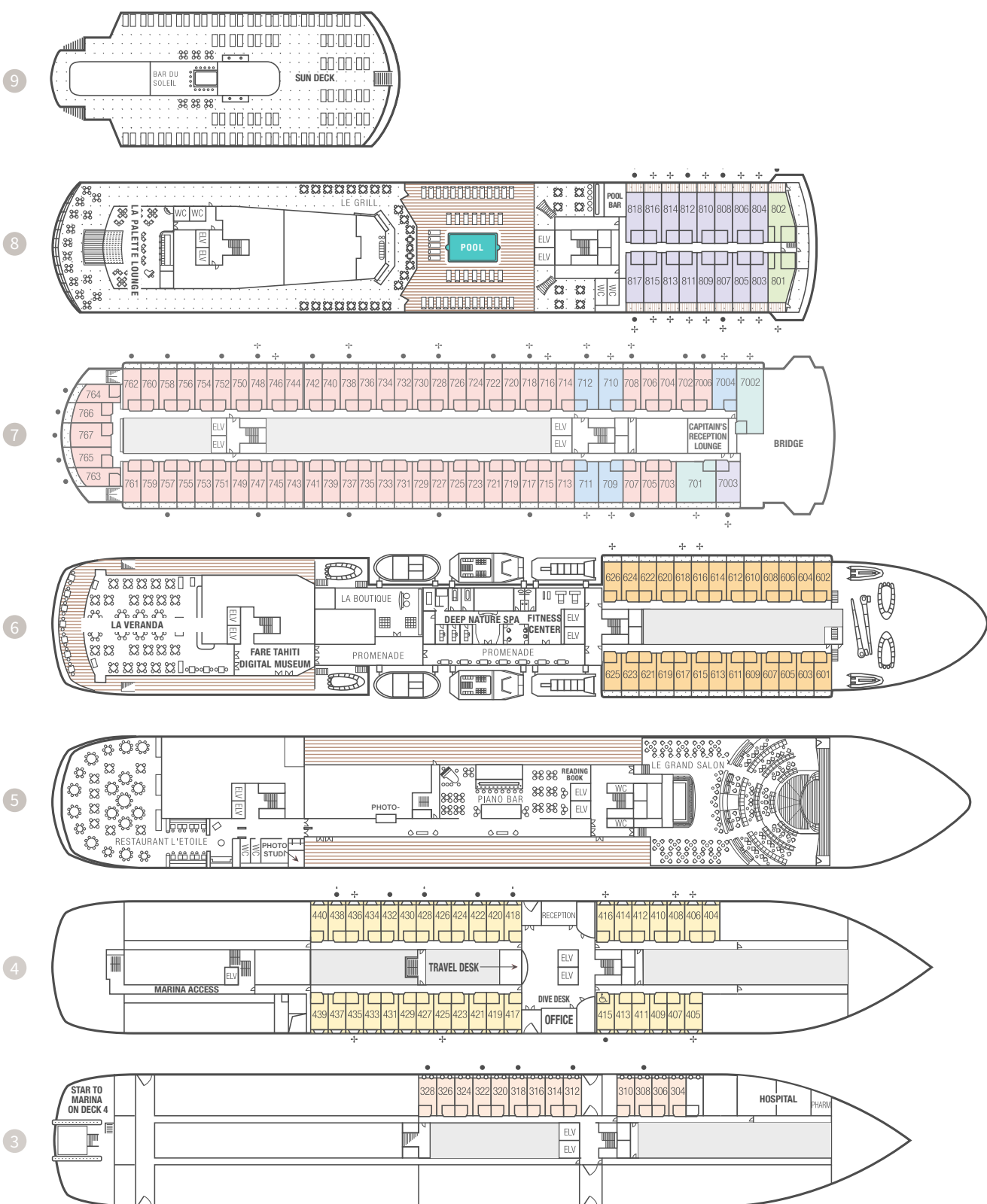
Transforms into an elegant bar serving dishes created by Michelin-starred chef Jean-Pierre Vigato in the evening

- **Le Grill:** Seating capacity: 96 in the open air by the pool; open for breakfast, lunch and dinner (Polynesian specialities available by prior reservation); buffet (grilled food, salads and fresh tropical fruit)

LEISURE

- **The pool and its bar:** With its water delightfully merging into the surrounding scenery, the pool is the ideal place for spending relaxing moments in the sun. The bar next to it serves refreshments throughout the day
- **Wellness space:** Algoterm spa offering treatments and massages featuring the use of marine cosmetics; hairstyling services also provided. Fitness centre for those who like to keep in shape
- **La Boutique:** Tahitian black pearl jewellery, ready-to-wear fashions, beachwear, souvenirs, toiletries...
- **Fare Tahiti digital museum:** An immersive experience of Polynesian culture

Deck Plans



- OS Owner's Suite
Deck 7 (3)
- GS Grande Suite
Deck 8 (2)
- A Veranda Suite
Deck 7 (5)

- B Veranda Cabin
Deck 8 (16)
- C Cabin with balcony
Deck 7 (63)
- D Cabin with balcony
Deck 6 (26)

- E Window Stateroom
Deck 4 (37)
- F Porthole Stateroom
Deck 3 (13)

● Denotes stateroom with two twin beds that convert to a queen. Stateroom 801 offers a king-size bed.

+ Denotes stateroom with triple occupancy.

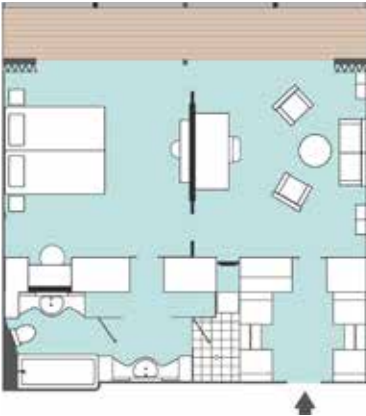
♿ Stateroom 415 is wheelchair accessible.

Suites and staterooms range from 200 to 588 square feet. This measurement includes balconies and verandas in categories D and above.

Discover your Stateroom

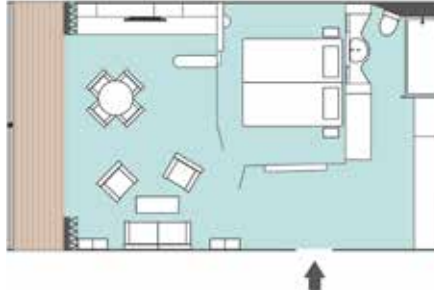
OWNER'S SUITE 701

42 sq.m. + 7 sq.m. veranda / 457 sq.ft. + 77 sq.ft.
The bathroom boasts a separate shower and a dressing area.



OWNER'S SUITE 7002

49 sq.m. + 5 sq.m. veranda / 531 sq.ft. + 57 sq.ft.
The bathroom boasts a bathtub and a dressing area.



GS GRAND SUITE

30 sq.m. + 18 sq.m. veranda / 332 sq.ft. + 197 sq.ft.
Two suites available: the Paul Gauguin Suite (801) and the Flora Tristan Suite (802).



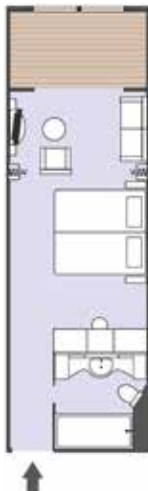
A VERANDA SUITE

28 sq.m. + 5 sq.m. veranda / 300 sq.ft. + 58 sq.ft.
Suites available: Tahiti Suite (709), Pont Avent Suite (710), Atuona Suite (711), Arles Suite (712).



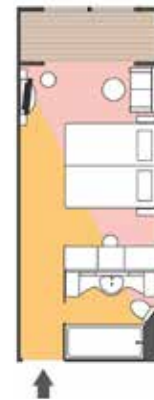
B VERANDA STATEROOM

24 sq.m. + 5 sq.m. veranda / 249 sq.ft. + 56 sq.ft.
Cabin 7003 has a shower cubicle and a double bed.



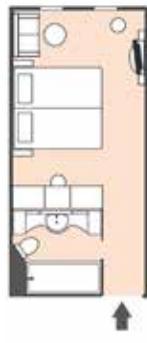
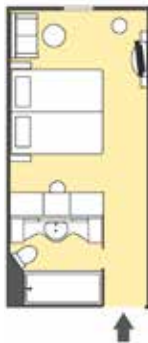
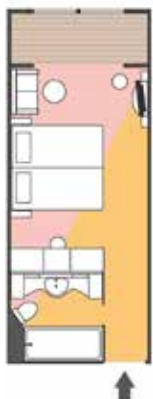
C BALCONY STATEROOM

19 sq.m. + 3 sq.m. balcony / 202 sq.ft. + 37 sq.ft.
Balcony Staterooms 708, 716, 718, 728, 738, 746 and 748 can accommodate a third guest in a loveseat convertible. Stateroom 7006 features a very small bathroom with shower only. Staterooms 763, 764, 765, 766 and 767 vary in size and feature shower stall with no tub.



D BALCONY STATEROOM

19 sq.m. + 3 sq.m. balcony / 202 sq.ft. + 37 sq.ft.
The following Balcony Staterooms can accommodate a third guest in a loveseat convertible: 616, 618 and 626.



E WINDOW STATEROOM F PORTHOLE STATEROOM

19 sq.m. / 200 sq.ft.
The following Window Staterooms can accommodate a third guest in a loveseat convertible: 405, 406, 408, 416, 418, 425, 428, 435, 436 and 438.

Discover
Paul Gauguin
by scanning
this pictogram





Le Ponant

Our entirely redesigned and refitted iconic yacht has been transformed into a floating world of refined comfort that redefines the very notion of luxury yachting. Come and hoist the sails with us and blaze new trails in the Mediterranean.



IN DETAIL

Length: 88 m

Width: 12 m

Draft: 4 m

Number of masts: 3

Total sail area: 1212 m²+ 1000 m² spinnaker

Number of staterooms and suites: 16

Crew members: 33

Hybrid propulsion: sails, electric batteries, diesel engines

Year of delivery: 1991, renovated in 2021



Our historic yacht

It's through it that the **PONANT adventure began** more than 30 years ago. It's through it that a new era in sailing-ship cruising is beginning in 2022. Completely refurbished to combine the comfort of an exclusive luxury cruise with the pleasure of yachting. Authentic, intimately sized and dedicated to pleasure: in its new livery, **Le Ponant is redefining the very concept of cruising** along on the water in style. Enjoy the added luxury of more spacious cabins and share moments of complicit delight with a highly attentive crew on hand to see to your every need. Whether you are passionate about sailing or simply a lover of the dolce vita, you will get to experience

the pleasure of harmoniously reconnecting with the elements amidst spectacular scenery in the Mediterranean. Prepare to be surprised by a range of fine gastronomy offering a new take on local products, films projected on the sails, a wide variety of water-based leisure activities, and new facilities such as a jacuzzi, a gym and the services of a hairstylist. **Through its hybrid propulsion system**, *Le Ponant* guarantees unique moments of navigation conducted in harmony with the regions traversed and with complete respect for the ecosystems that inhabit them.

Amenities

- Individual air-conditioning
- Double bed (180 cm x 200 cm) or two single beds (90 cm x 200 cm), depending on the cabin; adjoining cabins possible (child-friendly cruises)
- Mini bar
- Flat-screen TV with satellite channels
- Bose™ bluetooth speaker
- Desk with writing paper
- Electronic safe
- Selection of Hermès® bath products
- Dressing table and hairdryer
- Direct phone line by satellite
- 110/220 volt electricity supply
- 24-hour room service
- Unlimited free Wi-Fi

Public areas

RECEPTION

Réception and multimedia lounge

LOUNGES

- **Emeraude bar and lounge:** Library, tearoom, bar, and live entertainment on certain evenings. Access to the outdoor terrace
- **The outdoor bar:** Lounge area and views out over the jacuzzi on the sun deck.

RESTAURANT

- **Le Diamant:**
Seating capacity: 34. Panoramic restaurant serving breakfast, lunch (buffet) and dinner (gastronomic menu). Refined organic cuisine made with local ingredients, and a range of fine food and drink products.

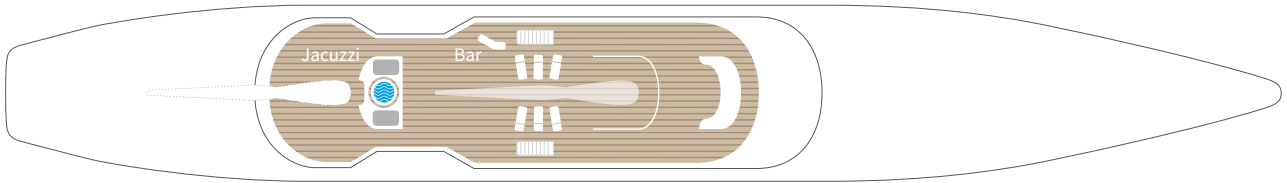
LEASURES

- **The wellness space:**
Spa: massage cabin and Biologique Recherche care products. Fitness centre with dedicated fitness coach
Yoga sessions
- **Jacuzzi and solarium**
- **Seawater pool**
- **Four kayaks plus stand-up paddleboard**
- **Snorkelling and fishing** equipment
- **Diving equipment** (for a group of four people)
- Small equipment for children (noodles, rings, armbands and safety equipment)
- Bicycles

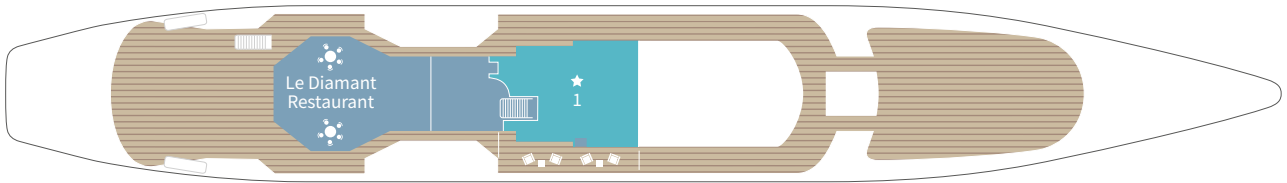
For more information on Le Ponant itineraries, contact our travel advisers.

Deck Plans

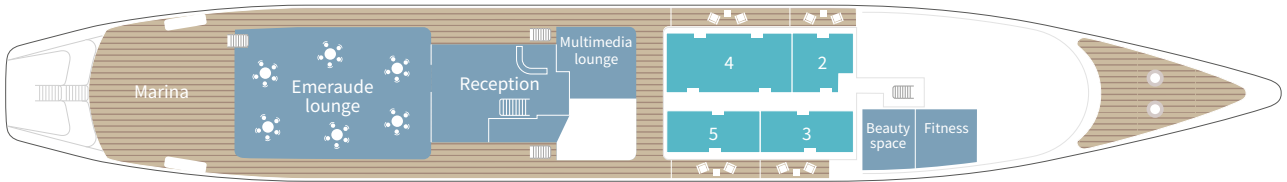
SUN DECK



ZÉPHYR DECK



ALIZÉS DECK



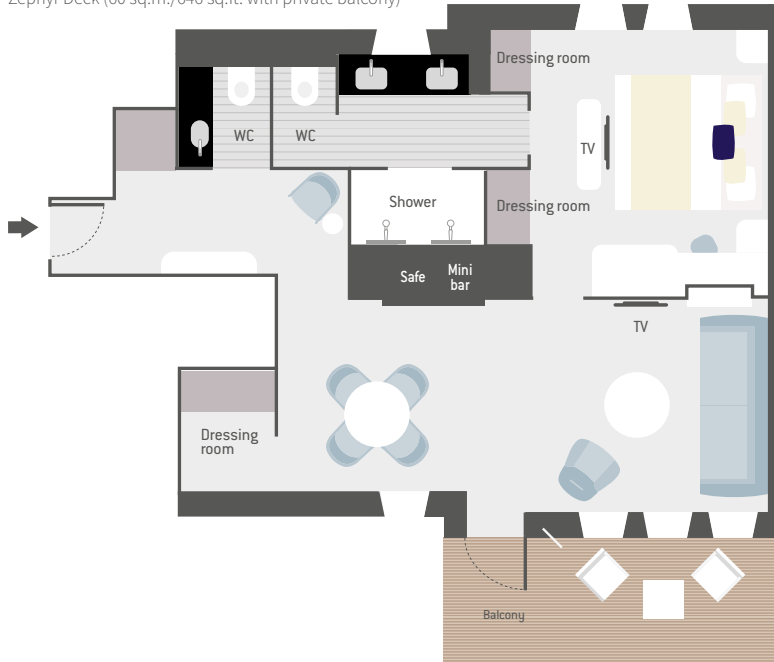
MISTRAL DECK



Discover your Stateroom

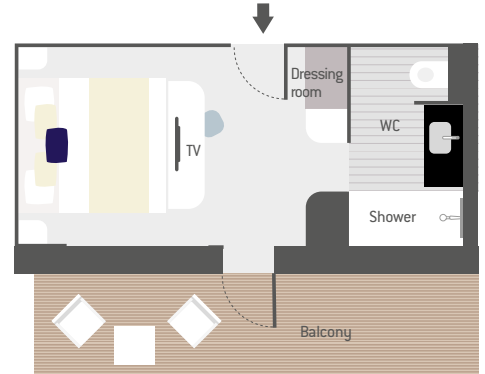
OWNER'S SUITE

Zéphyr Deck (60 sq.m./646 sq.ft. with private balcony)



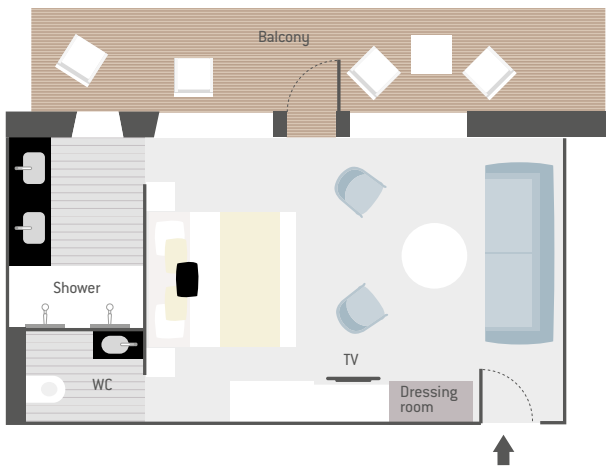
BALCONY TYPE 1 STATEROOM

Alyzés Deck (24 sq.m./258 sq.ft. with private balcony)



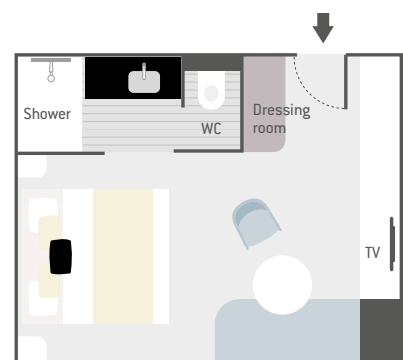
BALCONY SUITE

Pont Saint-Barth (39 sq.m./420 sq.ft. with private balcony)



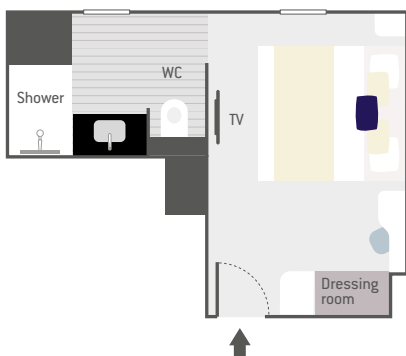
PORTHOLE SUITE

(21,5 sq.m./231 sq.ft.)



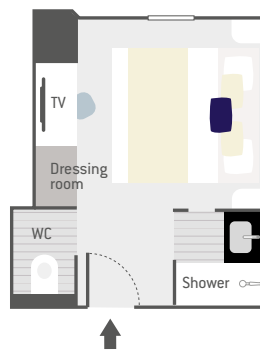
PORTHOLE STATEROOM TYPE 1

(15,8 sq.m./170 sq.ft.)



PORTHOLE STATEROOM TYPE 2

(13,4 sq.m./144 sq.ft.)



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Ready to set sail?



Formalities

FOR ALL CRUISES

The information below is current but subject to change at any time without advance notice from government authorities. Please consult your respective government agencies for visa and health information.

Passport valid for at least six (6) months beyond the completion of your trip. Passport must contain at least two completely clear, blank, unused visa pages for each visa required, not including any amendment pages. Visa pages with stains or ink from other pages in the passport are not usable. Guests who deviate from the scheduled embarkation or disembarkation port should research the foreign entry requirements for the port country. Due to government regulations, regrettably, PONANT will have to deny boarding to any guest who fails to obtain the appropriate travel documentation for this trip.

Before departure, a medical questionnaire will be sent to you by e-mail. You will be asked to return it duly completed 45 days before the start of your cruise.

SPECIFIC FORMALITIES

ANTARCTIC

For all USHUAIA • USHUAIA departures, *Le Commandant Charcot* PUNTA ARENAS • USHUAIA 30th October 2022 and USHUAIA • MONTEVIDEO 12nd March 2023, *L'Austral* USHUAIA • MONTEVIDEO 5th March 2023 ⁽¹⁾⁽²⁾

LE SOLÉAL

DUNEDIN • DUNEDIN 14th and 28th December 2022 ⁽¹⁾⁽²⁾

DUNEDIN • HOBART 22nd January 2023 ⁽³⁾⁽⁴⁾

LE COMMANDANT CHARCOT

USHUAIA • DUNEDIN 16th January 2023 ⁽³⁾⁽⁴⁾

DUNEDIN • USHUAIA 14th February 2023 ⁽³⁾⁽⁴⁾

- (1) **Argentina:** should you require a visa to travel to Argentina, we recommend you apply for a double-entry visa as a technical stop in Chile might be scheduled
- (2) **Chile:** Australian citizens entering/exiting Chile must apply for an e-visa on [https://tramites.minrel.gov.cl/select "visa application"](https://tramites.minrel.gov.cl/select%20visa%20application). The e-visa will be issued for a stay of up to 90 days upon payment.
- (3) **Australia:** an Electronic Travel Authority (ETA) must be obtained before your arrival in Australia. For more information, please visit <https://immi.homeaffairs.gov.au/home>. A copy of your ETA must be sent to PONANT at the latest 45 days prior to your cruise date. We also ask you to keep a copy of your ETA and keep it with your passport throughout the duration of your trip.
- (4) **New Zealand:** nationalities who are visa-exempt must now apply for an Electronic Travel Authority (NZeTA) before your arrival in New Zealand. For more information, please visit www.immigration.govt.nz/new-zealand-visas. A copy of your ETA must be sent to PONANT at the latest 45 days prior to your cruise date. We also ask you to keep a copy of your ETA and keep it with your passport throughout the duration of your trip. While applying for the ETA, you will be asked to pay the mandatory International Visitor Conservation and Tourism Levy (IVL).

CARIBBEAN AND LATIN AMERICA

LE BORÉAL

FUERTE AMADOR • MIAMI 3rd April 2023 ⁽¹⁾

LE BELLOT

COLON • PUERTO CALDERA 11th and 25th February 2023 ⁽²⁾

- (1) **USA:** depending on your nationality, an ESTA (available on <https://esta.cbp.dhs.gov/esta>) or Visa may be required. Please contact the USA consulate website for details. A copy of your visa or ESTA must be sent to PONANT at the very latest 45 days prior to your cruise date. In case the ESTA is sufficient to enter the USA, we also ask you to keep a copy of your ESTA with your passport throughout the duration of your trip.
- (2) **Panama:** the yellow fever vaccination is recommended for the areas East of the Panama Canal (Darien and Kuna communities).

ASIA

LE LAPÉROUSE

BALI • HO CHI MINH-VILLE 19th September 2022 ⁽¹⁾⁽⁴⁾

HO CHI MINH-VILLE • BALI 9th November 2022 ⁽⁵⁾

HO CHI MINH-VILLE • HA LONG 3rd and 23rd October 2022 ⁽²⁾

HA LONG • HO CHI MINH-VILLE 13th October 2022 ⁽²⁾

CAIRNS • BALI 20th February 2023 ⁽⁶⁾⁽⁷⁾⁽⁵⁾⁽⁸⁾

BALI • SINGAPOUR 7th March 2023 ⁽⁴⁾⁽⁸⁾

SINGAPOUR • BALI 31st March 2023 ⁽⁵⁾⁽⁶⁾

- (1) **Vietnam:** a visa will be issued and charged onboard (50€ subject to change), this visa is valid for 1 month. In case you participate in a post-cruise program which requires a double-entry visa, this visa will also be delivered and charged onboard, please bring 1 passport photo.
- (2) **Vietnam:** a visa may be required, you can apply online at <https://vietnamvisa.govt.vn>
- (3) **Indonesia:** visa delivered and charged onboard (€ 35 subject to change) valid for 30 days.
- (4) **Indonesia:** on this particular cruise, the entry and exit ports in Indonesia allow for Australian, Canadian, US and UK citizens to be visa-exempt.

- (5) **Indonesia:** on this particular cruise, the entry and/or exit port in Indonesia do not allow for visa-exemption. Your visa will be delivered and charged onboard (35€ subject to change) and valid for 30 days.
- (6) **Australia:** an Electronic Travel Authority (ETA) must be obtained before your arrival in Australia. For more information, please visit <https://immi.homeaffairs.gov.au/home>. A copy of your ETA must be sent to PONANT at the latest 45 days prior to your cruise date. We also ask you to keep a copy of your ETA and keep it with your passport throughout the duration of your trip.
- (7) Australian customs regulations are very strict, especially for the import of food items such as fresh food (even sealed), fruits, eggs, meat, plants, vegetables, seeds, grains. Fur and feathers are also forbidden. We highly recommend you consult this website for further details: www.australia.gov.au/information-and-services/immigration-and-visas/customs-clearance
- (8) It is recommended that you contact your health professional for any specific medical advice relating to travel through these regions.

ARABIAN-PERSIAN GULF AND INDIAN OCEAN

LE CHAMPLAIN

MUMBAI • CHENNAI 30th December 2022 ⁽⁴⁾⁽⁵⁾

CHENNAI • MUMBAI 11th January 2023 ⁽⁴⁾⁽⁵⁾

MUMBAI • COLOMBO 23rd January 2023 ⁽³⁾⁽⁴⁾

COLOMBO • MAHE 1st February 2023 ⁽⁵⁾

LE BOUGAINVILLE & LE CHAMPLAIN

MAHÉ • PORT LOUIS all departures ⁽⁶⁾⁽¹⁰⁾⁽¹²⁾

PORT LOUIS • MAHÉ all departures ⁽⁶⁾⁽¹⁰⁾⁽¹²⁾

DUBAI • MUSCAT all departures ⁽¹⁾⁽²⁾

MUSCAT • DUBAI all departures ⁽¹⁾⁽²⁾

DOHA • MUSCAT 20th December 2022 ⁽¹⁾⁽¹¹⁾

LE JACQUES-CARTIER

MAHE • ZANZIBAR 28th February 2023 ⁽⁷⁾⁽⁸⁾⁽⁹⁾⁽¹⁰⁾

- (1) **Oman:** citizens of the USA, Canada, UK, Australia, Japan, Germany no longer need to get a visa for stays up to 14 days. Consult here the complete list of nationalities concerned by this exemption. For other nationalities, an e-visa must be obtained before your cruise. You can apply on <https://evisa.rop.gov.om>. The e-visa document is valid for 1 month starting from date of issuance. E-visa application should be made within the month preceding your departure.
- (2) **Qatar:** visa issued onboard (at no charge)
- (3) **India:** a visa is mandatory. You can apply online on <https://indianvisaonline.gov.in/evisa/tvoa.html>
- (4) **India:** a visa is mandatory. You can apply for e-tourist visa (valid for 60 days and double entry) online on <https://indianvisaonline.gov.in/evisa/tvoa.html>
- (5) **Sri Lanka:** an Electronic Travel Authorization (ETA) must be obtained before your cruise. You can apply online on the following official website <http://www.eta.gov.lk/slvisa/>
- (6) **Madagascar:** visa delivered and charged onboard (€ 20 subject to change), valid for 14 days.
- (7) **Tanzania:** visa delivered and charged onboard (€ 50 subject to change), valid for 90 days. The visa fee for US citizens is € 100.
- (8) Anti-malarial treatment is recommended (see your doctor) especially if you are participating on a program in the Kruger National Park.
- (9) **Tanzania:** yellow fever vaccination is mandatory
- (10) It is recommended that you contact your health professional for any specific medical advice relating to travel through these regions.
- (11) **Qatar:** the visa can be obtained free of charge at Doha airport upon presentation of your cruise documents and return flight tickets.
- (12) **Reunion:** some nationalities may require a visa. Please check on <https://france-visas.gouv.fr/>

POLYNESIA ET OCEANIA

PAUL GAUGUIN

PAPEETE • PAPEETE all departures ⁽¹⁾

PAPEETE • LAUTOKA 24th September 2022 and 7th January 2023 ⁽¹⁾⁽³⁾

LAUTOKA • PAPEETE 8th October 2022 and 12th March 2023 ⁽¹⁾⁽²⁾

LAUTOKA • BALI 21st January 2023 ⁽¹⁾⁽²⁾⁽⁸⁾⁽⁷⁾⁽⁴⁾⁽⁵⁾⁽¹⁰⁾⁽¹¹⁾⁽⁶⁾⁽¹³⁾⁽¹⁵⁾

BALI • LAUTOKA 4th March 2023 ⁽¹⁾⁽²⁾⁽³⁾⁽⁷⁾⁽⁸⁾⁽⁶⁾⁽¹⁰⁾⁽¹¹⁾⁽¹³⁾⁽¹⁵⁾

LE SOLÉAL

DARWIN • CAIRNS 25th September 2022 ⁽⁴⁾⁽⁵⁾⁽⁷⁾⁽¹⁴⁾⁽¹⁵⁾

CAIRNS • HONIARA 11th October 2022 and 1st November 2022 ⁽⁴⁾⁽⁵⁾⁽⁷⁾⁽⁸⁾⁽¹³⁾⁽¹⁵⁾

HONIARA • CAIRNS 21st October 2022 ⁽⁹⁾⁽⁷⁾⁽⁴⁾⁽⁵⁾⁽¹⁵⁾⁽¹³⁾

HONIARA • NOUMEA 11th November 2022 ⁽⁹⁾⁽¹³⁾⁽¹⁵⁾

NOUMEA • AUCKLAND 22nd November 2022 ⁽⁴⁾⁽⁵⁾⁽¹²⁾⁽¹⁵⁾

AUCKLAND • DUNEDIN 2nd December 2022 ⁽¹²⁾

DUNEDIN • DUNEDIN 11th January 2023 ⁽¹²⁾⁽⁴⁾⁽⁵⁾

LE LAPÉROUSE

CAIRNS • SYDNEY 7th December 2022 ⁽⁴⁾⁽⁵⁾

SYDNEY • HOBART 16th December 2022 ⁽⁴⁾⁽⁵⁾

HOBART • HOBART 23rd December 2022 ⁽⁴⁾⁽⁵⁾

CAIRNS • CAIRNS 10th February 2023 ⁽⁴⁾⁽⁵⁾⁽⁷⁾

- (1) **USA:** should your flight transit via the USA, a visa or ESTA may be required. Please contact USA consulate website for details.
- (2) **Fiji:** you will receive together with your cruise documents an "Arrival in Fiji" letter, which you will need to present upon arrival in Nadi airport.
- (3) **Fiji:** the entry formalities will be done onboard
- (4) **Australia:** an Electronic Travel Authority (ETA) must be obtained before your arrival in Australia. For more information, please visit <https://immi.homeaffairs.gov.au/home>. A copy of your ETA must be sent to PONANT at the latest 45 days prior to your cruise date. We also ask you to keep a copy of your ETA and keep it with your passport throughout the duration of your trip.

IMPORTANT INFORMATION

Visas: Before departure, please check carefully that your visas are valid for the right date and time spent in the countries in order to avoid unpleasant situations.

Warning about the use of drones: The use of drones aboard PONANT ships, whether they are sailing at sea, at a port of call or anchored, is strictly forbidden. The use of drones on land in the Arctic and Antarctic regions is also strictly forbidden by international polar regulations. In other regions, it may be possible to use drones on land if permission has been obtained from the relevant authorities of each country and each region travelled through, as well as a pilot's licence that should be obtained from your home country. Passengers are responsible for obtaining these permits; they should

- (5) Australian customs regulations are very strict, especially for the import of food items such as fresh food (even sealed), fruits, eggs, meat, plants, vegetables, seeds, grains. Fur and feathers are also forbidden. We highly recommend you consult this website for further details: www.australia.gov.au/information-and-services/immigration-and-visas/customs-clearance
- (6) **Indonesia:** on this particular cruise, the entry and exit ports in Indonesia allow for Australian, Canadian, US and UK citizens to be visa-exempt.
- (7) **Papua New Guinea:** visa delivered onboard free of charge.
- (8) **Solomon Islands:** visa delivered on board
- (9) **Solomon Islands:** visa delivered free of charge on arrival. Please send a copy of your passport (photo page) to PONANT at least 30 days prior to cruise date.
- (10) **Vanuatu:** no visa required
- (11) **Timor-Leste:** visa delivered and charged onboard (30 USD subject to change).
- (12) **New Zealand:** nationalities who are visa-exempt must now apply for an Electronic Travel Authority (NZeTA) before your arrival in New Zealand. For more information, please visit www.immigration.govt.nz/new-zealand-visas. A copy of your ETA must be sent to PONANT at the latest 45 days prior to your cruise date. We also ask you to keep a copy of your ETA and keep it with your passport throughout the duration of your trip. While applying for the ETA, you will be asked to pay the mandatory International Visitor Conservation and Tourism Levy (IVL).
- (13) **Solomon Islands:** vaccination against measles is compulsory, please bring your vaccine card. Should you not have been vaccinated, you will be asked to complete a Health Declaration Card before arrival in the Solomon Islands. For an entry by sea, this declaration card will be issued onboard, for an entry by air this document will be included with your travel books.

POLAR EXPEDITION CRUISE

- Complimentary polar parka: For all cruises marked with the logo «parka gift», a PONANT polar water-resistant parka is offered (adult sizes only - in case of consecutive cruises, only one parka per person).
- Complimentary boots hire: Boot rental will be offered onboard (for adults only) on Expedition cruises where the logo "Free Boot Rental" appears.
- Ports of call, visited sites, outings and landings will depend on weather conditions, position of ice, winds and the state of the sea. These can force a change of plans at any time. The Captain and the Expedition Leader may at any time cancel or stop any activity, or even modify the itinerary. The final itinerary will be confirmed by the Captain, who will take into account the touristic quality of the sites and above all, the safety of the passengers. His decision will be based on advice from experts and authorities.
- Travelling to polar/isolated regions is an exhilarating experience in remote areas: please remember that you are far from modern hospitals with full medical facilities, thus evacuation is extremely expensive. Without adequate medical coverage, all expenses will have to be immediately paid with your personal funds. We urge you to subscribe to full coverage insurance, choose your insurance company very carefully, be extremely

be able to present them at all times. Passengers who do not obtain these authorizations expose themselves to the risk of legal proceeding.

Medication: If you have a medical treatment, do not forget your prescription.

Machu Picchu programme: A medical certificate is compulsory. The city of Cuzco's altitude is around 3,350 meters.

Panama Canal programme: The schedules depend on several factors and despite our best efforts, crossing the Panama Canal during the day is not guaranteed.

vigilant and ensure your insurance is fully comprehensive, especially if you are insured by your credit card. PONANT offers an insurance contract with extensive guarantees, please contact us for more information.

In addition, it is mandatory to return the medical questionnaire, provided at time of booking, between 90 and 45 days before departure. This questionnaire is very important in order to respect mandatory safety rules in polar zones. Any false information on this questionnaire may lead prior departure to a refusal of your embarkation at the port of departure, without any possible recourse.

Le Commandant Charcot: please note that for polar plunge and ice floating, an EKG (electrocardiogram) by your general practitioner in addition to the PONANT medical questionnaire will be required.

For all ships during polar expedition: also, for persons under 18 wishing to take part in these activities as well as kayaking, a sworn statement from the parents or legal guardians that they are able to swim will be asked. A parent or legal guardian must be present at the time of the activity.



DIVING CRUISES

Dives when authorized by local authorities and feasible with ship equipment and Zodiac® dinghies. Rates: € 70 per standard dive; € 80 per dive when local equipment or staff must be used, € 80 for a "discover scuba dive" course. In order to participate to diving sessions, guests must have with them a medical certificate less than 1-year-old and their up to date dive book.



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Our unique cruise concept, the quality of our fleet and our services have been repeatedly praised by industry professionals.

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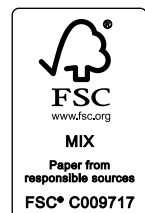
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